

# PREVENTING SOCIAL EXCLUSION OF YOUNG PEOPLE

**5.MAR-24.APR.2024**

## SAP OVERVIEW

Young people are among the most vulnerable in our society. 1 out of 5 children live in families that are at the risk of poverty and one third of young adults in Europe are currently unemployed, not in education or training and therefore face social exclusion. Social service, provided for instance through social work, can provide innovative and creative approaches to build inclusive and sustainable communities for young people and to minimise social and climate inequalities. In this programme you will be challenged to apply critical thinking to provide solutions to social issues commonly encountered in society. In multidisciplinary student design teams you will contribute to inclusive methods to enhance the well-being of young people, help prevent social exclusion and develop innovative solutions tackling social and environmental inequalities. The SAP is mainly designed for bachelor levels, master and PHDs students are welcome to apply.

## LEARNING OUTCOMES

At the end of this RUN-EU SAP, you will be able to:

- Identify and demonstrate knowledge of the major concepts, theoretical perspectives, and historical trends related to youth work and social exclusion.
- Apply critical thinking to provide practical solutions to problem-based scenarios or social issues commonly encountered in the field.
- Understand and apply inclusive methods to enhance the well-being of young people and help prevent social exclusion.
- Understand the importance of climate justice for youth work and reflect on personal behaviour and political actions towards sustainability.
- Practice transdisciplinary approaches to social inclusive methods.
- Work in multidisciplinary and multicultural teams.
- Communicate solutions for societal real problems and challenges that demand innovation and various skills.

**+INFO:** [www.run-eu.eu](http://www.run-eu.eu)

Organised by: HAMK, NHL Stenden, FHV

**DATE** From **5 March to 24 April 2024**  
Face-to-Face Week: FHV, Austria 18-22 March

**MODE OF DELIVERY** Blended

**LANGUAGE OF INSTRUCTION** English

**ECTS CREDITS** 3

## ACADEMIC RECOGNITION

To be defined by each Home Institution. In general terms, most students will have this RUN-EU SAP certified in the Diploma Supplement, as a minimal condition.

## ELIGIBLE PARTICIPANTS

All RUN-EU Degree Students

## HOW TO APPLY

Fill in the application form ([QR](#) or [website](#))



## DEADLINE FOR APPLICATIONS

**13 December 2023**

## CONTACT DETAILS

[anja.kerle@fhv.at](mailto:anja.kerle@fhv.at)

[carmen.hofer-temmel@fhv.at](mailto:carmen.hofer-temmel@fhv.at)



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**5.MAR-24.APR.2024**

## SELECTION CRITERIA

Background, motivation, representation of subject areas/fields, balanced participation of RUN-EU member institutions. A maximum of 35 students will be selected for this programme. The selection team will also take steps towards ensuring a diverse and representative group of students.

## LEARNING AND TEACHING STRATEGY

Active learning, learner-centred teaching, collaborative methods. Activities; workshops; interactive lectures; peer teaching/learning; project work; presentations; discussions; problem solving tasks.  
Live sessions (whole class/group work), independent work (group/individual) with/without mentor support, excursions and site visits in Austria.  
Platforms: Teams, Padlet.

## PREREQUISITES

None.

## COURSES LEADERS | LECTURERS

### Courses leaders

Anja Kerle (FHV)  
Carmen Hofer-Temmel (FHV)

### Lecturers

Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)  
Marcha Hartman-van der Laan (NHL Stenden)  
Hardus Brunt (NHL Stenden)  
Janneke Metselaar (NHL Stenden)

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## PHYSICAL MOBILITY | SCHOLARSHIPS AVAILABLE

For students:  
Maximum number of mobile students: 35  
The lump sums will be announced later within the RUN-EU 2.0 frame.

## MEANS AND CRITERIA FOR ASSESSMENT

Individual participation (attendance): 20%.  
Group project: 80% (60% Design Sessions + 20% (interim) Presentation). Active participation from all students is mandatory in all group presentations.

## CERTIFICATION

The participants who successfully complete this RUN-EU SAP, will receive a Certificate of Participation and a Transcript of Records jointly issued by the organising institutions.

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5.MAR-24.APR.2024

## PROGRAMME AT A GLANCE

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2											
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>TUESDAY 5/03 ONLINE</b>					WELCOME & OPENING SESSION	INTRODUCTION & PITCHES OF SOCIAL ISSUES		TEAM-BUILDING			
<b>MONDAY 18/03</b>	OPENING DESIGN WEEK & INTRODUCTION	GROUP BUILDING ACTIVITY		LUNCH BREAK	PRESENTATION GROUP WORK: DISCOVER	GROUP WORK IN DESIGN WORKSHOPS: DISCOVER		PRESENTATION OF GROUP WORK	DINNER & EVENING PROGRAMME (SELF-ORGANIZED)		
<b>TUESDAY 19/03</b>	EXCURSION & HIKING			LUNCH BREAK		LESSON: CLIMATE JUSTICE & YOUTH WORK	EXPERIENCES FROM FIELD WORKER	REFLECTION & TRANSFER	DINNER & EVENING PROGRAMME (SELF-ORGANIZED)		
<b>WEDNESDAY 20/03</b>	FIELD TRIP			LUNCH BREAK		FIELD TRIP			DINNER & EVENING PROGRAMME (SELF-ORGANIZED)		
<b>THURSDAY 21/03</b>	LESSON: MIND THE DIGITAL GAP	GROUP WORK: DISCOVER & DEFINE		GAME & LUNCH BREAK		GROUP WORK: DEFINE	LEISURE (SELF-ORGANIZED)			SOCIAL EVENT	
<b>FRIDAY 22/03</b>	GROUP WORK: DEFINE & DESIGN CHALLENGE	PRESENTATION		EVALUATION & CLOSING	LEISURE, CULTURAL ACTIVITIES, DEPARTURE (SELF-ORGANIZED)						
<b>WEDNESDAY 24/04 ONLINE</b>	WELCOME	FINAL PRESENTATIONS STUDENT DESIGN TEAMS		CLOSING							



# PREVENTING SOCIAL EXCLUSION OF YOUNG PEOPLE

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

**5 MARCH**

**TUESDAY 13H00-17H00 · GMT+1 · ONLINE**

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00





TUESDAY  
5/03


WELCOME &  
OPENING  
SESSION

INTRODUCTION & PITCHES  
OF SOCIAL ISSUES

TEAM-  
BUILDING


## Welcome & Opening Session

-  13h00-14h00
-  Online lecture
-  Anja Kerle (FHV)
-  Carmen Hofer-Temmel (FHV)

 During the Welcome & Opening Session the kick-off of the SAP will take place. In this online session both SAP participants (students and lecturers) and the external community will take part. After an online "check in" activity, the rector of the university will deliver an introductory speech and welcoming word. The mission and values of RUN-EU, the role of the SAPs and the wide range of opportunities available, will be introduced. Partners of the external community and the team of lectures will be introduced to the students. An overview of the SAP programme will be presented.


## Introduction & Pitches of social issues

-  14h00-16h00
-  Online lecture
-  Jonna Niemelä (HAMK)
-  Janneke Metselaar (NHL Stenden)
-  Carmen Hofer-Temmel (FHV)

 In a short introduction the issue of social exclusion of young people will be presented. A short introduction will be given into the Design Thinking Approach. The several phases will be presented: discover, define, develop and deliver. Social issues will be pitched by field workers throughout Europe. These concern among others the following issues: 1) challenges in youth work; 2) youth poverty; 3) climate justice/ green social work with youth; 4) inclusive communities; 5) queer youth work

## Teambuilding

-  16h00-17h00
-  Online lecture
-  Hardus Brunt (NHL Stenden)
-  Marcha Hartman-van der Laan (NHL Stenden)
-  Samu Toivonen (HAMK)
-  Anja Kerle (FHV)

 The Student Design Teams will start their design process by online teambuilding activities and a thorough orientation on the first phase of their group work: discover the ins and outs of the social issues on which the Student Design Teams will be working throughout the SAP. Each team will be coached by lecturers of FHV, HAMK and NHL Stenden.

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18 MARCH

MONDAY 9H00-17H00 - FHV

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>MONDAY 18/03</b>	OPENING DESIGN WEEK & INTRODUCCION		GROUP BUILDING ACTIVITY	LUNCH BREAK	PRESENTATION GROUP WORK: DISCOVER	GROUP WORK IN DESIGN WORKSHOPS: DISCOVER		PRESENTATION GROUP WORK	DINNER & EVENING PROGRAMME (SELF-ORGANIZED)		

## Opening Design Week & Introduction

🕒 9h00-10h30

👥 Group work, live lecture and teambuilding

👤 Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)  
Victoria Richter (FHV)

📄 In the first session of the Design Week, the students get a warm welcome. The detailed planning of the week will be presented and the introducing of the facilitations.

## Group Work in Design Workshops: Discover

🕒 14h00-16h00

👥 Group work

👤 Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)

📄 Students will be working together in a Community of Learners. The discover phase of the design process will be explored.

## Group Building Activity

🕒 10h30-12h00

👥 Activity

👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)

📄 Students and lecturers will take part in an activity in order to get to know to each other.

## Presentation of Group Work: First discover & next steps

🕒 16h00-17h00

👥 Live lecture

👤 Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)

📄 Students present the results of the design session.

## Presentation of Group Work: Discover

🕒 13h00-14h00

👥 Plenary session

👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)  
Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)  
Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)

📄 Students will present their ideas and issues they have been exploring since the kick-off meeting.



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19 MARCH

TUESDAY 9H00-17H00 · FHV

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>TUESDAY 19/03</b>	EXCURSION & HIKING			LUNCH BREAK		LESSON: CLIMATE JUSTICE & YOUTH WORK	EXPERIENCES FROM FIELD WORKER	REFLECTION & TRANSFER	DINNER & EVENING PROGRAMME (SELF-ORGANIZED)		

## Field trip & Teambuilding: Hiking at the mountains

🕒 9h00-12h00

🗺️ Excursion

👤 Hardus Brunt (NHL Stenden)

Marcha Hartman-van der Laan  
(NHL Stenden)

Janneke Metselaar (NHL Stenden)

Jonna Niemelä (HAMK)

Samu Toivonen (HAMK)

Carmen Hofer-Temmel (FHV)

Anja Kerle (FHV)

📄 Students will be hiking in the mountains, as a typical leisure activity in Vorarlberg. Information about the change of the area in order to climate crisis will be provided, therefore, students will experience the consequences of climate change on the first hand. A traditional Austrian lunch will be provided.

## Lesson: Climate Justice & Youth Work

🕒 14h00-15h00

🗺️ Live lecture

👤 Anja Kerle (FHV)

📄 During this lecture we will make the connection between the social issues and sustainability and inspire the Student Design Teams to explore 'green' possibilities and challenges for youth work in Europe in relation to the design they are working on.

## Reflection & Transfer

🕒 16h00-17h00

🗺️ Group work

👤 Anja Kerle (FHV)

Carmen Hofer-Temmel (FHV)

📄 Students will reflect on the learned things and consider to integrate the insights in their design process.

## Experiences from field worker: Youth work in the mountains

🕒 15h00-16h00

🗺️ Live lecture

👤 Field worker (Open youth work  
Bregenzer Wald)

📄 A youth worker from the field will tell the students about the challenges and conditions of youth work in mountain areas.

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20 MARCH

WEDNESDAY 9H00-17H00 · FHV

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>WEDNESDAY 20/03</b>	FIELD TRIP			LUNCH BREAK		FIELD TRIP			DINNER & EVENING PROGRAMME (SELF-ORGANIZED)		

## Field trip: Open youth work Dornbirn

🕒 9h00-12h00

📍 Field trip

👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)  
Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)  
Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)

📄 The open youth work Dornbirn (OJAD) offers different projects for young people, for example youth houses with cultural programme (concerts, hip hop workshops), sport programme (basketball), school projects and working projects (boat workshop). Through various projects they aim to enable youth to participate in the society.

## Field trip: Queer youth work (Amazone Bregenz)

🕒 14h00-17h00

📍 Field trip

👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)  
Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)  
Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)

📄 Amazone Bregenz is a youth organization that works with girls\* and queer youth. They have innovative approaches to empower young FLINTA\*s and to create safe spaces, where queer youth can meet and discover their identities.



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21 MARCH

THURSDAY 9H00-20H00 · FHV

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>THURSDAY 21/03</b>	<b>LESSON: MIND THE DIGITAL GAP</b>	<b>GROUP WORK: DISCOVER &amp; DEFINE</b>	<b>GAME &amp; LUNCH BREAK</b>	<b>GROUP WORK: DEFINE</b>	<b>LEISURE (SELF-ORGANIZED)</b>			<b>SOCIAL EVENT</b>			

## Lesson: Mind the digital gap

🕒 9h00-10h00

📺 Live lecture

👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)

📄 How unequal access to internet can lead to social economic inequality and exclusion. Therefore, where your cradle is determines your digital functioning, digital self-reliance and can lead to exclusion of education, jobs and a higher social economic status. This lecture provides insights into the causes underlying digital inequality among children in different types of households, which can lead to inequality of opportunity.

## Group Work: Discover & Define

🕒 10h00-12h00

📺 Group work

👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)  
Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)  
Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)

📄 Students will finish their results of the discover phase and will start the define phase for their group work.

## Group Work: Define

🕒 14h00-15h00

📺 Group work

👤 Hardus Brunt (NHL Stenden), Marcha Hartman-van der Laan (NHL Stenden), Janneke Metselaar (NHL Stenden), Jonna Niemelä (HAMK), Samu Toivonen (HAMK), Carmen Hofer-Temmel (FHV), Anja Kerle (FHV)

📄 Students will progress with their definition of the problem of 'their' social issue.

## Game & Lunch break

🕒 12h00-14h00

📺 Game activity

👤 Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)

📄 The students will take part in an interactive game activity which will further advance the define phase. Through gamification students will become familiar with how it can be utilized as a method in youth work. The interactive game will assist in orientation to required themes as well as the physical environment and culture of the host country.



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22 MARCH

FRIDAY 9H00-12H30 · FHV

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>FRIDAY 22/03</b>	GROUP WORK: DEFINE & DESIGN CHALLENGE		PRESENTATION	EVALUATION & CLOSING	LEISURE, CULTURAL ACTIVITIES, DEPARTURE (SELF-ORGANIZED)						

## Group Work: Define & Design Challenge

- 🕒 9h00-10h30
- 👥 Group work
- 👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)  
Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)  
Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)
- 📄 During this moment of group work, the orientation on the develop phase will be completed as much as possible and the phase of ideas on prototypes will be discussed.

## Presentation: Definition of the problem

- 🕒 10h30-12h00
- 👥 Group work
- 👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)  
Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)  
Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)
- 📄 Students will present their work process and get some feedback from the lecturers. During this plenary session there will be opportunities for students and lectures to exchange and reflect on the progress of the design projects of the Student Design Teams.

## Evaluation & Closing

- 🕒 12h00-12h30
- 👥 Activity
- 👤 Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)
- 📄 A short wrap up and evaluation about the mobility week will be done. A short farewell ceremony will take place.

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24 APRIL

WEDNESDAY 9H00-12H00 · GMT+1 · ONLINE

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>WEDNESDAY 24/04</b>		<b>WEL- COME</b>	<b>FINAL PRESENTATIONS STUDENT DESIGN TEAMS</b>	<b>CLOSING</b>							

## Welcome

🕒 9h00-09h30

📄 Activity

👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)  
Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)  
Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)

📄 The online closing session of the SAP starts with a short introduction and welcome to all participants, including the field workers from several European countries who pitched the social issues on which the students have been working in the Student Design teams.

## Final Presentations: Student Design Teams

🕒 09h30-11h30

📄 Group work

👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)  
Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)  
Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)

📄 The students will present the final version of their work in the online meeting. During this plenary session there will be opportunities for the field workers, students and lectures to exchange and reflect on the final results of the design projects.

## Reflecting & Closing

🕒 11h30-12h00

📄 Activity

👤 Hardus Brunt (NHL Stenden)  
Marcha Hartman-van der Laan (NHL Stenden)  
Janneke Metselaar (NHL Stenden)  
Jonna Niemelä (HAMK)  
Samu Toivonen (HAMK)  
Carmen Hofer-Temmel (FHV)  
Anja Kerle (FHV)

📄 During the "How you learn activity" the SAP will be evaluated and finalised.