



SUSTAINABILITY IN THE CONTEXT OF TOURISM ALONG THE CAMINO DE SANTIAGO

1-29.JUL.2024

SAP OVERVIEW

This SAP focuses on sustainability within the Camino de Santiago tourism framework. Our primary objectives include assessing the current state of tourism along the Central Portuguese Camino de Santiago, scrutinising the role of Heritage Interpretation in sustainable tourism development, and proposing practical strategies to achieve equilibrium between tourism, heritage preservation, and environmental sustainability.

In exploring the future of sustainable tourism along the Camino de Santiago, a critical and reflective teaching and learning approach will be adopted which will require student engagement in a variety of lectures, group research activities and 3 days walking the Camino.

LEARNING OUTCOMES

At the end of this SAP, you will be able to:

- Collaborate across different disciplines in the context of global sustainable tourism.
- Develop innovative sustainable tourism solutions.
- Raise awareness of long-term sustainability impacts.
- Gain foundational tourism knowledge to support future studies.
- Analyse data to inform sustainable tourism decisions.
- Develop collaboration and teamwork skills.

+INFO: www.run-eu.eu

Organised by: IPCA
TUS

DATE From 1 - 29 July 2024

Face-to-Face Week: IPCA, Portugal, 22-26 July

MODE OF DELIVERY Blended

LANGUAGE OF INSTRUCTION English

ECTS CREDITS 3

ACADEMIC RECOGNITION

On successful completion of the programme the School of School of Hospitality and Tourism of Polytechnic Institute of Cávado and Ave (IPCA Portugal) and the Faculty of Business and Humanities, Dept of Hospitality, Tourism and Wellness TUS (Technological University of the Shannon, Ireland) will provide a transcript of records of 3 ECTS and a Certificate of Participation.

ELIGIBLE PARTICIPANTS

All RUN-EU undergraduate, masters and PhD students and staff.

HOW TO APPLY

Fill in the application form ([QR](#) or [website](#))



DEADLINE FOR APPLICATIONS

30 May 2024

CONTACT DETAILS

run-eu@ipca.pt



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1-29.JUL.2024

SELECTION CRITERIA

Student motivations and expectations must meet the SAP delivery criteria. Applications from diverse fields of study are welcome to ensure a balanced participation of RUN-EU member institutions.

LEARNING AND TEACHING STRATEGY

Tutored learning, technology videos, lectures and workshops, challenge-based teamwork.

Skills to be developed during the SAP:

- Multidisciplinary International Cooperation;
- Creative Business Thinking;
- Sustainable Thinking;
- Introduction to the tourism discipline;
- Data Analysis;
- Teamwork and Networking Skills.

COURSES LEADERS | LECTURERS

Courses leaders

Bruno Sousa (bsousa@ipca.pt)

Francisco Gonçalves (fjgoncalves@ipca.pt)

Hugo Sampaio (hsampaio@ipca.pt)

Catriona Murphy (catriona.murphy@tus.ie)

Marie Taylor (marie.taylor@tus.ie)

Noelle Oconnor (noelle.oconnor@tus.ie)

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PREREQUISITES

0,5 years of studies in RUN-EU European University.

The face to face week of this SAP programme will involve walking and group work activities.

PHYSICAL MOBILITY | SCHOLARSHIPS AVAILABLE

Travel

Portugal - Austria: 330 EUR

Portugal - Finland: 470 EUR

Portugal - Ireland: 270 EUR

Portugal - Portugal: 40 EUR

Portugal - Belgium: 230 EUR

Portugal - Spain: 230 EUR

Portugal - The Netherlands: 330 EUR

Subsistence: Portugal subsistence is 460 EUR

MEANS AND CRITERIA FOR ASSESSMENT

- Active participation in lectures, group work and walking the Camino;
- Onsite assignments;
- Group presentations;
- Assessment scale: in pass/fail.

CERTIFICATION

Certificate of Participation issued by IPCA, Portugal.

SHORT
ADVANCED
PROGRAMME

Camino
de
Santiago

Itinerariu Cultural Europeu



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REGIONAL
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SUSTAINABILITY IN THE CONTEXT OF TOURISM ALONG THE CAMINO DE SANTIAGO



1-29.JUL.2024

PROGRAMME AT A GLANCE 1/2

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	GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
	GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
	GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
MONDAY 1/7			KICK-OFF ICEBREAKER AND TEAMBUILDING ACTIVITIES									
TUESDAY 2/7			GROUP WORK			LUNCH	GROUP WORK					
WEDNESDAY 3/7			INTRODUTORY LECTURE									
THURSDAY 4/7			GROUP WORK			LUNCH	GROUP WORK					
FRIDAY 5/7			LECTURE ON THE TOURISM CAMINO DE SANTIAGO									
MONDAY 8/7			LECTURE ON HERITAGE INTERPRETATION									
TUESDAY 9/7			GROUP WORK			LUNCH	GROUP WORK					
WEDNESDAY 10/7			GROUP WORK			LUNCH	GROUP WORK					



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SHORT
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PROGRAMME



SUSTAINABILITY IN THE CONTEXT OF TOURISM ALONG THE CAMINO DE SANTIAGO



1-29.JUL.2024

PROGRAMME AT A GLANCE 2/2

+INFO: www.run-eu.eu

	GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
	GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
	GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
THURSDAY 11/7			GROUP WORK			LUNCH	GROUP WORK					
FRIDAY 12/7			TOURISM - AN IRISH CASE STUDY APPROACH									
MONDAY 22/7		BRIEFINGS: IPCA & TUS MGMT, LECTURING TEAM, PHD STUDENTS		BREAK	MEDIA, LITERATURE AND THE CAMINO DE SANTIAGO		LUNCH	TEAMBUILDING WORKSHOP	ASSESSMENT DISSEMINATION RUN EU TEAM	FREE TIME		
TUESDAY 23/7		WALK THE CAMINO REFLECT AND EXPLORE THE CAMINO S. PEDRO DE RATES				LUNCH	SUSTAINABILITY (ENVIROMENTAL) WORKSHOP		FREE TIME			
WEDNESDAY 24/7		WALK THE CAMINO REFLECT AND EXPLORE THE CAMINO BARCELOS				LUNCH	SUSTAINABILITY (SOCIOCULTURAL) WORKSHOP		FREE TIME			
THURSDAY 25/7		WALK THE CAMINO REFLECT AND EXPLORE THE CAMINO EUROCITY VALENÇA-TUI				LUNCH	SUSTAINABILITY (ECONOMICS) WORKSHOP		FREE TIME			
FRIDAY 26/7		GROUP PRESENTATIONS (ASSESSMENT)		BREAK	GROUP PRESENTATIONS (ASSESSMENT)		LUNCH					
MONDAY 29/07		ASSIGNMENT/ EVALUATION/Q&A										



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1 JULY

MONDAY 10H00-12H00 GMT+1 - ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
MONDAY 1/7			KICK-OFF ICEBREAKER AND TEAMBUILDING ACTIVITIES								

Kick-Off | Icebreaker and Teambuilding Activities

🕒 10h00-12h00

2 JULY

TUESDAY 10H00-18H30 GMT+1 - ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
TUESDAY 2/7			GROUP WORK		LUNCH		GROUP WORK				

Group Work

🕒 10h00-13h00

Group Work

🕒 14h00-18h30



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3 JULY

WEDNESDAY 10H00-12H00 GMT+1 · ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
WEDNESDAY 3/7			INTRODUCTORY LECTURE								

Introductory Lecture

🕒 10h00-12h00

👤 Francisco Gonçalves
and Bruno Sousa (IPCA)

📄 The introductory lecture sets the stage for the Sustainability in Tourism program, emphasising its focus on sustainable tourism along the Camino de Santiago.

It provides insights into the programme's objectives, team introduction, online logistics, structured course plan, assignments, and expectations. Notably, it announces an exciting face-to-face trip to explore heritage sites and sustainable tourism initiatives along the Camino. Participants will engage in lectures, discussions, and practical assignments

to gain a comprehensive understanding of sustainable practices and heritage interpretation. The program aims to equip participants with valuable insights into sustainable tourism while fostering active participation and engagement throughout the course.

4 JULY

THURSDAY 10H00-18H30 GMT+1 · ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
THURSDAY 4/7			GROUP WORK			LUNCH		GROUP WORK			

Group Work

🕒 10h00-13h00

Group Work

🕒 14h00-18h30





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5 JULY

FRIDAY 10H00-12H00 GMT+1 • ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00

FRIDAY 5/7			LECTURE ON THE TOURISM CAMINO DE SANTIAGO																	
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Introductory on The Tourism Camino de Santiago

🕒 10h00-12h00
👤 Francisco Gonçalves (IPCA)

📄 The lecture on the Camino de Santiago provides a comprehensive overview of this ancient pilgrimage route. It begins

with a historical overview, tracing its significance from the Middle Ages to the present day. The discussion then moves to the various routes and variations of the Central Portuguese Camino, highlighting their unique experiences and landmarks. Finally, it explores the profound significance of the Camino for

both pilgrims and the communities it traverses, emphasising its role in cultural exchange, economic impact, and heritage preservation. Overall, it presents the Camino as a journey of spiritual quest, cultural exploration, and solidarity among diverse cultures.

8 JULY

MONDAY 10H00-12H00 GMT+1 • ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00

MONDAY 8/7			LECTURE ON HERITAGE INTERPRETATION																	
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Lecture on Heritage Interpretation

🕒 10h00-12h00
👤 Hugo Sampaio (IPCA)

📄 The lecture on the principles of Heritage Interpretation emphasises its vital role in

preserving cultural heritage along the Camino de Santiago. The session covers fundamental principles such as relevance and engagement, highlighting how interpretation bridges the past and present. It explores techniques like storytelling and multimedia presentations, illustrating how they enhance visitor

experiences. By delving into case studies and best practices, the session aims to unlock the secrets of the Camino's cultural heritage, fostering a deeper appreciation among visitors and ensuring the continued relevance and protection of these historic sites.



SHORT
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PROGRAMME

Camino
de
Santiago
Itinerario Cultural Europeo



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9 JULY

TUESDAY 10H00-18H30 GMT+1 • ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00



Group Work

🕒 10h00-13h00

Group Work

🕒 14h00-18h30

10 JULY

WEDNESDAY 10H00-18H30 GMT+1 • ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00



Group Work

🕒 10h00-13h00

Group Work

🕒 14h00-18h30



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11 JULY THURSDAY 10H00-18H30 GMT+1 • ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
THURSDAY 11/7			GROUP WORK		LUNCH	GROUP WORK					

Group Work

🕒 10h00-13h00

Group Work

🕒 14h00-18h30

12 JULY FRIDAY 10H00-12H00 GMT+1 • ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
FRIDAY 12/7			TOURISM - AN IRISH CASE STUDY APPROACH								

Tourism - An Irish Case Study Approach

🕒 10h00-13h00

👤 Noëlle and Catriona (TUS)

📄 This lecture emphasises the importance of regional tourism development, its economic and social significance including infrastructure development.

Drawing on the experiences of guest lectures using Irish based case studies the relationship between tourism and sustainability will be evaluated.





SUSTAINABILITY IN THE CONTEXT OF TOURISM ALONG THE CAMINO DE SANTIAGO



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22 JULY

MONDAY 09H00-16H00 GMT+1

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
MONDAY 22/7	BRIEFINGS: IPCA & TUS MGMT, LECTURING TEAM, PHD STUDENTS		BREAK	MEDIA, LITERATURE AND THE CAMINO DE SANTIAGO		LUNCH	TEAMBUILDING WORKSHOP	ASSESSMENT DISSEMINATION RUN EU TEAM	FREE TIME		

Briefings: IPCA&TUS MGMT, Lecturing Team, PHD Students

🕒 09h00-11h00

👤 Francisco Gonçalves, Bruno Sousa, Hugo Sampaio (IPCA) and Catriona, Noëlle (TUS)

Media, Literatura and The Camino de Santiago

🕒 11h30-13h00

👤 Noëlle (TUS)

📄 The lecture on the Impact of various forms of media and literature on the Camino de Santiago explores the influence of various media forms on the Camino de Santiago pilgrimage. It begins with an analysis of television, films, and documentaries, examining their portrayal of the route's cultural and historical significance. Moving to social media, it discusses the role of platforms like blogs and vlogs in connecting pilgrims worldwide. Finally, it explores the impact of literary works, including historical accounts and fiction, on shaping pilgrims' perceptions and inspiring their journeys. Through discussions and interactive activities, participants gain insights into how media and literature shape the Camino experience.

Teambuilding Workshop

🕒 14h00-15h00

Assessment Dissemination RUN-EU Team

🕒 15h00-16h00



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23 JULY

TUESDAY 09H00-16H00 GMT+1

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00

TUESDAY 23/7	WALK THE CAMINO REFLECT AND EXPLORE THE CAMINO S. PEDRO DE RATES	LUNCH	SUSTAINABILITY (ENVIROMENTAL) WORKSHOP	FREE TIME
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Walk the Camino Reflect and Explore the Camino

🕒 09h00-13h00
S. Pedro de Rates

Sustainability (Enviromental)

🕒 14h00-16h00
👤 Francisco Gonçalves (IPCA)

📄 The lecture focuses on ecotourism practices, biodiversity conservation, and sustainable waste management along the Camino de Santiago. It highlights efforts to minimise the environmental impact of tourism through responsible hiking and accommodation choices. Biodiversity conservation efforts are discussed, emphasising the protection and restoration of natural habitats. Additionally, the session explores sustainable waste management practices, promoting the principles of reduce, reuse, and recycle to minimise ecological footprints. By addressing these aspects, the session aims to promote environmentally responsible tourism practices along the historic pilgrimage route.



SUSTAINABILITY IN THE CONTEXT OF TOURISM ALONG THE CAMINO DE SANTIAGO



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24 JULY

WEDNESDAY 09H00-16H00 GMT+1

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00

WEDNESDAY 24/7	WALK THE CAMINO REFLECT AND EXPLORE THE CAMINO BARCELOS	LUNCH	SUSTAINABILITY (SOCIOCULTURAL) WORKSHOP	FREE TIME
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Walk the Camino Reflect and Explore the Camino

🕒 09h00-13h00
Barcelos

Sustainability (Sociocultural)

🕒 14h00-16h00
👤 Catriona (TUS)

📄 The lecture underscores the significance of preserving local traditions along the Camino de Santiago. It emphasises tourism's role in not only economic growth but also in safeguarding cultural heritage. Strategies for maintaining traditions and engaging local communities are discussed, aiming to ensure their active involvement and benefit from tourism. By prioritising sociocultural sustainability, the session advocates for a harmonious balance between tourism development and the preservation of cultural authenticity along the historic pilgrimage route.



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25 JULY

THURSDAY 09H00-16H00 GMT+1

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00

THURSDAY 25/7	WALK THE CAMINO REFLECT AND EXPLORE THE CAMINO EUROCITY VALENÇA-TUI	LUNCH	SUSTAINABILITY (ECONOMICS) WORKSHOP	FREE TIME
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Walk the Camino Reflect and Explore the Camino

🕒 09h00-13h00
Eurocity | Valença-Tui

Sustainability (Economics)

🕒 14h00-16h00
👤 Bruno Sousa (IPCA)

📄 The lecture examines the economic impact of tourism on the Porto and North Region along the Camino de Santiago. It advocates for a balance between economic benefits and environmental conservation, discussing challenges and opportunities in achieving this balance. Sustainable tourism business models are explored, aiming to prioritise long-term prosperity for both local communities and the natural environment. By considering the interconnectedness of sociocultural, environmental, and economic sustainability, the session seeks to promote a holistic approach to sustainable tourism, ensuring the preservation of the Camino's heritage and beauty for future generations.





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26 JULY

FRIDAY 09H00-13H00 GMT+1

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
FRIDAY 26/7	GROUP PRESENTATIONS (ASSESSMENT)		BREAK	GROUP PRESENTATIONS (ASSESSMENT)		LUNCH					

Group Presentations (Assessment)

🕒 09h00-11h00

Group Presentations (Assessment)

🕒 11h30-13h00

29 JULY

MONDAY 09H00-13H00 GMT+1 · ONLINE

GMT+3	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
MONDAY 29/07	ASSIGNMENT/ EVALUATION/Q&A										

Assignment/ Evaluation/Q&A

🕒 09h00-11h00