

# LIVING PLAYGROUND IN FINLAND

**5-20.SEPTEMBER.2023**

## SAP OVERVIEW

The SAP Living Playground proposes the knowledge and enhancement of the social and environmental heritage of the chosen territory and setting up proposals for intervention in the public space that promote individual and collective well-being, creating dynamics of living space that involve the community, encouraging their direct participation in its preservation and development. The programme's strategic approach is based on the knowledge of the site's identity, within its various dimensions (native flora and fauna, land conditions, current and past uses, sun exposure, hydrographic index, winds, e.g.), as the genesis of a plan, restoring and establishing ecosystems, from a micro to a macro scale.

## LEARNING OUTCOMES

At the end of this RUN-EU SAP, you will be able to:

- understand the relevance of knowledge and enhancement of the territory and local cultural identities
- create proposals for intervention in the public space that contribute to their environmental and cultural qualification, and the promotion of individual and collective well-being
- apply critical thinking to provide practical solutions to problem-based scenarios encountered in the field
- collaborate with others to achieve common goals
- discuss different cultural and social approaches to improve understanding of the health and well-being of ecosystems and humans.

**+INFO:** [www.run-eu.eu](http://www.run-eu.eu)

Organised by: Häme University of Applied Sciences  
Polytechnic of Leiria

**DATE** From **5 to 20 September 2023**  
Face-to-Face Weeks: HAMK, Lepaa, Finland 11-15 September

**MODE OF DELIVERY** Blended

**LANGUAGE OF INSTRUCTION** English

**ECTS CREDITS** 3

## ACADEMIC RECOGNITION

To be defined by each home higher education institution. Generally, most students will have this SAP certified in their diploma supplement, as a minimal condition.

## ELIGIBLE PARTICIPANTS

All RUN-EU degree students, primarily Design, Landscape and Built Environment students.



## HOW TO APPLY

Fill in the application form (**QR or website**)

## DEADLINE FOR APPLICATIONS

**12 June 2023**

## CONTACT DETAILS

[run-eu@hamk.fi](mailto:run-eu@hamk.fi)



# LIVING PLAYGROUND IN FINLAND

**5-20.SEPTEMBER.2023**

## SELECTION CRITERIA

Students will be selected based on the fulfilment of requirements, CV and information provided in a video and/or in a motivation letter. A minimum of 8 places will be reserved for each of the two host institutions (Polytechnic of Leiria/ ESAD.CR and HAMK built environment). The total number of students to be selected is 21. After that, the remaining 5 places will be distributed to all applicants. Selection will always be based on requirements and submitted applications concerning motivation. The selection team will also take steps toward ensuring diversity and representativity.

## LEARNING AND TEACHING STRATEGY

Active and collaborative learning (teams and partners)  
Site visits  
Problem-based learning and creative methods Exploratory approach  
Project work in international mixed groups  
The students will work in transnational teams in a multidisciplinary context  
Platforms: Zoom and Teams

## COURSES LEADERS | LECTURERS

### Courses leaders

Sari Suomalainen (HAMK)  
Sanni Virjula (HAMK)  
Carla Lobo (Polytechnic of Leiria)  
Fernando Carradas (Polytechnic of Leiria)

### Lecturers

Sari Suomalainen (HAMK)  
Sanni Virjula (HAMK)  
Outi Tahvonen (HAMK)

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

Fernando Carradas (Polytechnic of Leiria)  
Carla Lobo (Polytechnic of Leiria)  
David Camocho (Polytechnic of Leiria)  
João Mateus (Polytechnic of Leiria)  
Sérgio Vieira (Polytechnic of Leiria)

## PHYSICAL MOBILITY | SCHOLARSHIPS AVAILABLE

The selected students will receive travel grants based on the travel distance and the subsistence costs in the country the SAP is offered in.

### Travel

Portugal /Finland: €470  
Austria/Finland € 330  
The Netherlands/Finland: € 270  
Ireland/Finland € 380  
Hungary/Finland € 270

### Subsistence

The subsistence grant for Finland is €900.

## MEANS AND CRITERIA FOR ASSESSMENT

Individual participation (attendance): 20%  
Group project: 80% (20% Interim Presentation + 60% Final presentation). Active participation from all students of each group is mandatory in both group presentations. Self-assessment, teacher assessment based on project outcomes.

## CERTIFICATION

The participants who successfully complete this RUN-EU SAP will receive a Certificate of Participation and a Transcript of Records jointly issued by the organising institutions.

# LIVING PLAYGROUND IN FINLAND

## PROGRAMME AT A GLANCE

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

### WEEK 1 · 5-7. SEPTEMBER. 2023 · ONLINE

GMT+3	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT+1	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

<b>TUESDAY</b> 5/9		INTRO	LECTURE & EXERCISE	LECTURE & EXERCISE														
<b>WEDNESDAY</b> 6/9			LECTURE & EXERCISE	LECTURE & EXERCISE														
<b>THURSDAY</b> 7/9			LECTURE & EXERCISE															



# LIVING PLAYGROUND IN FINLAND

## PROGRAMME AT A GLANCE

WEEK 2 · 11-15.SEPTEMBER.2023 · FACE-TO-FACE WEEK · HAMK

GMT+1	7h00	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00
GMT+2	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
LOCAL TIME	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
<b>MONDAY</b> 11/9	WELCOME SESSION		LECTURE		LUNCH BREAK	LECTURE		Q&A	TEAM BUILDING	SITE VISIT	
<b>TUESDAY</b> 12/9	SUPERVISING TEAMWORK		LECTURE		LUNCH BREAK	SUPERVISING TEAMWORK		Q&A	TEAM WORK		SITE VISIT
<b>WEDNESDAY</b> 13/9	LECTURE				LUNCH BREAK	SUPERVISING TEAMWORK				Q&A	
<b>THURSDAY</b> 14/9	WORKSHOP & SUPERVISING TEAMWORK				LUNCH BREAK	WORKSHOP & SUPERVISING TEAMWORK					
<b>FRIDAY</b> 15/9	WORKSHOP & SUPERVISING TEAMWORK				LUNCH BREAK	WORKSHOP & SUPERVISING TEAMWORK				FINAL REFLECTION	

# LIVING PLAYGROUND IN FINLAND

## PROGRAMME AT A GLANCE

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

### WEEK 3 - 20. SEPTEMBER. 2023 - ONLINE

GMT+3	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	
GMT+2	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	
GMT+1	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	
<b>TUESDAY 19/9</b>			AUTONOMOUS TEAMWORK									
<b>WEDNESDAY 20/9</b>			AUTONOMOUS TEAMWORK				<b>PROJECT DELIVERY</b>					



# LIVING PLAYGROUND IN FINLAND

## WEEK 1

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

**5 SEPTEMBER**

**TUESDAY 8H30-13H30 GMT - ONLINE**

GMT+3	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT+1	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>TUESDAY 5/9</b>		<b>INTRO</b>	<b>LECTURE &amp; EXERCISE</b>	<b>LECTURE &amp; EXERCISE</b>							

### Introduction

- 🕒 8h30-9h30
- 📄 Introduction to course leaders and SAP (live)
- 👤 SAP Coordinators

#### Lecture - Autonomous Work

### Introduction to Landscape Character Analysis (LCA)

- 🕒 Free schedule
- 📄 Students organise their best time to work.

- 📄 • Landscape is not just a view, but something we can see and feel. Landscape character analysis (LCA) identifies and describes characters of the landscape.
- This lecture will introduce the LCA process and tools to map and divide the landscape into its elements, such as topographic features, flora and fauna and also perceptions and cultural associations systems.

#### EXERCISE

- 🕒 Free schedule
- 📄 Students organise their best time to work.

#### Lecture - Autonomous Work

### Socio-Ecological Systems

- 🕒 Free schedule
- 📄 Students organise their best time to work.

- 📄 • This theme explores environment as a socio-ecological system. Socio-ecological systems can be studied in multiple scales to understand aims and implementation of Sustainable Development Goals (SDGs).
- The LIVING PLAYGROUND programme combines ecological, economic, socio-cultural and governance dimensions in a local scale enabling dialogues about health and well-being of humans and ecosystems.

#### EXERCISE

- 🕒 Free schedule
- 📄 Students organise their best time to work.

# LIVING PLAYGROUND IN FINLAND

## WEEK 1

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

**6 SEPTEMBER**

**WEDNESDAY 9H00-13H00 GMT - ONLINE**

GMT+3	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT+1	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>WEDNESDAY 6/9</b>			<b>LECTURE &amp; EXERCISE</b>	<b>LECTURE &amp; EXERCISE</b>							

**Lecture - Autonomous Work**

### Collaborative Design Criteria

- 🕒 Free schedule
- 👥 Students organise their best time to work.
- 👤 Fernando Carradas (Polytechnic of Leiria)  
Carla Lobo (Polytechnic of Leiria)

- 📄 Collaborative design is probably one of the most effective design thinking strategies for generating ideas, identifying opportunities, testing and refining solutions and at the same time achieving the population's participation and involvement in the community's problem-solving process.
- This module will introduce a range of creative methods and tools needed to create appropriate physical and virtual spaces, promote dialogue and debate around issues, plan and manage tasks and propose solutions and develop new ideas.

#### EXERCISE

- 🕒 Free schedule
- 👥 Students organise their best time to work.

**Lecture - Autonomous Work**

### Circular Design

- 🕒 Free schedule
- 👥 Students organise their best time to work.
- 👤 David Camocho (Polytechnic of Leiria)

- 📄 Circular design is a holistic approach applied in the design thinking process of new products and services that replace the conventional end-of-life concept by closing, slowing and narrowing the resource flows in production, distribution and consumption processes.
- Several definitions and applications regarding the design or redesign of products and services will be addressed, through case studies aiming at the creation of innovative, responsible, and sustainable concepts that lead to solutions.

#### EXERCISE

- 🕒 Free schedule
- 👥 Students organise their best time to work.



# LIVING PLAYGROUND IN FINLAND

## WEEK 1

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

**7 SEPTEMBER**

**THURSDAY 9H00-13H00 GMT - ONLINE**

GMT+3	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT+1	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>THURSDAY 7/9</b>			<b>LECTURE &amp; EXERCISE</b>								

### Lecture - Autonomous Work

## 3D Modelling and mock-up

- 🕒 Free schedule
- 📅 Students organise their best time to work.
- 👤 João Mateus (Polytechnic of Leiria)  
Sérgio Vieira (Polytechnic of Leiria)

- 📄 This module presents a set of digital prototyping tools that can help you create, visualise, validate and communicate your concepts and design solutions.
- With these tools, you can transform your concepts into tangible solutions, learn by doing, reflect, visualise, communicate the project and get feedback from others more effectively and quickly.
- Tools/techniques to be introduced:  
2D/3D: 2D Sketching/3D Modelling and basics rendering; 3D Print: Additive manufacturing, technologies and particular techniques.

### EXERCISE

- 🕒 Free schedule
- 📅 Students organise their best time to work.



# LIVING PLAYGROUND IN FINLAND

## WEEK 2

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

11 SEPTEMBER

MONDAY 9H00-18H00 - HAMK LEPAA

GMT+1	7h00	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00
GMT+2	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
LOCAL TIME	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
MONDAY 11/9	WELCOME SESSION	LECTURE 1	LUNCH BREAK	LECTURE 2	Q&A	TEAM BUILDING	SITE VISIT				

### Welcome Session

- 🕒 9h00-10h00
- 👥 Group Work
- 👤 All lecturers

### Lecture 1

#### Project Area Introduction

- 🕒 10h00-12h00
- 👥 Live lecture
- 👤 Sari Suomalainen (HAMK)  
Sanni Virjula (HAMK)

### Q&A

- 🕒 14h30-15h00
- 👥 Debate
- 👤 Lecturer and participants
- 📄 Questions and answers + discussion

### Lecture 2

#### Chromatic atmospheres - Linking colour perception and the experiential quality of environments

- 🕒 13h00-14h30
- 👥 Live lecture
- 👤 Carla Lobo (Polytechnic of Leiria)  
Fernando Carradas (Polytechnic of Leiria)

### Team building

- 🕒 15h00-16h00
- 👥 Collaborative Team Work
- 👤 Sari Suomalainen (HAMK)  
Sanni Virjula (HAMK)  
Carla Lobo (Polytechnic of Leiria)  
Fernando Carradas (Polytechnic of Leiria)

### Site visit

- 🕒 16h00-19h00
- 📄 Site visit in Hämeenlinna

- 📄 Importance of knowledge of the different dimensions of colour perception (site-specific characteristics; understanding the observer / perceiver / user of the space; and cultural identity associated with the site) in creating a colour plan.

# LIVING PLAYGROUND IN FINLAND

## WEEK 2

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

12 SEPTEMBER

TUESDAY 8H00-18H00 · HAMK LEPAA

GMT+1	7h00	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00
GMT+2	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
LOCAL TIME	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
TUESDAY 12/9	SUPERVISING TEAMWORK	LECTURE	LUNCH BREAK	SUPERVISING TEAMWORK	Q&A	TEAM WORK	SITE VISIT				

### Supervising Teamwork

- 🕒 8h00-9h30 and 12h00-13h00
- 👤 One tutor per group:
  - Sari Suomalainen (HAMK)
  - Sanni Virjula (HAMK)
  - Carla Lobo (Polytechnic of Leiria)
  - Fernando Carradas (Polytechnic of Leiria)

- 📄 Reading and observation
- Landscape analysis (all together)
- Collective brainstorm (by collaborative teamwork)
- Create your Concept (ideation, narrative/storytelling)
  - Text/moodboard/sketchbook)

### Q&A

- 🕒 13h30-14h00
- 🗣️ Debate
- 👤 Lecturer and participants
- 📄 Questions and answers + discussion

### Teamwork

- 🕒 13h30-15h30
- 🗣️ Teamwork
- 👤 Autonomous
- 📄 Create solutions and rapid prototyping (by sketching, digital or model-building).
- Validate or refresh your solutions.

### Site visit

- 🕒 15h30-18h00
- 📄 Site visit on Lepaa campus

### Lecture

- 🕒 9h30-11h00
- 🗣️ Lecture
- 👤 Surprise guest



# LIVING PLAYGROUND IN FINLAND

## WEEK 2

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

### 13 SEPTEMBER | WEDNESDAY 8H00-17H00 - HAMK LEPAA

GMT+1	7h00	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00
GMT+2	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
LOCAL TIME	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
<b>WEDNESDAY 13/9</b>	<b>LECTURE</b>			<b>LUNCH BREAK</b>	<b>SUPERVISING TEAMWORK</b>				<b>Q&amp;A</b>		

#### Lecture

### A project site as a part of green infrastructure

🕒 9h00-12h00

📖 Lecture

👤 Outi Tahvonen

📄 Green infrastructure is the basis for functioning ecosystems. We will explore the green infrastructure and network in the City of Espoo.

### Supervising Teamwork

🕒 13h00-17h30

👤 Sari Suomalainen (HAMK)

Sanni Virjula (HAMK)

Carla Lobo (Polytechnic of Leiria)

Fernando Carradas (Polytechnic of Leiria)

- 📄 • Reading and observation
- Landscape analysis (all together)
- Collective brainstorm (by collaborative teamwork)
- Create your Concept (ideation, narrative/storytelling)
  - Text/moodboard/sketchbook)

### Q&A

🕒 17h30-18h00

🗣️ Debate

👤 Lecturer and participants

📄 Questions and answers + discussion

# LIVING PLAYGROUND IN FINLAND

## WEEK 2

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

**14 SEPTEMBER**

**THURSDAY 9H00-13H00 - HAMK LEPAA**

GMT+1	7h00	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00
GMT+2	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
LOCAL TIME	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
<b>THURSDAY 14/9</b>	WORKSHOP & SUPERVISING TEAMWORK		LUNCH BREAK	WORKSHOP & SUPERVISING TEAMWORK							

## Workshop & Supervising Teamwork

🕒 9h00-12h00 and 13h00-18h00

👤 One tutor per group:

Sari Suomalainen (HAMK)

Sanni Virjula (HAMK)

Carla Lobo (Polytechnic of Leiria)

Fernando Carradas (Polytechnic of Leiria)

- 📄 Create solutions and rapid prototyping (by sketching, digital or model-building).
- Validate or refresh your solutions.
- Prepare your work to be interm presented and discussed in Espoo



# LIVING PLAYGROUND IN FINLAND

## WEEK 2

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

**15 SEPTEMBER**

**FRIDAY 9H00-19H00 - HAMK LEPAA**

GMT+1	7h00	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00
GMT+2	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
LOCAL TIME	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
<b>FRIDAY 15/9</b>	<b>WORKSHOP &amp; SUPERVISING TEAMWORK</b>			<b>LUNCH BREAK</b>	<b>WORKSHOP &amp; SUPERVISING TEAMWORK</b>				<b>FINAL REFLECTION</b>		

### Workshop & Supervising Teamwork

- 🕒 9h00-12h00 and 13h00-17h00
- 👥 Collaborative Teamwork
- 👤 One tutor per group:  
Sari Suomalainen (HAMK)  
Sanni Virjula (HAMK)  
Carla Lobo (Polytechnic of Leiria)  
Fernando Carradas (Polytechnic of Leiria)

### Final Reflection

- 🕒 17h00-19h00
- 👤 Sari Suomalainen (HAMK)  
Sanni Virjula (HAMK)  
Carla Lobo (Polytechnic of Leiria)  
Fernando Carradas (Polytechnic of Leiria)
- 📄 Presentation and discussion.
  - Group Learning Reflection (all)
  - Individual Learning Reflection Report + Mobility Assessment (students)
  - SAP Self-reflection Report (SAP coordinators)
  - LearnWell

# LIVING PLAYGROUND IN FINLAND

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

**19 SEPTEMBER**

**TUESDAY 9H00-14H00 - ONLINE**

GMT+3	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	
GMT+2	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	
GMT+1	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	
<b>TUESDAY 19/9</b>			<b>AUTONOMOUS TEAM WORK</b>									

## Autonomous Group Work

- 🕒 Free Schedule
- 👥 Autonomous Group Work

📄 Between 19-20 September there are 11 hours of Autonomous Online Group Work. Students organise their best time to work.



# LIVING PLAYGROUND IN FINLAND

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

**20 SEPTEMBER**

**WEDNESDAY 9H00-15H00 - ONLINE**

GMT+3	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00	
GMT+2	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	
GMT+1	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	
<b>WEDNESDAY 20/9</b>			<b>AUTONOMOUS TEAM WORK</b>				<b>PROJECT DELIVERY</b>					

## Autonomous Group Work

- 🕒 Free Schedule
- 👥 Autonomous Group Work

📅 Between 19-20 September there are 11 hours of Autonomous Online Group Work. Students organise their best time to work.

## Project Delivery

- 🕒 15h00-17h00
- 👥 Autonomous and Collaborative Team Work
- 📄 Development and delivery of the project portfolio



# LIVING PLAYGROUND IN FINLAND

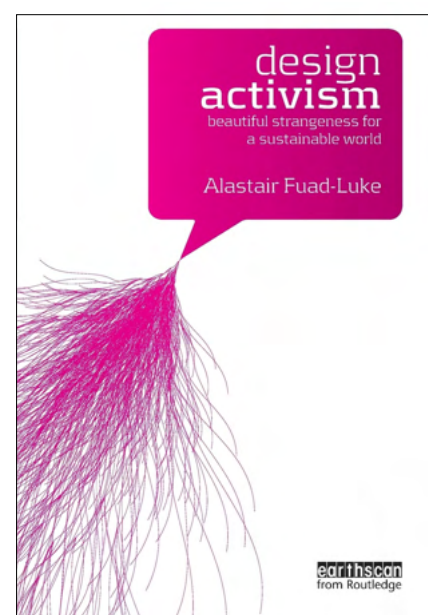
5-20. SEPTEMBER. 2023

## REFERENCE READING

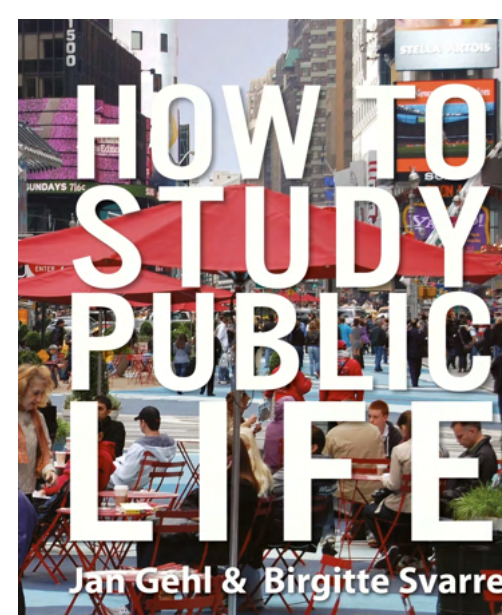
+INFO: [www.run-eu.eu](http://www.run-eu.eu)



Bramston, D., Yeli. (2016). **Idea Searching for Design.** (2nd edition). London, Bloomsbury Publishing



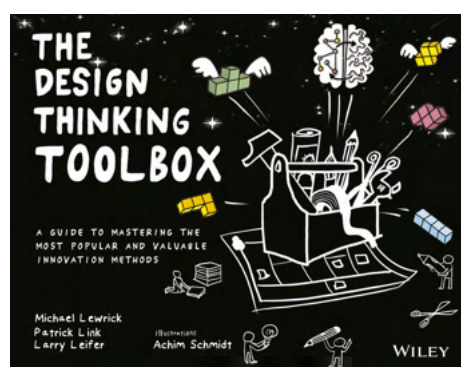
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Gehl, J., Svarre, B. (2013). **How to Study Public Life.** Washington, Island Press



Henry, K. (2017). **Drawing for Product Designers.** London, Laurence King Publishing



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