



D5.5. FIRST RUN-EU MOBILITY SCHEMES CATALOGUE 2.0

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Glossary of Terms

BIP	Blended Intensive Programme
COIL	Collaborative International Online Learning
EMIC	European Mobility Innovation Centre
EPA	European Programmes Academy
EQF	European Qualifications Framework
Joint programme	refers to an integrated curriculum coordinated and offered jointly by different higher education institutions, leading to double/multiple degrees or a joint degree
LEXS	Learners Exchange School
MOOC	Massive Open Online Course
RESKIT	Research Skills Training
RUN-EU	Regional University Network – European University
SAP	Short Advanced Programme
SLO	Short Learning Opportunity
SMS	Student Mobility for Studies (Erasmus+)
SPOC	Short Private Online Course
SPICE	Short Professional Continuing Education
STA	Staff Teaching Assignment (Erasmus+)
STBM	Short-Term Blended Mobility (Erasmus+)
STT	Staff Mobility for Training
WP	Work package
YES	Youth Exchange School

Executive Summary

The Mobility Schemes Catalogue lists all existing and innovative mobility opportunities available for students and staff within RUN-EU. These opportunities include traditional mobilities (i.e. exchange, internships, training, job shadowing), but also non-traditional mobilities (e.g. blended and virtual formats such as SAPs, BIPs, COILs and MOOCs), innovative mobilities (e.g. utilising format such as Amazing Train), research mobilities (including for PhD students), and green mobilities for students, staff, and Associate Partners.

The Mobility Schemes Catalogue aims to provide an overview of the total mobility offer of the alliance to promote participation and facilitate collaboration. It also aids the alliance's quality assurance and recognition processes.

This catalogue should be considered an evolving document as the number and nature of the Mobility Schemes are updated regularly. At the end of 2027, an updated version of this Mobility Schemes Catalogue will be published.

Introduction

The European Mobility Innovation Centre (EMIC) brings together international mobility specialists from all RUN-EU member institutions to develop, assess, and evaluate mobility opportunities that enhance awareness of EU values and priorities across the university's core areas of education, research, innovation, and community engagement.

This Mobility Schemes Catalogue provides an overview of mobility opportunities for students and staff between two or more RUN-EU institutions, encompassing virtual, blended, and physical formats. Its purpose is to support the promotion, coordination, and continuous improvement of mobility options across all partner institutions. The catalogue is designed to serve students, staff, administrators, and researchers seeking to understand available mobility pathways and to facilitate the implementation of mobility processes aligned with the RUN-EU Quality Framework and staff recognition procedures.

This catalogue should be considered an evolving document that reflects the current state of mobility schemes within the alliance. Some schemes that were in place before have been discontinued or adapted into new formats to meet the changing needs of the RUN-EU community and to better align with the alliance's strategic priorities. As such, users are encouraged to consult the most current version to ensure they are working with up-to-date information.

1. Exchange study

Description	Long-term study abroad stay at another RUN-EU partner university
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Possible
Hosting institution	RUN-EU Partner
Duration	1-2 semester
ECTS (study load)	3 to 60 ECTS
Achievement/recognition	Transcript of Records
Position in the curriculum	Intracurricular
Learning format	Physical mobility
Physical Mobility	Compulsory
Didactical concept	Long term study abroad
Intercultural interaction	Yes, more in depth because of length
Development with partners	Developed by host institution
Competence assessment	Regular modules/ semester evaluation
LO assessment	Regular modules/ semester evaluation
Study level	Short cycle / Bachelor / Master / PhD
Target Group	Students/ researchers
Funding	Erasmus and local funding (ask home institution)
Top-up or bonus available?	Green travel - fewer opportunities
No. of participants	According to the mobility agreements
Level of innovation of the format	Traditional
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	Autumn/Spring/Full Year
Start and end date course/project	Within the academic year
Start and end date physical part	Within the academic year

2. Traineeship

Description	Temporary work-experience program that allows individuals to gain practical knowledge, skills, and insights in a specific field or industry
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Possible
Hosting institution	RUN-EU Partner, research centre or company
Duration	Individual arrangement
ECTS (study load)	3 to 60 ECTS (0 ECTS if extracurricular)
Achievement/recognition	Certificate and/or Transcript of Records
Position in the curriculum	Extra- or intracurricular: check with the programme leader at your home institution
Learning format	Physical, blended or online mobility
Physical Mobility	Optional
Didactical concept	Long or short term traineeship abroad
Intercultural interaction	Yes
Development with partners	Developed by host institution, company or organisation
Competence assessment	Assessed by host institution, company or organisation and sending RUN EU partner
LO assessment	Assessed by host institution, company or organisation and sending RUN EU partner
Study level	Short cycle / Bachelor / Master
Target Group	Students
Funding	Erasmus and local funding (ask home institution)
Top-up or bonus available?	Green travel, fewer opportunities
No. of participants	Dependent on the available traineeship places
Level of innovation of the format	Traditional
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	Autumn/Spring/Full Year
Start and end date course/project	Within the academic year
Start and end date physical part	Within the academic year

3. Training/job shadowing

Description	Professional development activity that allows individuals to observe and learn from colleagues at a partner institution abroad, fostering the exchange of best practices, skills, and ideas across different cultural and professional settings
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Possible
Hosting institution	RUN-EU Partner
Duration	individual arrangement
ECTS (study load)	N/A
Achievement/recognition	Certificate
Position in the curriculum	N/A
Learning format	Physical mobility
Physical Mobility	Compulsory
Didactical concept	Staff mobility for training
Intercultural interaction	Yes
Development with partners	Developed with one other RUN EU partner or associated enterprises
Competence assessment	Self assessment by writing a Mobility report and by sharing experiences with colleagues
LO assessment	Not applicable
Study level	Not applicable
Target Group	Teaching staff/ non-teaching staff
Funding	Erasmus and local funding (ask home institution)
Top-up or bonus available?	Green travel Inclusion support possible (ask home institution)
No. of participants	According to the mobility agreements
Level of innovation of the format	Traditional
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	Autumn/Spring/Full Year
Start and end date course/project	Within the academic year
Start and end date physical part	Within the academic year

4. Teaching assignment

Description	Mobility opportunity for educators from participating institutions to teach at a partner university abroad, promoting knowledge exchange, international collaboration, and intercultural understanding
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Possible
Hosting institution	RUN-EU Partner
Duration	Individual arrangement
ECTS (study load)	N/A
Achievement/recognition	Certificate
Position in the curriculum	N/A
Learning format	Physical, blended or online mobility
Physical Mobility	Compulsory or optional
Didactical concept	Staff mobility for teaching
Intercultural interaction	Yes
Development with partners	Developed with or agreed by one other RUN EU partner
Competence assessment	Self assessment by writing a Mobility report and by sharing experiences with colleagues
LO assessment	Not applicable
Study level	Not applicable
Target Group	Teaching staff
Funding	Erasmus and local funding (ask home institution)
Top-up or bonus available?	Green travel - Inclusion support possible (ask home institution)
No. of participants	According to the mobility agreements
Level of innovation of the format	Traditional
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	Autumn/Spring/Full Year
Start and end date course/project	Within the academic year
Start and end date physical part	Within the academic year

5. Innovation mobility

Description	Innovation mobility refers to the opportunity for researchers, to train and collaborate on research projects at a different institution. This mobility allows for knowledge exchange, access to new resources, training or expertise, and the development of international research networks, enhancing the quality and impact of our research capacity.
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Possible
Hosting institution	RUN-EU Partner
Duration	Individual arrangement
ECTS (study load)	N/A
Achievement/recognition	Certificate/Report
Position in the curriculum	Possible
Learning format	Physical or blended mobility
Physical Mobility	Compulsory
Didactical concept	Staff mobility for innovation
Intercultural interaction	Yes
Development with partners	Developed with one other RUN EU partner
Competence assessment	Assessment by research tutor/unit and self-assessment by writing a report/sharing with colleagues
LO assessment	By tutor of the sending institution if applicable
Study level	Master / PhD
Target Group	Researchers
Funding	Erasmus and local funding (ask home institution)
Top-up or bonus available?	Green travel, Fewer Opportunities possible (ask home institution)
No. of participants	Individual arrangement
Level of innovation of the format	Traditional
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	Autumn/Spring/Full Year
Start and end date course/project	Within the academic year
Start and end date physical part	Within the academic year

6. SAP (Short Advanced Programme)

Description	Interdisciplinary learning units which combine on-campus activities with equally meaningful online sessions
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Yes
Hosting institution	RUN-EU Partner
Duration	Short physical mobility 1-2 week
ECTS (study load)	1 to 5 ECTS
Achievement/recognition	Certificate / Transcript of Records
Position in the curriculum	Extra- or intracurricular: check with the programme leader at your home institution
Learning format	Blended: online and physical mobility
Physical Mobility	Compulsory mobility
Didactical concept	Collaboration between learners and teachers/professors
Intercultural interaction	Yes
Development with partners	Developed with at least one other RUN EU-partner
Competence assessment	Several possibilities for assessment (constructive alignment)
LO assessment	Learner Questionnaire
Study level	Short cycle / Bachelor / Master / PhD
Target Group	Students, staff, (external learners in the future)
Funding	RUN-EU funding + Erasmus funding (if asked and granted and host agrees)
Top-up or bonus available?	Green travel, fewer opportunities
No. of participants	15- 30 - max 5 per HEI
Level of innovation of the format	Traditional / non-traditional / innovative
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	Within the Academic Year
Start and end date course/project	Check with SAPs database
Start and end date physical part	Check with SAPs database

7. BIP (Blended Intensive Programme)

Description	Short, innovative learning initiative within Erasmus+ framework combining virtual and physical mobility, where students or staff from different min. 3 RUN-EU partner institutions collaborate on interdisciplinary topics through online sessions and a brief in-person component at a host institution.
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Possible
Hosting institution	RUN-EU Partner
Duration	Short physical mobility 1-2 week
ECTS (study load)	3 to 5 ECTS
Achievement/recognition	Certificate / Transcript of Records
Position in the curriculum	Extra- or intracurricular: check with the programme leader at your home institution
Learning format	Blended: online and physical mobility
Physical Mobility	Compulsory mobility
Didactical concept	Collaboration between learners and teachers/ professor
Intercultural interaction	Yes
Development with partners	Developed with at least 3 RUN EU-partners
Competence assessment	Several possibilities for assessment (constructive alignment)
LO assessment	Learner Questionnaire
Study level	Short cycle / Bachelor / Master / PhD
Target Group	Students / staff
Funding	Erasmus
Top-up or bonus available?	Green travel - Fewer opportunities
No. of participants	Min 10 - from at least 2 other institutions than the host - with SBM grant
Level of innovation of the format	Traditional / non-traditional / innovative
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	Within the Academic Year
Start and end date course/project	TBD
Start and end date physical part	TBD

8. STBM (Short-Term Blended Mobility)

Description	Short, innovative learning initiative within Erasmus+ framework combining virtual and physical mobility
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Possible
Hosting institution	RUN-EU Partner
Duration	5-30 days
ECTS (study load)	Minimum 3 ECTS
Achievement/recognition	Certificate / Transcript of Records
Position in the curriculum	Extra- or intracurricular: check with the programme leader at your home institution
Learning format	Blended: online and physical mobility
Physical Mobility	Compulsory mobility
Didactical concept	Individual arrangement or Collaboration between learners and teachers/professors
Intercultural interaction	Yes
Development with partners	Individual arrangement or Developed with a least one RUN-EU partner
Competence assessment	Several possibilities for assessment (constructive alignment)
LO assessment	Learner Questionnaire
Study level	Short cycle / Bachelor / Master / PhD
Target Group	Students
Funding	Erasmus
Top-up or bonus available?	Green travel, fewer opportunities
No. of participants	Individual arrangement
Level of innovation of the format	Traditional / non-traditional / innovative
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	Within the Academic Year
Start and end date course/project	TBD
Start and end date physical part	TBD

9. COIL (Collaborative Online International Learning)

Description	Enables students to collaborate with peers within RUN EU as well as with students from higher education institutions outside the EU using online tools, fostering intercultural understanding and collaboration on joint projects. This approach, which can be interdisciplinary, promotes real-world problem-solving, with instructors guiding the process and encouraging reflection to enhance students' global competencies.
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Yes
Hosting institution	RUN-EU Partner
Duration	Short
ECTS (study load)	1 ECTS if not embedded
Achievement/recognition	Certificate / Transcript of Records
Position in the curriculum	Intracurricular
Learning format	Virtual (a)synchronous collaboration with international peers
Physical Mobility	No mobility
Didactical concept	Online interaction with international peers
Intercultural interaction	Limited
Development with partners	Developed with at least one other RUN EU-partner
Competence assessment	Several possibilities for assessment (constructive alignment)
LO assessment	Learner Questionnaire
Study level	Short cycle / Bachelor / Master
Target Group	Students
Funding	No
Top-up or bonus available?	No
No. of participants	10-100 or more
Level of innovation of the format	Non-traditional / innovative
Green mobility?	Yes
Academic year	At any time during the year
Start and end date course/project	TBD
Start and end date physical part	TBD

10. MOOC with evaluation

Description	MOOCs (Massive Open Online Courses) offer accessible, flexible, and scalable learning opportunities to a global audience, providing courses on a wide range of topics that can be taken at one's own pace, often for free. These courses are structured with videos, quizzes, and interactive components, and they enable asynchronous learning and engagement with instructors and peers, making education more accessible to people regardless of location or background. This MOOC includes an evaluation.
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Yes
Hosting institution	RUN-EU Partner
Duration	Short
ECTS (study load)	Minimum of 3 ECTS
Achievement/recognition	Certificate / Transcript of Records
Position in the curriculum	Extracurricular
Learning format	Fully asynchronous Virtual
Physical Mobility	No mobility
Didactical concept	Limited asynchronous interaction
Intercultural interaction	Limited
Development with partners	Individual arrangement or Developed with a least one RUN-EU partner
Competence assessment	Several possibilities for assessment (constructive alignment)
LO assessment	Learner Questionnaire
Study level	Short cycle / Bachelor / Master / PhD
Target Group	Students, staff, external learners
Funding	No
Top-up or bonus available?	No
No. of participants	> 50
Level of innovation of the format	Traditional
Green mobility?	Yes
Academic year	At any time during the year
Start and end date course/project	TBD
Start and end date physical part	TBD

11. RUN-EU Journey

Description	One-on-one course unit exchange (Bilateral Recognition and Institutional Degree Granting Exchange) Students can follow part of the degree programme at one of the RUN-EU partners with a similar programme, whereby the credits are accepted in lieu of the credits that would be awarded at the home institute.
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	No
Hosting institution	RUN-EU Partner
Duration	6-20 weeks
ECTS (study load)	10-30 ECTS
Achievement/recognition	Certificate / Transcript of Records
Position in the curriculum	Intracurricular
Learning format	(A)synchronous Virtual or Physical mobility or blended
Physical Mobility	Possible
Didactical concept	Part of regular curriculum, specialisation
Intercultural interaction	Yes
Development with partners	A programme comparison needs to be carried out with at least one RUN EU partner
Competence assessment	Regular module/semester evaluation
LO assessment	TBD
Study level	Short cycle / Bachelor / Master / PhD
Target Group	Students
Funding	Erasmus
Top-up or bonus available?	Green travel, fewer opportunities
No. of participants	Individual arrangements
Level of innovation of the format	Non-traditional / innovative
Green mobility?	Possibly - see SMG on how to make your mobility greener
Academic year	During the academic year
Start and end date course/project	TBD
Start and end date physical part	TBD

12. Virtual exchange

Description	Online Learning for Students/Staff
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Possible
Hosting institution	RUN-EU Partner
Duration	Short / long
ECTS (study load)	No
Achievement/recognition	Certificate
Position in the curriculum	Extracurricular
Learning format	Online synchronous
Physical Mobility	No mobility
Didactical concept	Online synchronous intercultural exchange on a specific topic
Intercultural interaction	Yes
Development with partners	Recommended to collaborate with other (associated) partners
Competence assessment	No
LO assessment	Learner Questionnaire
Study level	No level
Target Group	Student, staff, external learners
Funding	No
Top-up or bonus available?	No
No. of participants	small groups
Level of innovation of the format	Non-traditional / innovative
Green mobility?	Yes
Academic year	During the academic year
Start and end date course/project	TBD
Start and end date physical part	TBD

13. Student Academy

Description	9-month mentoring programme. Combines online mentoring with an exciting offline week, where you'll participate in hands-on workshops on future (research) skills, collaborate with like-minded peers, and grow your professional network.
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	No
Hosting institution	RUN-EU Partner
Duration	2-12 months
ECTS (study load)	n/a
Achievement/recognition	Combined within regular study
Position in the curriculum	Extracurricular
Learning format	Blended
Physical Mobility	Compulsory mobility
Didactical concept	Research (WP3)
Intercultural interaction	Possible
Development with partners	One partner
Competence assessment	Several possibilities for assessment (constructive alignment)
LO assessment	TBD
Study level	Late stage bachelor/ Master / PhD
Target Group	Students
Funding	RUN EU
Top-up or bonus available?	Green travel, fewer opportunities
No. of participants	TBD
Level of innovation of the format	Non-traditional / innovative
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	At any time during the year
Start and end date course/project	TBD
Start and end date physical part	TBD

14. RESKIT (Researcher Skills Training)

Description	TBD
Prerequisites (discipline, study level, language...)	TBD
Interdisciplinary?	TBD
Hosting institution	RUN-EU Partner
Duration	Short (specific seminar/workshop) long (combination of seminars/workshops)
ECTS (study load)	No
Achievement/recognition	TBD
Position in the curriculum	Extracurricular
Learning format	Fully asynchronous online
Physical Mobility	No mobility
Didactical concept	Online synchronous seminar/workshop on a research skill
Intercultural interaction	No
Development with partners	Possible but not mandatory
Competence assessment	Online survey after the seminar/workshop
LO assessment	TBD
Study level	Short cycle / Bachelor / Master / PhD
Target Group	Researcher (all career stages)
Funding	No
Top-up or bonus available?	N/A
No. of participants	Open
Level of innovation of the format	TBD
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	At any time during the year
Start and end date course/project	TBD
Start and end date physical part	TBD

15. LEXS (Learner Exchange School)

Description	Short in-person learning experiences where diverse learners tackle real-world challenges. These programs often attract both local and international students, providing opportunities for focused learning, cultural exchange, and the development of new skills in subjects ranging from academic disciplines to language learning and professional development
Prerequisites (discipline, study level, language...)	Yes: look at the description Learning Opportunities RUN-EU
Interdisciplinary?	Yes
Hosting institution	RUN-EU Partner
Duration	Short: 1-4 weeks typically 1 week
ECTS (study load)	1 ECTS
Achievement/recognition	Certificate / Transcript of Records
Position in the curriculum	Extracurricular
Learning format	Physical
Physical Mobility	Compulsory mobility
Didactical concept	Project based/ problem based focus/ cooperation to solve complex problems mandatory involvement of stakeholders/ regional partners
Intercultural interaction	Yes
Development with partners	Open to collaboration in development and realisation plus regional stakeholders
Competence assessment	Several possibilities for assessment (constructive alignment)
LO assessment	Learner experience questionnaire
Study level	No level
Target Group	experienced students, staff and / or external learners
Funding	Each HEI decides if RUN-EU or Erasmus + budget is desired. Max. 2 weeks of funding. If more weeks are desired, institutions need to find additional funding.
Top-up or bonus available?	Green travel, fewer opportunities
No. of participants	15-30, open to at least 3 participants per each HEI
Level of innovation of the format	Non-traditional / innovative
Green mobility?	Possibly - see Sustainable Mobility Guide on how to make your mobility greener
Academic year	Within the academic year
Start and end date course/project	TBD
Start and end date physical part	TBD

Conclusion

This catalogue provides a comprehensive state of affairs overview of mobility schemes available within the RUN-EU alliance as of the end of 2025. It serves as a strategic reference document capturing the current landscape of mobility opportunities offered by the alliance.

The catalogue should be treated as a living, evolving document rather than a static inventory. As the RUN-EU alliance continues to mature and respond to the changing needs of its academic community, the mobility schemes documented here will naturally evolve.

As the alliance refines its strategic priorities and deepens its collaborative framework, strategic alignment will drive the recalibration of mobility schemes to better support overarching goals such as joint curriculum development, research collaboration, and the creation of a truly European university experience. The mobility offerings must remain responsive to these evolving requirements.

Furthermore, lessons learned through ongoing evaluation of mobility scheme uptake, participant feedback, and outcomes assessment will inform adjustments to existing programs and the potential development of new mobility formats that better serve participants. This iterative approach ensures that the alliance's mobility portfolio remains relevant and impactful.

Users of this catalogue are encouraged to consult the most current version available through official RUN-EU channels, as updates will be implemented regularly to reflect the alliance's commitment to continuous improvement and adaptation in support of European higher education mobility.



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