

SHORT
ADVANCED
PROGRAMME

RUN REGIONAL
UNIVERSITY
NETWORK
EUROPEAN UNIVERSITY

STRESS AND STRESS MANAGEMENT IN EDUCATIONAL CONTEXTS SECOND EDITION

6.NOV-1.DEC.2023

Face-to-Face Week: Technological University of the Shannon,
Limerick, Ireland 27 November - 1 December

This SAP offers an active learning journey and approach from the understanding of stress to how to cope with it, particularly in educational context.

Collaborative case study, active learning, peer learning, independent learning, and storytelling based learning

2 ECTS Credits

Eligible participants

RUN-EU staff and students from level 8 and 9 study cycles.
Organisational networks of RUN-EU members.

Deadline for applications

29 September 2023

COORDINATION:

Technological University of the Shannon
Polytechnic of Leiria



Fill in the application form
(QR or website)

+INFO: www.run-eu.eu



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