

## D3.5. CONTINUOUS DEVELOPMENT ADVANCED PROGRAMME FOR TEACHERS

*(Delivery Date: 21/12/2023)*

*(Partner responsible: HAMK)*



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# 1. Introduction - Continuous Development Advanced Programme (CDAP) for teachers

The Continuous Development Advanced Programme (CDAP) for teachers was organised five times between autumn 2021 and autumn 2023 as intensive 5-day face-to-face events. The CDAPs were organised a part the the Superweeks, which included in addition to the CDAP the Design Factory Bootcamp. Moreover, the first two editions also merged the student Short Advanced Programme (SAP) How to Navigate through Unfamiliar Contexts partly to the CDAP to allowed collaboration between the CDAP participants and students. Three first editions were organised at Häme University of Applied Sciences, HAMK (Finland), the fourth edition took place at NHL Stenden (the Netherlands) and the fifth edition was organised at Polytechnic of Cávado and Ave, IPCA (Portugal) as follows:

- 1<sup>st</sup> edition, HAMK: 25.-29.10.2021
- 2<sup>nd</sup> edition, HAMK: 16.-20.5.2022
- 3<sup>rd</sup> edition, HAMK: 26.-30.9.2022
- 4<sup>th</sup> edition, NHL Stenden: 22.-26.5.2023
- 5<sup>th</sup> edition, IPCA, 23.-27.10.2023

## 2. Participants

In total, there were 114 participants in the CDAPs. The number of participants ranged from 15 (3<sup>rd</sup> edition, HAMK) to 40 (4<sup>th</sup> edition, NHL Stenden). According to the project plan, the goal was to have up to 3 teachers partner per partner institution in each CDAP, making a total of 105 teachers. This goal was exceeded, but there were big differences between institutions in numbers of participants. The largest numbers of participants came from IPCA (37 teachers) while TUS had the lowest representation (5 teachers).

In addition to the number of participants presented here, two participants from the new RUN-EU partner institution Howest joined the 5<sup>th</sup> edition of the CDAP at IPCA. They are not included in the numbers presented in Table 1.

**Table 1 – The number of participants per CDAP**

| Edition of CDAP                      | IPCA      | IPLeiria  | TUS      | FHV      | SZE      | NHL Stenden | HAMK      | Total N    |
|--------------------------------------|-----------|-----------|----------|----------|----------|-------------|-----------|------------|
| 1 <sup>st</sup> edition, HAMK        | 7         | 4         | 4        | 2        | 3        | 3           | 1         | 24         |
| 2 <sup>nd</sup> edition, HAMK        | 7         | -         | 1        | -        | -        | 3           | 9         | 20         |
| 3 <sup>rd</sup> edition, HAMK        | 6         | 1         | -        | 1        | 3        | 2           | 2         | 15         |
| 4 <sup>th</sup> edition, NHL Stenden | 14        | 8         | -        | 3        | 2        | 4           | 9         | 40         |
| 5 <sup>th</sup> edition, IPCA        | 3         | -         | -        | 2        | 1        | 4           | 5         | 15         |
| <b>Total</b>                         | <b>37</b> | <b>13</b> | <b>5</b> | <b>8</b> | <b>9</b> | <b>16</b>   | <b>26</b> | <b>114</b> |

## 3. Objectives, programmes and methods of the CDAPs

### 3.1 Objectives

The objective of the CDAP was to a) provide know-how on student-focused, innovative, and flexible teaching-learning environments, b) co-create a pedagogical framework for RUN-EU and c) support the establishment of Institutional FASAs. In addition to these common objectives for each CDAP, each edition had their own specific goals and the programmes differed from each other.

### 3.2 Programmes of the CDAPs organised at HAMK

The three CDAPs organised at HAMK were tightly integrated with Design Factory Bootcamps, and the participants of CDAP joined some sessions of the bootcamps (for example, prototyping in three hours -session). In addition, the first two editions included joint sessions with students studying in SAP How to Navigate through Unfamiliar Contexts.

Image 1 – CDAP programme, 1<sup>st</sup> edition (HAMK)

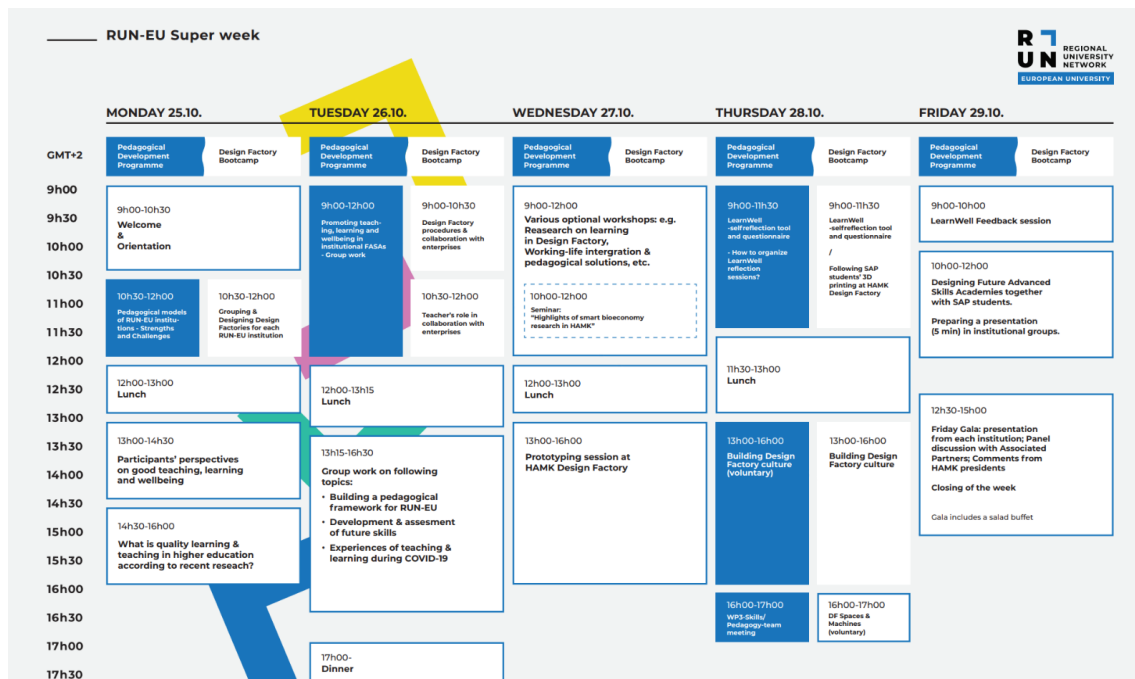


Image 2 – CDAP programme, 2nd edition (HAMK)

| Pedagogical Development Programme & Design Factory Bootcamp Schedule |  |   |   |  |  |  |   |                         |  |
|--|--|---|---|--|--|--|---|-------------------------|--|
| MONDAY 16.05.  |  | TUESDAY 17.05.  |   | WEDNESDAY 18.05.   |  | THURSDAY 19.05.  |   | FRIDAY 20.05.           |  |
| LOCAL TIME   | Pedagogical Development Programme  | Design Factory Bootcamp   | Pedagogical Development Programme   | Design Factory Bootcamp  | Pedagogical Development Programme  | Design Factory Bootcamp  | Pedagogical Development Programme                                 | Design Factory Bootcamp | Pedagogical Development Programme  |
| 9h00   | 9h00-10h00<br>Welcome & Orientation<br><small>by Maria Lindén, Liisa Pöysti, Jari Juusola &amp; Vilho Viikari</small>  |   | 9h00-12h00<br>Pedagogical framework of RUN-EU and activities of teachers and learning | 9h00-12h00<br>Planning Design Factory SAPs, workshops and programmes<br><small>by Design Factory staff</small> | 9h00-12h00<br>How to integrate regional challenges and learning processes?<br>Sharing successful approaches and practices. Building common ground for further collaboration<br><small>by Ilona Kumpulainen, Jari Juusola &amp; Erika Vahja</small> |  | 9h00-12h00<br>Group 1: Prototyping session<br>Group 2: Free time  |                         |  |
| 9h30   |  |   |   |  |  |  |   |                         |  |
| 10h00  | 10h00-12h00<br>Interactive lecture: Perspectives on good teaching, learning and wellbeing<br>Group work "Learning Environments and wellbeing"<br><small>by Vilho Viikari, Liisa Pöysti, Jari Juusola</small> |   |   |  |  |  |   |                         | 10h00-13h00<br>Working session (Students and teachers together): Develop plan for future skills implementation in your life and in your institution<br>Closing the week<br>Session includes a salad buffet |
| 10h30  |  |   |   |  |  |  |   |                         |  |
| 11h00  |  |   |   |  |  |  |   |                         |  |
| 11h30  |  |   |   |  |  |  |   |                         |  |
| 12h00  |  |   |   |  |  |  |   |                         |  |
| 12h30  | 12h00-13h00<br>Lunch   |   | 12h00-13h15<br>Lunch  |  | 12h00-13h30<br>Lunch   |  | 12h00-13h00<br>Lunch  |                         |  |
| 13h00  | 13h00-14h00<br>Previous session continues  |   | 13h15-15h00<br>Workshops provided by RUN-EU partners (to be announced later)          |  |  |  |   |                         |  |
| 13h30  |  |   |   |  | 13h30-16h00<br>Building RUN-EU pedagogical culture<br><small>by Liisa Pöysti, Erika Vahja &amp; Jari Juusola</small>   | 13h30-16h00<br>Building Design Factory culture<br><small>by Design Factory staff</small> | 13h00-16h00<br>Group 1: Free time<br>Group 2: Prototyping session |                         |  |
| 14h00  | 14h00-16h00<br>Grouping: What is FASA?<br>FASA activities in RUN-EU institutions<br><small>by Liisa Pöysti, Erika Vahja &amp; Jari Juusola</small>   | 14h00-16h00<br>Grouping: Design Factory activities in RUN-EU institutions<br><small>by Design Factory staff</small> |   |  |  |  |   |                         |  |
| 14h30  |  |   |   |  |  |  |   |                         |  |
| 15h00  |  |   |   |  |  |  |   |                         |  |
| 15h30  |  |   | 15h00-19h00<br>Guided route around Aulanko Natural park (registration needed)         |  |  |  |   |                         |  |
| 16h00  |  |   |   |  | 16h00-17h00<br>DF Spaces & Machines (voluntary)  |  |   |                         |  |
| 16h30  |  |   |   |  |  |  |   |                         |  |
| 17h00  |  |   |   |  |  |  |   |                         |  |
| 17h30  | 18h30-20h00<br>Free time activity: Welcome to Hämeenlinna! (No registration needed)  |   |   |  |  |  |   |                         |  |

Image 3 – CDAP programme, 3rd edition (HAMK)

| Pedagogical Development Programme & Design Factory Bootcamp Schedule |  |                         |   |                         |  |                         |  |                         |  |
|--|--|-------------------------|---|-------------------------|--|-------------------------|--|-------------------------|--|
| MONDAY 26.09.  |  | TUESDAY 27.09.          |   | WEDNESDAY 28.09.        |  | THURSDAY 29.09.         |  | FRIDAY 30.09.           |  |
| LOCAL TIME   | Pedagogical Development Programme  | Design Factory Bootcamp | Pedagogical Development Programme   | Design Factory Bootcamp | Pedagogical Development Programme  | Design Factory Bootcamp | Pedagogical Development Programme  | Design Factory Bootcamp | Pedagogical Development Programme  |
| 9h00   | 9h00-10h00<br>Welcome & Orientation to the week  |                         | 9h00-12h00<br>Presenting RUN-EU goals, deliverables and materials.<br>Pedagogical framework of RUN-EU<br>Planning SAPs, programmes and Design Factory workshops |                         | 9h00-12h00<br>Learning Future Skills at Work in Transforming Industries<br>Skills Bulletins            |                         | 9h00-12h00<br>Design Thinking in practice<br>Group 1: Prototyping session<br>Group 2: Free time  |                         |  |
| 9h30   |  |                         |   |                         |  |                         |  |                         |  |
| 10h00  | 10h00-12h00<br>Interactive lecture: Perspectives on good teaching, learning and wellbeing<br>Group work "Learning Environments and wellbeing"  |                         |   |                         |  |                         |  |                         | 10h00-13h00<br>Working session: My steps towards Education 5.0<br>Closing the week |
| 10h30  |  |                         |   |                         |  |                         |  |                         |  |
| 11h00  |  |                         |   |                         |  |                         |  |                         |  |
| 11h30  |  |                         |   |                         |  |                         |  |                         |  |
| 12h00  |  |                         |   |                         |  |                         |  |                         |  |
| 12h30  | 12h00-13h00<br>Lunch   |                         | 12h00-14h00<br>Lunch & Walk in the forest   |                         | 12h00-13h30<br>Lunch   |                         | 12h00-13h00<br>Lunch   |                         |  |
| 13h00  | 13h00-14h00<br>Previous session continues  |                         |   |                         |  |                         |  |                         |  |
| 13h30  |  |                         |   |                         |  |                         |  |                         |  |
| 14h00  | 14h00-16h00<br>Preparing presentation on institutions pedagogical best practices and Design Factory implementation.<br>Presenting the results. |                         | 14h00-16h00<br>How to integrate Future Skills in Curriculum Level   |                         | 13h30-16h00<br>Building RUN-EU pedagogical culture and Design Factory culture                          |                         | 13h00-16h00<br>Design Thinking in practice<br>Group 1: Free time<br>Group 2: Prototyping session |                         |  |
| 14h30  |  |                         |   |                         |  |                         |  |                         |  |
| 15h00  |  |                         |   |                         |  |                         |  |                         |  |
| 15h30  |  |                         |   |                         |  |                         |  |                         |  |
| 16h00  |  |                         |   |                         |  |                         |  |                         |  |
| 16h30  |  |                         |   |                         | 16h00-><br>Social event and light dinner at Design Factory. Possibility to do a tour at Design Factory |                         |  |                         |  |
| 17h00  |  |                         |   |                         |  |                         |  |                         |  |
| 17h30  |  |                         |   |                         |  |                         |  |                         |  |

### 3.3 Programme of the CDAP organised at NHL Stenden

The CDAP organised at NHL Stenden focused on further development of the pedagogical framework and educational model for RUN-EU and included. It also included sessions on Design-Based Education, pedagogical workshops on blended learning and mentoring. It also included a joint session with RUN-EU HR conference and NHL Stenden Nature Positivity Green Pepper Week.

Image 4 – CDAP programme, 4<sup>th</sup> edition (NHL Stenden)

|         | MONDAY 22.05   |  | TUESDAY 23.05                                   |                                    | WEDNESDAY 24.05                                 |  | THURSDAY 25.05  |  | FRIDAY 26-05  |   |  |
|---------|--|--|---|------------------------------------|---|--|---|--|---|---|--|
|         | PEDAGOGICAL DEVELOPMENT PROGRAM                        | DESIGN FACTORY BOOTCAMP  | PEDAGOGICAL DEVELOPMENT PROGRAM                 | DESIGN FACTORY BOOTCAMP            | PEDAGOGICAL DEVELOPMENT PROGRAM                 | DESIGN FACTORY BOOTCAMP                                      | PEDAGOGICAL DEVELOPMENT PROGRAM                         | DESIGN FACTORY BOOTCAMP                      | PEDAGOGICAL DEVELOPMENT PROGRAM                         | DESIGN FACTORY BOOTCAMP                         |  |
|         | LOCATION BLOKHUISPOORT                                 |  | LOCATION BLOKHUISPOORT                          |                                    | LOCATION RB                                     |  | LOCATION BLOKHUISPOORT                                  |  | LOCATION BLOKHUISPOORT                                  |   |  |
| 9:00    | WELCOME, REGISTRATION & ORIENTATION                    |  | HOW STUDENT CENTERED IS YOUR EDUCATIONAL MODEL? | THE TEAM OF DF BUILDING DF CULTURE | NATURE POSITIVITY GREEN PEPPER WEEK LOCATION RB | HOW TO INTEGRATE REGIONAL CHALLENGES AND LEARNING PROCESSES? | CREATE YOUR EDUCATIONAL MODEL/FASA                      | CREATE YOUR OWN DF MISSION, VISION, STRATEGY | WORKING SESSION COLLABORATION OF FASA IN RUN EU         | WORKING SESSION COLLABORATION OF DF'S IN RUN EU |  |
| 10:00   | HOW DOES DBE WORK IN REAL LIFE?                        | HOW DOES A DF WORK IN REAL LIFE?                                     |   |                                    |   |  |   |  |   |   | HOW STUDENT CENTERED DO YOU WANT IT TO BE? |
| 11:00   |  | INTERACTIVE LECTURE: PERSPECTIVES ON COMMUNITY BUILDING & SAFE SPACE |   |                                    |   |  |   |  |   |   |  |
|         |  |  |   |                                    |   |  |   |  | SHOW YOUR RESULTS                                       |   |  |
| 12:00   | LUNCH  |  | LUNCH   |                                    | LUNCH   |  |   |  | CLOSING THE WEEK<br>FAREWELL LUNCH<br>LOCATION RB - R10 |   |  |
| 13:00   | TOUR THROUGH FUTURE DESIGN FACTORY                     |  | 2 WORKSHOPS                                     |                                    | DF NETWORK LUNCH - VALUE OF DF                  |  | HR CONFERENCE & EDUCATION FESTIVAL<br>LOCATION RB & R10 |  |   |   |  |
| 14:00   | HOW DOES YOUR EDUCATIONAL MODEL WORK?                  | WHAT MAKES A DF? PARTNER PRESENTATIONS ON (PROGRESS OF) LOCAL DF'S   |   |                                    | WORK SESSION                                    |  |   |  |   |   | GREEN PEPPER EVENT AT CAMPUS RB - R10      |
| 15:00   | PARTNER PRESENTATIONS<br>BEST PRACTICES AND CHALLENGES | BEST PRACTICES AND CHALLENGES  |   |                                    |   |  |   |  |   |   |  |
| 16:00   |  |  |   |                                    |   |  | NETWORK - DRINKS RB-R10                                 |  | NETWORK RB -R10   |   |  |
| 17:00   | PUBQUIZ  |  |   |                                    |   |  | NHL STENDEN CAMPUS TOUR (VOLUNTARY) RB-R10              |  |   |   |  |
| EVENING | WELCOME DINNER   |  |   |                                    |   |  | 2ND DINNER  |  |   |   |  |

### 3.4 Programme of the CDAP organised at IPCA


The final edition organised at IPCA focused on future skills development and familiarisation of the 50+10 model developed at the Institutional FASA of IPCA to foster the integration of future skills in learning programmes. Several sessions included group working on the topic of future skills. The focus was also on further development of the RUN-EU pedagogical model and framework.

Image 5 – CDAP programme, 5<sup>th</sup> edition (IPCA)

## SUPER WEEK

**23-27.OCT.2023**

IPCA, Barcelos, Portugal



**Programme**

|          | PDP   | DF                             | PDP   | DF  | PDP   | DF | PDP                                   | DF | PDP  | DF |
|----------|---|--------------------------------|---|---|---|----|---------------------------------------|----|--|----|
|          | Monday  |                                | Tuesday   |   | Wednesday                                     |    | Thursday                              |    | Friday                                       |    |
| 9:30 AM  | Welcome & Teambuilding                              |                                | How to develop future skills: 50+10 concept presentation                      |   | 50+10 skill challenge                         |    | 50+10 Sprint "Week - rapid prototype" |    | Show your results: SuperWeek Mural           |    |
| 10:30 AM | Break   |                                | Break   |   | Break   |    | Break                                 |    | Break  |    |
| 11h00    | SuperWeek Mural 101 (my pic & who are we)           |                                | 50+10: Sharing good practices   |   | Skill co-creation workshop                    |    | 50+10 Sprint "Week - rapid prototype" |    | Working session: RUN-EU future collaboration |    |
| 12h30    | Free time for lunch                                 |                                | Free time for lunch   |   | Free time for lunch<br>13h30: Campus bus stop |    | Free time for lunch                   |    | Farewell Snack (IPCA's courtesy)             |    |
| 14h00    | Introduction to RUN-EU pedagogical framework (HAMK) | Building DF culture (TUS/HAMK) | RUN-EU pedagogical framework as a tool for developing your own teaching (NHL) | Create your own DF mission, vision & strategy (ESD) | Site visit to Braga                           |    | Site visit to Barcelos                |    |  |    |
| 15h30    | Break   |                                | Break   |   |   |    |                                       |    |  |    |
| 16h00    | Introduction to RUN-EU pedagogical framework (HAMK) | Building DF culture (TUS/HAMK) | Campus Tour   |   |   |    |                                       |    |  |    |
| 17h00    |   |                                |   |   |   |    |                                       |    |  |    |
| 19h00    | 19h00: Return to Campus                             |                                |   |   |   |    |                                       |    |  |    |

PDP + DF

with/ YES Programme

### 3.5 Methods

Each CDAP utilised student-centred and innovative teaching methods. Each edition included lectures providing research-based knowledge about higher education teaching and learning, but mostly the sessions were based on group work, discussions and different kinds of activating tasks. Sometimes the teachers worked together with teachers from their own institutions, but mostly the groups had a mixture of participants from different RUN-EU institutions. The sessions were provided mainly by the teachers and experts of the organising institution, but in each edition, some sessions were provided by experts from other RUN-EU institutions.



## 4. Feedback

Anonymous feedback was collected from the participants at the end of the CDAP in each edition. However, the same feedback form was collected also from those who joined the Design Factory bootcamp, and it is not possible to differentiate the responses of CDAP and bootcamp participants. Thus, the feedback reflects the overall experience of both programmes. The participants were asked to rate the overall experience, which was rated above 4 (scale 1-5) in all editions. Moreover, the participants were asked to provide qualitative feedback of what they enjoyed the most, what were the most significant learning experiences and what did not reach their expectations. In all editions, there was also a feedback discussion at the end of the programme.

### *4.1 Participants enjoyed the most*

The participants mentioned several aspects they enjoyed, but mostly they focused on collaborating the other participants, as the following quotations show:

- Working and collaborating with RUN-EU colleagues
- The energy of everyone involved! Growing together with total strangers, but it felt like direct colleagues.
- How we really collaborated, feeling comfortable and engaged. Everyone having a voice, regardless of their position. We were heard for our ideas not our status.
- Working together with colleagues on a new pedagogical framework is really great to do!
- Teamwork and sharing ideas.
- The improvement of competences and social connections with other European colleagues
- Hands-on experience
- Prototyping

### *4.2 Most significant learning experiences*

The most significant learning experiences focused mostly on learning new activating teaching methods and gaining ideas for own teaching as well as on learning about the importance of well-being in teaching, as the following examples show:

- Different kinds of workshops and implementing them to own teaching
- Building together with open minds on the fundamentals of the former pedagogical model towards a new model

- To directly observe in the classroom pedagogical approaches different from the ones I use.
- The different kind of workshops I can apply myself as well while working with students
- The complexity of the new pedagogical methodology
- Being able to grasp participatory teaching
- To address the topic of wellbeing and self-compassion
- Improvement of social competences
- Learning to develop teamwork activities

### *4.3 Hopes for improvement*

The participants also suggested some ideas for further improvement. Some hoped for more hands-on experiences and practical workshops. Some participants considered that the programme was too intensive and some hoped for more social and cultural programme, as the following examples show:

- More hands-on experience
- More practical workshops
- More social and cultural programme after the sessions
- The last two days were a bit hard. Working in groups and having so much ideas can be tiresome :D
- A clearer aim or end for the project

## 5. Conclusions of the CDAP

The five editions of the CDAPs were successful in terms of the number of participating teachers and, according to the feedback, also in terms of the content. However, there were only few participants from some RUN-EU institutions. The best outcomes were reached by those institutions, where the leader of Institutional FASA joined all editions of the CDAP and recruited a large number of teachers to join the programme. For example, the participants from IPCA have developed a model for development of future skills as a result of the CDAPs, which is currently used in their university. Even though some institutions were well represented in the CDAPs, it covers a very limited number of teachers in RUN-EU institutions.

**Image 6 – Participants presenting their feedback of the CDAP**



## 6. Online workshops

As amendments to the project plan, FASA organised seven 2-hour online workshops to enhance pedagogical development. The workshops were open to all RUN-EU teachers and staff. Four workshops were organised during October-December 2022 and three workshops in November-December 2023. All Institutional FASAs of RUN-EU participated in organising the workshops, and each workshop was organised by at least two partners. All workshops included research-based knowledge about the topic and activating assignments. Altogether 241 participants joined the workshops (see Table 2).

**Table 2 – Information about the workshops**

| Workshop title  | Time              | Organising partners     | Number of participants |
|---|-------------------|-------------------------|------------------------|
| Constructive alignment and assessment   | October 31, 2022  | HAMK, IPCA              | 37                     |
| Future skills, 1 <sup>st</sup> edition  | November 2, 2022  | NHL Stenden, FHV        | 31                     |
| Online learning   | November 18, 2022 | IPLeiria, TUS           | 24                     |
| How can teachers support their own and their students' wellbeing, 1 <sup>st</sup> edition | December 8, 2022  | HAMK, SZE               | 34                     |
| How can teachers support their own and their students' wellbeing, 2 <sup>nd</sup> edition | November 20, 2023 | HAMK, SZE               | 50                     |
| Future skills, 2 <sup>nd</sup> edition  | November 27, 2023 | IPLeiria, IPCA, FHV     | 27                     |
| Intercultural communication   | December 5, 2023  | TUS, IPLeiria, SZE, FHV | 38                     |
| <b>Total number of participants</b>   |                   |                         | <b>241</b>             |

For each workshop, a brochure was prepared for communication purposes. In each workshop brochure, a short description of the workshop was included:

### **Constructive alignment and assessment**

The workshop will focus on questions such as: How can teachers support students' learning through assessment? What is constructive alignment, and how can teachers use it to enhance students' deep learning and future skills? The workshop consists of introduction to recent research as well as activating tasks (both individual and group activities).

### **Future skills, 1<sup>st</sup> and 2<sup>nd</sup> edition**

This workshop aims to develop a shared understanding on what are future advanced skills and how to develop them. We will discuss the concept as well as methodologies and strategies to address this challenge in practice. Learning activities planned are: introduction, ice break, interactive presentation, breakout rooms for small group discussions, and debrief.

### **Online learning and teaching**

This workshop will focus on the engagement part of online teaching and ask the following questions:

- Why is engagement important and how can teachers use it to improve students' learning?

- How can teachers support students' learning through digital tools?

Technology does not lead the lesson, it supports the lesson, so the workshop will introduce some useful tools for engaging students, supporting these approaches with a focus on pedagogy, through a joint sharing of practices.

### **How can teachers support their own and their students' wellbeing?, 1<sup>st</sup> and 2<sup>nd</sup> edition**

Student and teacher wellbeing are closely related with the quality of teaching and learning. In this webinar, teachers get ideas and tools for supporting both their own, but also their students' psychological wellbeing. The webinar consists of introduction to recent research and group work.

### **Intercultural Communication**

The RUN EU community is a mosaic of different cultures and languages. This may present certain challenges for both staff and students working within RUN EU because of the linguistic and cultural differences we face. This webinar focuses on how to facilitate communication across cultures by addressing these questions.

- What do we mean by intercultural communication and why is it important?
- How can we develop our intercultural communication skills?

**Image 7 – Brochure of the workshop ‘How can teachers support their own and their students’ well-being?’**



**HOW CAN TEACHERS  
SUPPORT THEIR OWN  
AND THEIR STUDENTS'  
WELL-BEING?  
ONLINE WORKSHOP**

**20.NOVEMBER.2023**  
14h00-16h00 CET

**Student and teacher well-being are closely related with the quality of teaching and learning.**  
In this webinar, teachers get ideas and tools for supporting both their own, but also their students' psychological well-being. The webinar consists of an introduction to recent research and group work.

**Eligible participants:**  
All staff members of RUN-EU member universities  
Register by 16.11.2023

COORDINATION:  
Háms University of Applied Sciences  
University of Győr - Széchenyi István University

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

## 7. Pictures of the CDAPs

Image 8 - Group work at HAMK



Image 9 - Joint session with the students at HAMK

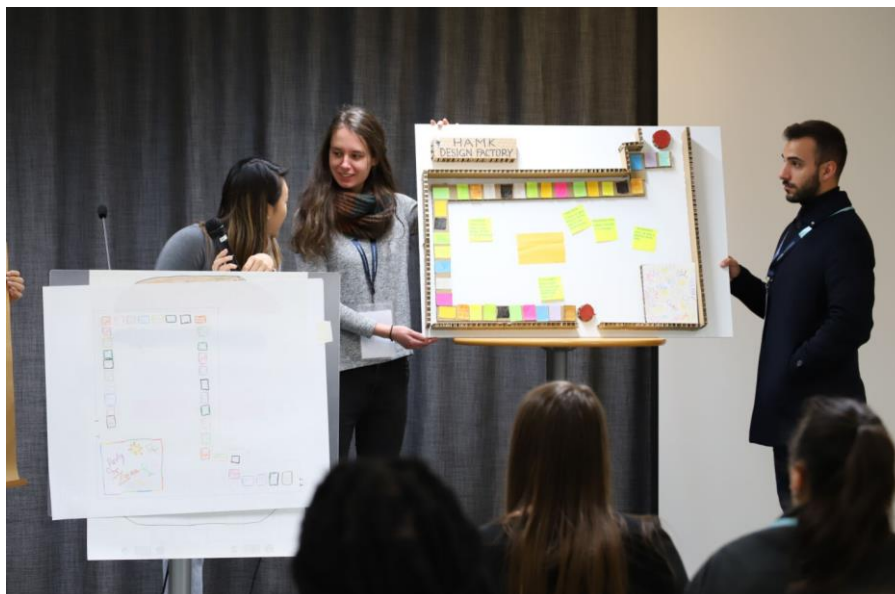




Image 10 - Group work at NHL Stenden



Image 11 - The outcome of group activity

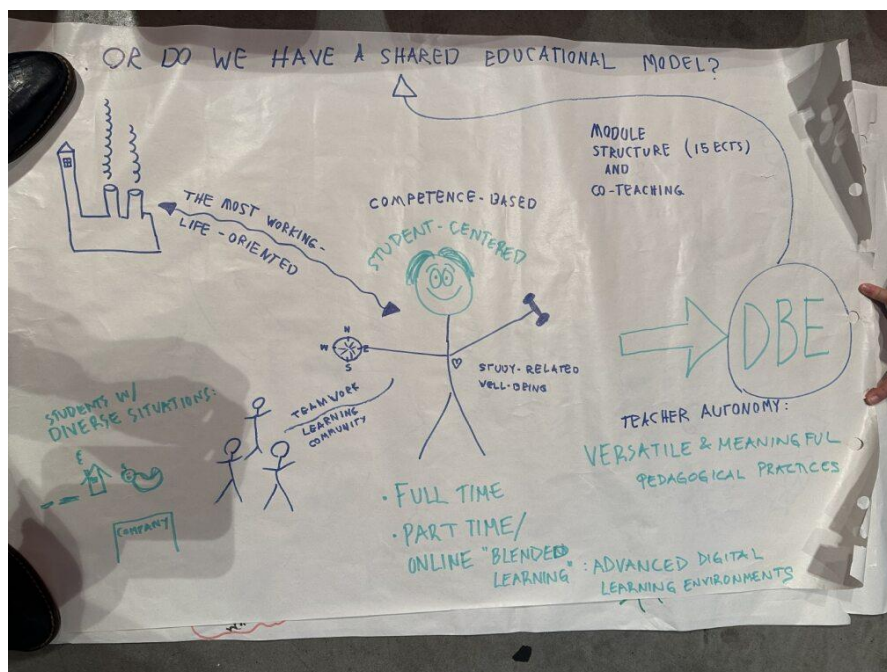


Image 12 - Joint session with RUN-EU HR conference at NHL Stenden



Image 13 - Group discussions at IPCA





Image 14 - RUN-EU pedagogical framework developed during the CDAP

