



25.NOV-18.DEC.2024

SAP OVERVIEW

The "Eurovalues nexus: Empowering European Citizens" SAP programme aims to deepen participants' understanding of the European Union (EU), European values and their interconnectedness with European citizenship. Through a comprehensive exploration of various dimensions of citizenship — political, economic, environmental and cultural — the programme seeks to empower participants with knowledge and skills to actively engage as informed and responsible European citizens in an increasingly interconnected and diverse European Union. This SAP is structured in three parts: Part One: Online Sessions, Part Two: Face-to-face week at FHV, Austria, Part Three: Online Wrap-up Session.

LEARNING OUTCOMES

- Enhanced understanding of the European Union
- Appreciation of European values
- Interconnection with European citizenship
- Empowerment of European citizens
- Exploration of different dimensions of citizenship: political citizenship economic citizenship environmental citizenship cultural citizenship

This SAP aims to bridge the gap between theoretical understanding and practical implementation, empowering participants to become active and informed European citizens dedicated to upholding and promoting core European values.

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Organised by: IPL FHV

DATE From 25 November 2024 to 18 December 2024

Face-to-face week: FHV, Dornbirn, Austria 9-13 December

MODE OF DELIVERY Blended: Online classes and face-to-face week.

LANGUAGE OF INSTRUCTION English

ECTS CREDITS 3

ACADEMIC RECOGNITION

To be defined by each Home Institution. In general terms, most students will have this RUN-EU SAP certified in the Diploma Supplement, as a minimal condition.

ELIGIBLE PARTICIPANTS

RUN-EU students from any study cycle.

HOW TO APPLY

Fill in the application form (QR or website)



DEADLINE FOR APPLICATIONS

1 October 2024

CONTACT DETAILS

Susana Sardinha Monteiro (IPL); susana.monteiro@ipleiria.pt Natasha Doshi (FHV); natasha.doshi@fhv.at

























SELECTION CRITERIA

Background, motivation, wide representation of subject areas/fields and balanced participation of all RUN-EU member institutions. A maximum of 30 students will be selected for this SAP programme. The coordinators will also take steps towards ensuring a diverse and representative group of students.

LEARNING AND TEACHING STRATEGY

Immersive learning, active learning, peer learning, learner-centred teaching, collaborative learning/teaching methods. Activities: problem solving tasks, discussions, working groups, project work, role plays, presentations, peer teaching/learning. Live online sessions, independent work, site visits in Austria.

PREREQUISITES

English B2.

COURSES LEADERS | LECTURERS

Courses leaders

Susana Sardinha Monteiro (IPL) Natasha Doshi (FHV)

Lecturers

Sofia Felício Caseiro (IPL)

PHYSICAL MOBILITY | SCHOLARSHIPS AVAILABLE

Finland - Austria: 862 EUR Ireland - Austria: 862 EUR Netherlands - Austria: 862 EUR

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Portugal (Barcelos) - Austria: 862 EUR Portugal (Leiria) - Austria: 862 EUR

Belgium - Austria: 862 EUR Spain - Austria: 862 EUR

For further information concerning scholarships, please contact your Home Institution RUN-EU Office.

MEANS AND CRITERIA FOR ASSESSMENT

Attendance:

- 80% Online sessions
- 100% Face-to-face week

Group work and presentations, final project, active participation from all students of each group is mandatory in both group presentations.

CERTIFICATION

The participants who successfully complete this RUN-EU SAP will receive a Certificate of Participation and a Transcript of Records jointly issued by the organising institutions.





















PROGRAMME AT A GLANCE

PART ONE: ONLINE SESSIONS

GMT+2	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+1	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
MONDAY 25/11									ı	WELCOME & NTRODUCTION	
THURSDAY 28/11									L	.AW & POLITICS	
MONDAY 2/12									co	CULTURE & OMMUNICATION	
THURSDAY 5/12									н	UMAN RIGHTS	

















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PROGRAMME AT A GLANCE

FACE-TO-FACE WEEK

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
MONDAY 9/12	WELCOME	ICE BREAKER		HRONICLES:	LUNCH BREAK	DELVING INTO THE HEART OF EU	KNOWLED	IMPROVE OGE OF EU & P CREATION	CAMPUS TOUR		PUB TOUR
TUESDAY 10/12	WELCOME	ENG	AGE - EMPOV	WER -	LUNCH BREAK	FACING THE MIND MAP		EURO QUIZ			
WEDNESDAY 11/12					FIELD TRIP	& CULTURAL \	/ISIT				
THURSDAY 12/12	WELCOME		UAL ROLE-PL EAN PARLIAN		LUNCH BREAK	MIND	MAP CREAT	TION			GROUP DINNER
FRIDAY 13/12	WELCOME		EUROPEAN UES	LEARN WELL EVALUATION	FAREWELL LUNCH						

















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PROGRAMME AT A GLANCE

PART TWO: ONLINE SESSION

WEDNESDAY		i		i		i									WRAP-UF	
GMT	9h00 ■		10h00		11h00		12h00	1	13h00	1	14h00	15h00 ■	16h00	17h00	18h00	19h00
GMT+1	10h00		11h00		12h00		13h00		14h00		15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	11h00		12h00		13h00		14h00		15h00		16h00	17h00	18h00	19h00	20h00	21h00

















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25 N	25 NOVEMBER							N	DA	Y	17H	00	D - 19	H	00 (ЗN	/IT -	Ol	VLI	NE	
GMT+2	11h00		12h00		13h00		14h00		15h00		16h00		17h00		18h00		19h00		20h00		21h00
GMT+1	10h00		11h00		12h00		13h00		14h00		15h00		16h00		17h00		18h00		19h00		20h00
GMT	9h00	ı	10h00	1	11h00	ı	12h00	ı	13h00	ı	14h00	ı	15h00	ı	16h00	ı	17h00		18h00	1	19h00
MONDAY 25/11																			LCOME ODUCT		

Welcome & Introduction

- 17h00-19h00
- **A** Lecture
- Susana Sardinha Monteiro (IPL) Sofia Felício Caseiro (IPL)
- Introductions, programme overview, welcome activities, practical information (including a "Q&A" about general matters). What will you be doing? Explaining the challenges and the final product.

THURSDAY 17H00-19H00 GMT - ONLINE 28 NOVEMBER GMT+2 11h00 12h00 13h00 14h00 16h00 17h00 18h00 19h00 20h00 15h00 21h00 GMT+1 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 19h00 20h00 19h00 **GMT** 9h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 **THURSDAY LAW & POLITICS** 28/11

Law & Politics

- (1) 17h00-19h00
- Lecture and Group Work
- Susana Sardinha Monteiro (IPL)
- European Union: How did everything begin and where are we now? European values: meaning and significance.























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GMT+2	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+1	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h0
GMT	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
MONDAY 2/12										CULTURE &	

Culture & Communication

- ① 17h00-19h00
- Lecture and Group Work
- A Natasha Doshi (FHV)
- Define key concepts such as culture and its dimensions, diversity & identity. Historical and social context (e.g. migration, globalisation, social policies, ...). Cultural practices and perspectives. EU Culture: interplay between cultural norms, values, behaviour and worldviews.

THURSDAY 17H00-19H00 GMT - ONLINE **5 DECEMBER** 13h00 19h00 20h00 GMT+2 11h00 12h00 14h00 16h00 17h00 18h00 21h00 15h00 GMT+1 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 19h00 20h00 19h00 **GMT** 9h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 **THURSDAY HUMAN RIGHTS** 5/12

Human Rights

- ① 17h00-19h00
- Lecture and Group Work
- Susana Sardinha Monteiro (IPL), Sofia Felício Caseiro (IPL)
- Human Rights at the heart of the EU. From the ECHR to the Charter of Fundamental Rights of the EU. Main challenges of an EU citizen.





















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9 DECEMBER **MONDAY** 9H00-21H30 - FHV GMT+2 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 19h00 20h00 18h00 GMT+1 9h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 19h00 16h00 18h00 **GMT** 8h00 9h00 10h00 11h00 12h00 13h00 14h00 15h00 17h00 **DELVING INTO HOW TO IMPROVE** LUNCH ICE CAMPUS **PUB MONDAY COUNTRY CHRONICLES: KNOWLEDGE OF EU &** THE HEART **BREAKER BREAK TOUR TOUR** 9/12 **EU INSIGHTS MIND MAP CREATION OF EU**

Welcome

- 9h00-9h30
- Group Activity
- All lecturers
- Welcome and establishing rules for the group collaboration during this week.

Delving into the Heart of the EU

- (h) 13h30-14h30
- Discussion
- Susana Sardinha Monteiro (IPL)
 Sofia Felício Caseiro (IPL)
- Discussions of the core values of the EU and their impact on our daily lifes. Analysis of the role of European values in shaping EU policies internally and externally.

Ice-breaking Activities

- 9h30-10h30
- All lecturers
- Group activities to get to know each other and facilitate interactions among participants.

How to improve knowledge of the EU & Mind Map Creation

- ① 14h30-16h30
- Group Work
- All lecturers
- Discussion of assigned themes related to the EU in small groups, presentations of group findings and reflection on students ideas on EU values and their impact on our daily lifes, organising and synthesising complex geopolitical data into a cohesive visual representation (Mind Map).

Country Chronicles: EU Insigths

- ① 10h30-12h30
- Lecture and Presentations
- Susana Sardinha Monteiro (IPL)
 Sofia Felício Caseiro (IPL)
- First student presentations of country context regarding EU and the 2024 EP elections.

Campus Tour

- ① 16h30-17h30
- Tour
- All lecturers
- You will be shown the FHV campus.

Pub Tour

- (h) 18h00-21h30
- **Social Activity**
- All lecturers



















SHORT ADVANCED PROGRAMME

EUROVALUES
NEXUS:
EMPOWERING
EUROPEAN
CITIZENS



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10 D	ECEM	BE	R		TUE	SDA'	Y 9H00)-16H	30 - F	HV	
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
TUESDAY 10/12	WELCOME	EN	IGAGE - EMP CONNEC		LUNCH BREAK		THE FUTURE & AP CREATION	EURO QUIZ			

Welcome

9h00-9h30

All lecturers

Euro Quiz

- ① 15h30-16h30
- Group Activity
- All lecturers
- Interactive quiz about the European Union to enhance students' knowledge while providing a lively and enjoyable learning experience.

Engage - Empower - Connect

- 9h30-12h30
- ₩ Workshop
- All lecturers
- This workshop is hosted by Europe Direct Vorarlberg. Presentation of the services provided by the Europe Direct network, analysis of the role of the provided services in empowering individuals and groups within our society.

Facing the future: Social, political, economic, and environmental changes & Mind Map Creation

- (h) 13h30-15h30
- ₩ Workshop
- All lecturers
- Discussion of future challenges facing the EU in small groups, presentations of group findings and reflection on students' ideas on impacts and strategies to address these challenges, organising and synthesising complex geopolitical data into a cohesive visual representation (Mind Map).























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11 DECEMBER WEDNESDAY 9H00-18H00 • FHV

GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00

WEDNESDAY 11/12

FIELD TRIP & CULTURAL VISIT

Field Trip & Cultural Visit

- 9h00-18h00
- Field trip
- All lecturers
- The field trip provides an opportunity for participants to immerse themselves in the local culture and engage with diverse perspectives.























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12 DI	ECEM	BE	R		THUF	RSD/	Y 91	10	0-21	H3	80 -	FHV		
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h0)	17h00		18h00	19h0	0	20h00
GMT+1			11h00	12h00	13h00	14h00	15h0)	16h00		17h00	18h0	0	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h0) 	15h00	ı	16h00	17h0	0	18h00
THURSDAY 12/12	WELCOME		IRTUAL ROLE ROPEAN PARL		LUNCH BREAK	M	IND MAP CE	REATIO	ON				GROU DINN	

Welcome

(h) 9h00-9h30

All lecturers

Virtual Role-Play - European Parliament

(h) 9h30-12h30

Simulation and Role-Play

All lecturers

By engaging in this role-play, students will gain a better understanding of the decision-making process within EU; students will work out a solution based on their assigned role.

Mind Map Creation

(h) 13h30-16h30

₩ Workshop

All lecturers

Discussion and reflection of main ideas and themes of all sessions and workshops, organising and synthesising complex geopolitical data into a cohesive visual representation (Mind Map).

Group Dinner

(h) 18h00-21h30

☆ Social Activity

All lecturers





















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13 D	ECEN	IBEF	3		FRI	DAY	9H00	-13H3	0 - FH	V	
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
FRIDAY 13/12	WELCOME		IAPPING EUROPEAN VALUES		FAREWELL LUNCH						

Welcome

- 9h00-9h30
- All lecturers

Mapping European values: Shaping the present and future together

- (h) 9h30-11h30
- Group Presentations and Discussions
- All lecturers
- Students present their final project demonstrating their holistic understanding of the EU, EU values, citizenship dimensions and EU challenges.

Learn Well Evaluation

- (h) 11h30-12h30
- Group Activity
- All lecturers
- Individual written feedback on course structure, content and teaching methods. Group discussion on major themes, theories and case studies covered throughout the week.























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18 DECEMBER WEDNESDAY 17H00-19H00 GMT - ONLINE

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GMT	9h00	10h00	1	1h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT+1	10h00	11h00	1	2h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	11h00	12h00	13	3h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00

WEDNESDAY 18/12 WRAP-UP SESSION

Wrap-up Session

- (h) 17h00-19h00
- Lecture and Discussion
- All lecturers
- Presentation and discussion of individual written feedback; reflection on the whole journey delving into European values and their interconnection to citizenship.

















