

# SHORT ADVANCED PROGRAMME

**RUN** REGIONAL  
UNIVERSITY  
NETWORK

EUROPEAN UNIVERSITY

## HOW TO NAVIGATE THROUGH UNFAMILIAR CONTEXTS

3<sup>RD</sup> EDITION

**10.APR - 23.MAY.2025**

Face-to-Face Week: HAMK, Hämeenlinna, Finland 19-23 May 2025

**Understanding how to learn in a self-directed manner and reflecting on your development are two essential skills that will play an increasingly important role in the future of work.**

Developing future skills will raise your employability prospects, and most importantly, they will enhance your – and your peers' – well-being. This SAP aims to make learners aware of the importance of future skills and encourage them to set goals for developing them.

### 2 ECTS Credits

#### Eligible participants:

All RUN-EU Degree Students

#### Deadline for applications:

6 March 2025



Fill in the application form  
(QR or website)

#### COORDINATION:

Häme University of Applied Sciences  
Polytechnic University of Leiria  
NHL Stenden University of Applied Sciences  
Vorarlberg University of Applied Sciences

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