

R 7 U N REGIONAL UNIVERSITY NETWORK

Are you looking for a unique international experience during your education? Do you like to look beyond the borders of your own field? And would you like to work with international students on issues that really matter?

Then **RUN-EU** is your chance!

What is RUN-EU?

RUN-EU is a partnership of seven European higher education institutions. We challenge you to find real-life solutions to regional, national or international issues ranging from climate problems to food waste in an intercultural environment. You will work together with students, teachers and companies from all over Europe. This would be the opportunity to expand your network with international contacts.

Where can you study?

Have you always dreamed of studying at a university of applied sciences in Portugal, Ireland, Finland, Hungary, The Netherlands or Austria? The choice is yours! You can study at one of the following seven top institutions.

- Polytechnic of Leiria (Portugal)
- Technological University of the Shannon: Midlands Midwest (Ireland)
- Polytechnic of Cávado and Ave (Portugal)
- Häme University of Applied Sciences (Finland)
- University of Győr Széchenyi Istvan University (Hungary)
- NHL Stenden University of Applied Sciences (The Netherlands)
- Vorarlberg University of Applied Sciences (Austria)



34

ASSOCIATED

PARTNERS

RESEARCH CENTRES AND GROUPS



53 FACULTIES



STUDENTS





Mobility opportunities

There are various possibilities, from the usual exchange programmes or minor for one semester to working together with international students from the RUN-EU partners on projects or a Short Advanced Programme, onsite or online.

If you're looking for a way of gaining brief international experience, then apply for a Short Advanced Programme (SAP) from two or eight weeks. A Short Advanced Programme gives you the chance to delve deeper into a more challenging subject for a short period of time. From Game Changing Games to How to Navigate Through Unfamiliar Contexts; the topics are as diverse as the students you work with. You get to choose your own theme and it doesn't necessarily have to be directly related to your study programme. We can really use your fresh perspective!

As a student, you will soon also be able to join one of the joint or double degrees. You will then study for a set period of time at one of the seven participating universities of applied sciences in Europe. If you opt to take a double degree programme, you'll receive two diplomas at the end of your studies, one from each participating university of applied sciences.

What do you get out of it?

RUN-EU is a unique opportunity to get in touch and make friends with students from all over the EU and get to know other cultures and countries. It is also the perfect opportunity to expand your network with international contacts. You will soon discover in practice what skills you need to work in an intercultural environment. This will be useful for your future, because there is a good chance that later you could be collaborating with other international colleagues on dynamic issues. In short: with RUN-EU you increase your chances on the labour market.



Credits

In addition to a unique experience abroad, in some cases you can also earn credits by participating in short- or longterm training programmes or projects offered by RUN-EU. Please contact the International Office of your university and ask for the possibilities.

Finance

In some cases, you may be eligible for a mobility grant to participate in the short- or long-term training programmes or projects offered by RUN-EU. Please contact the International Office at your university and ask about the financial options available to you. I learned a lot about the participating countries and cultures within RUN-EU and found the interdisciplinary element very valuable!

Elaine Blokhuis NURSING STUDENT



How can you apply?

Whether you are a first-year student, a graduate or a master's student, you can participate in RUN-EU activities or training programmes throughout your studies. Please visit the International Office of your university for more information. Please visit also www.run-eu.eu.

It was a great experience and a perfect opportunity to make new friendships and network.

Visit us: 🌐 🗗 🗾 🛅 🙆 in

Alina Matern HOTEL MANAGEMENT STUDENT









Co-funded by the Erasmus+ Programme of the European Union TUS

STENDEN

NHL

ersity o







FHV Vorarlberg University of Applied Sciences

The content of this publication represents the views of the author only and is his/her sole responsibility. The European Commission and the Agency do not accept any responsibility for use that may be made of the information it contains. Grant Agreement Number: 101004068.