Students' Testimonials



Bianca Simonassi-Paiva
Technological University of the Shannon

"Participating in the SAP was a highly rewarding experience. I had the opportunity to make new friends and gain valuable insights. A highlight was an excursion that was both engaging and inspiring. This excursion gave me new ideas for my future career. We learned about organizations in different countries with similar goals, and I look forward to visiting some of them in the future to learn more about their work. RUN-EU programs are not only enjoyable but also offer substantial learning opportunities in a short period. They also help you immerse yourself in the local culture and explore the destination in meaningful ways."

"Through RUN, we connect with people who share the same interests in the future of education but come from different backgrounds and have different ways of thinking. Meeting people with similar goals but different perspectives is special and helps us build important personal and professional connections.

It's also great to see how our own experiences can contribute, and how everyone makes a difference. Events like SAPs help us think creatively, push our limits, and learn about different fields while gaining valuable soft skills, such as leadership, communication, and public speaking."



Jennifer Buis

NHL Stenden University of Applied Sciences









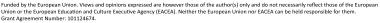








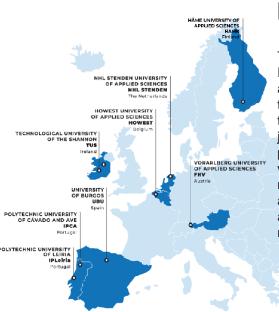






Opportunities for Students





What is RUN-EU?

The Regional University Network - European University (RUN-EU) is an alliance of European universities that aims for excellence in research, teaching, and innovation, promotes joint activities and development of projects that foster European Union values and way of life, including multiculturalism and inclusiveness, as well as the sustainable social and economic development of the regions.

DID YOU KNOW YOU CAN?

- Gain international experience
- 2 Participate in a learning opportunity
- **3** Enrol in a joint programme
- 4 Engage in research activities abroad

What are the RUN-EU Study Programmes?

There are various opportunities available, ranging from exchange programmes for one semester to collaborating with international students from RUN-EU partner institutions on projects or participating in one of our learning opportunities, either on-site or online.

Are you looking for a short international experience?

Then enrol in a Short Advanced Programme (SAP) for one to eight weeks or explore any of our other learning opportunities, such as COILs (Collaborative Online International Learning), BIPs (Blended Intensive Programmes), or Youth Exchange Schools (YES).

During these programmes, you will immerse yourself in a challenging subject for a short period. The topics are as diverse as the students you will work with, and the theme does not necessarily need to align with your current study programme. Your fresh perspective can be valuable!

As a student, you can also participate in one of the joint degree

programmes. If you choose a joint degree, you will receive a single diploma awarded by all the higher education institutions offering the Joint Programme.

What do you get out of it?

RUN-EU offers a unique chance to study alongside students from all partner institutions and is an excellent opportunity to expand your network. You may also apply to be part of the RUN-EU Student Council, where you will gain practical experience in working in an intercultural environment. These skills will be beneficial for your future career and enhance your prospects in the job market.

More information and how can you apply?

Whether you are a first-year student, a graduate or a master's student, you can participate in RUN-EU activities or programmes throughout your studies. Please visit the RUN-EU office or International Office.



Discover all RUN-EU has to offer

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