### **Students' Testimonials**



**Tatiana Vetešková** Construction Engineering HAMK • Finland 'Taking part in a SAP in Portugal was truly a one-of-a-kind experience that affected both my professional and personal life.

Being part of the group felt like belonging to a big intercultural family full of wonderful people with brilliant ideas.

I felt welcomed and accepted for who I am and what I do. This encouraged me to always keep my eyes and heart open and continue creating the desired future for myself and others around me.'

## **Opportunities for Students**

STUDY Abroad

REGIONAL UNIVERSITY

NETWORK

EUROPEAN UNIVERSITY

SHORT ADVANCED PROGRAMME

STUDENT COUNCIL JOINT DEGREE DOUBLE DEGREE BACHELOR/MASTER/PhD RESEARCH GRANTS

'I highly recommend the SAPs of RUN-EU. It opens one's mind to the possibility of a brighter tomorrow through means of innovation, creativity, and togetherness with students from different cultural backgrounds, life, and experiences.

The idea of a SAP is to use the perspective of all participating students and merge them into the creation of a new product or resulting in a better way of looking at the world, in doing so helping higher education evolve and stay relevant as well as ahead of time.'

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Erasmus+ Programme

he European Unior



**Jean Oliviera** MA Student NHL Stenden • The Netherlands

FHV Vorariberg University



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# What is RUN-EU?

The Regional University Network – European University (RUN-EU) is an alliance of European Universities that aims for excellence in research, teaching, and innovation, promotes joint activities and development of projects that foster European Union values and way of life, including multiculturalism and inclusiveness, as well as the sustainable social and economic development of the regions.

### **DID YOU KNOW YOU CAN:**

Gain international experience?

Do micro-credentials with a Short Advanced Programme?

#### Do a Joint or Double Degree?

Lengage in research activities abroad?

## What are the RUN-EU Study Programmes?

There are various possibilities, from the usual exchange for one semester to working together with international students from the RUN-EU partners on projects or a Short Advanced Programme, at the site or online.

### Are you looking for a short international experience?

Then enrol for a Short Advanced Programme (SAP) for one to eight weeks. During a Short Advanced Programme you will immerse yourself in a challenging subject for a short period, the topics are as diverse as the students you work with. The theme does not necessarily have to link with your study programme. We can use your fresh perspective!

As a student, you can also participate in one of the joint or double degrees. If you opt for a double degree programme, you will receive two diplomas at the end of your studies, one from each participating university of applied sciences.

#### What do you get out of it?

RUN-EU is a unique opportunity to study with students from all the partners and a perfect opportunity to expand your network. Or apply to be part of the RUN-EU student council.

You will discover in practice what skills you need to work in an intercultural environment. This will be useful for your future and increase your chances in the labour market.

## More information and how can you apply?

Whether you are a first-year student, a graduate or a master's student, you can participate in RUN-EU activities or programmes throughout your studies. Please visit the International Office of your university for more information and possible mobility grants.



Discover all RUN-EU has to offer