

Student Council Summit – Amplify Your Voice, Shape the Future!

WEDNESDAY 4 OCT

THURSDAY 5 OCT

FRIDAY 6 OCT

LOCAL TIME	Blokhuispoort	NHL Stenden Mill	NHL Stenden Mill
9h00	<p>9h00-17h30</p> <p>Travel & Pre-departure Challenge</p>	9h00-11h00	9h00-9h45
9h30		Professionalisation of the RUN-EU Student Council	Cultivating Creativity R10- A1.025 (Auditorium)
10h00			10h00-12h30
10h30			Group Ideation Sessions
11h00			11h00-12h30
11h30			CouncilConvo– Your Ideas, Your Vote
12h00			12h30-13h30
12h30			Lunch
13h00			12h30-13h30
13h30			Lunch
14h00			13h30-14h15
14h30			Workshop Wonderland (1)
15h00			14h30-15h15
15h30			Workshop Wonderland (2)
16h00		15h30-16h30	
16h30		Roundtable Forum	
18h00		16h30-17h15	
17h30		Green Campus Tour	
18h00	17h15-20h00	17h30-20h00	16h00-18h00
	Registration & Taste my country!	Pop-up Dinner	Finale Celebration R10- A1.025 (Auditorium)
			18h00-20h00
			Goodbye Dinner

WORKSHOP WONDERLAND – STUDENT SPEAKERS

DESIGN RUN-EU MERCHANDISE

Ana Rita Gomes Freitas (A0.10 - R8 building)

Use your creativity to play a key role in the creation of RUN-EU merchandise.

VOLUNTEERING

Alexander Floresti (The mill building)

Community service, impact and volunteering opportunities in the region – Get inspired by Rotaract International Groningen

MENTAL HEALTH & APPETITE

Tiago António Rosa Novo (B016 – R10 building)

Mechanisms of the appetite; Impact of mental health on the effects of appetite; Strategies of management in the control of appetite.

BUSINESS PARC - IGNITE YOUR IDEAS

Ricardo Drossinos (T.B.D.)

Business blueprint bootcamp workshop, get inspired to think like an entrepreneur!

YOUR SKILLS, YOUR JOURNEY

Azzah Uwineezah (B015 – R10 building)

Workshop targets to unlock the students' potential and equip them with skills to navigate Tomorrow's world.

SUSTAINABILITY CHALLENGE

Victoria Snouk Hurgronje (Green Office - R10 building)

Dive into the Sustainable Development Goals through a fun game.

PRE-DEPARTURE CHALLENGE

Explore the Netherlands Before Touchdown!

INSTRUCTIONS

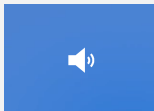
Join forces with your fellow council members from your country to capture your experience coming to the Netherlands

- Record yourself trying to pronounce the Dutch phrases listed below 🗣️
- Capture the first thing that catches your eye upon arrival in the Netherlands 👁️
- Show off the places you go and the food you try 🍔
- Capture something that brings a smile to your face during your journey 😊
- And of course, share any other awesome elements you'd like to add to the mix. Let the fun begin! 🎉

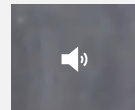
SUBMISSION

Curious about the ultimate content creator among RUN-EU countries?

- Let's find out by showcasing your creations in real time to fellow students during your journey.
- To do this, make sure to share your creations to the RUN-EU [Student Council Summit Instagram Group](#)
- We look forward to meeting you in Leeuwarden!



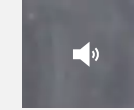
HELLO



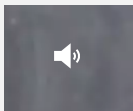
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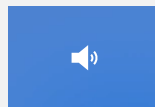
HOW ARE YOU?



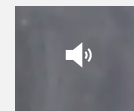
CHEERS



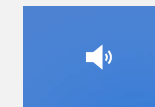
YES



GOODBYE



THANK YOU



WHERE ARE YOU FROM?