

## 15.MAY-02.JUN.2023

#### **SAP OVERVIEW**

Sustainable Footwear Futures is a skills enhancing and sustainable practice based programme enabling participants from design, fine art and engineering degrees to explore creative applications for regenerative fibres and digital fabrication techniques for textiles, pattern drafting, technical footwear production techniques and innovative digital design processes.

Each of the partners come from a strong background in Fashion, Textiles and Footwear Design.

TUS, LSAD will lead the textile element, based on the expertise developed in Fashion and Textile Design. IPCA will lead the digital fabrication element and HAMK will lead the creative and technical pattern drafting and production element.

#### **LEARNING OUTCOMES**

At the end of this RUN-EU SAP, you will be able to:

- Understand design contexts and applications relating to creative textile design processes and demonstrate how they can be applied to sustainable future footwear
- Demonstrate abilities in digital design techniques and virtual communications for footwear in response to design concepts.
- Understand and apply the different approaches and methods in technical pattern drafting and assembly and utilise innovative and traditional production techniques for creative footwear prototyping

+INFO: www.run-eu.eu

Organised by: TUS, LSAD IPCA and HAMK

DATE From 15 May to 02 June 2023

Face-to-Face Weeks: HAMK, Hameenlinna, Finland 22-26 May

**MODE OF DELIVERY** Blended

LANGUAGE OF INSTRUCTION English

**ECTS CREDITS** 5

#### **ACADEMIC RECOGNITION**

To be defined by each institution

#### **ELIGIBLE PARTICIPANTS**

RUN-EU students, post graduates and researchers from any programme & students with design, fine art & engineering degrees.

#### **HOW TO APPLY**

Fill in the application form (QR or website)



# **DEADLINE FOR APPLICATIONS**

07 April 2023

#### **CONTACT DETAILS**

TUS, LSAD Rebecca Marsden rebecca.marsden@lit.ie HAMK- Ville Siipola Ville.siipola@hamk.fi IPCA- Hugo Palmares hpalmares@ipca.pt



















15.MAY-02.JUN.2023

#### **SELECTION CRITERIA**

Order of application submission and motivation. Wide representation of fields of study and balanced participation of RUN-EU member institutions.

### **LEARNING AND TEACHING STRATEGY**

Practice led, Active learning, Immersive lectures, Field research, Peer learning

### **PREREQUISITES**

English

# **COURSES LEADERS | LECTURERS**

#### **Courses leaders**

Rebecca Marsden TUS, LSAD Ville Siipola HAMK Hugo Palmares IPCA

#### Lecturers

Rebecca Marsden TUS, LSAD, Ville Siipola HAMK, Hugo Palmares IPCA

## +INFO: www.run-eu.eu

#### PHYSICAL MOBILITY | SCHOLARSHIPS AVAILABLE

#### Travel

Portugal - Finland 470 Austria - Finland 330 The Netherlands - Finland 270 Ireland - Finland 380 Hungary - Finland 270

**Total Subsistance** (5 nights accommodation + 6 days food)-

Finland 900

To be managed by home institution

#### **MEANS AND CRITERIA FOR ASSESSMENT**

Attendance & Engagement 20% SAP sketchbook physical or digital record of processes & learning outcomes 40% Interim review (Face-to-Face week) 20% Final presentation (Online) 20%

#### **CERTIFICATION**

The participants who successfully complete this RUN-EU SAP will receive a certificate of participation and a transcript of records issued jointly from partnering institutions.



















15.MAY-19.MAY.2023

# **PROGRAMME AT A GLANCE**

+INFO: www.run-eu.eu

GMT+1	08h00	09h00	10h00	11h00		12h00		13h00	0	14h00	1	5h00		16h00		17h00	18h00
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FRIDAY 19/05				ONL	INE LE	ECTURE			LUNC BREA			TRAV	EL				



















22.MAY-26.MAY.2023

# PROGRAMME AT A GLANCE

+INFO: www.run-eu.eu

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MONDAY 22/05			INTRO		WORKSHO	PS		LUNCH BREAK			wo	RKSF	IOPS						
TUESDAY 23/05			INTRO	PRO	DJECT PROP	OSAL	_S	LUNCH			WO	RKSF	IOPS						
WEDNESDAY 24/05			INTRO	II	NDUSTRY D <i>i</i>	ΑY		LUNCH			INDU	JSTR	Y DAY						
THURSDAY 25/05			INTRO		WORKSHOP	PS		LUNCH			STUD	O SU	PPORT						
FRIDAY 26/05			INTRO	F	PRESENTATI	ONS		LUNCH				TR	AVEL						



















29.MAY-02.JUN.2023

# PROGRAMME AT A GLANCE

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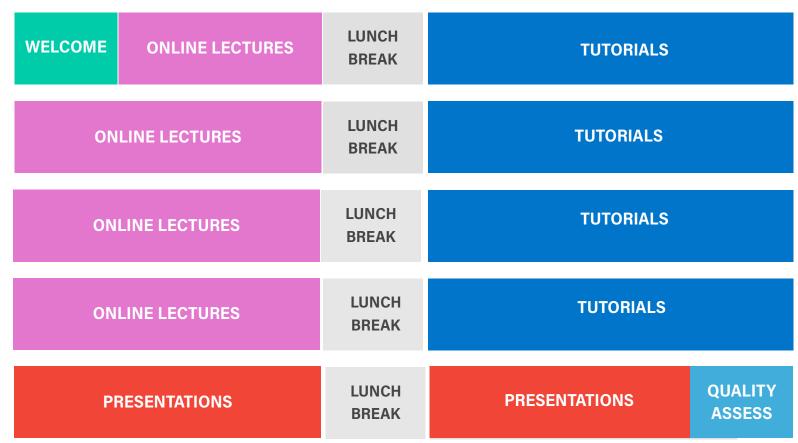
30/05

**TUESDAY** 

WEDNESDAY 31/05

THURSDAY 01/06

> FRIDAY 02/06





















#### **15 MAY MONDAY** 10H00-16H15 GMT+1 • ONLINE GMT+1 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 17h00 18h00 16h00 GMT+2 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 19h00 GMT+3 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 19h00 20h00 **MONDAY** LUNCH WELCOME **SUSTAINABLE INDUSTRY EMERGING BRANDS** 15/05 **BREAK**

#### Welcome

- (1) 10h00-10h45
- Group work
- Rebecca Marsden TUS, LSAD, Ville Siipola HAMK, Hugo Palmares IPCA



Teamwork, discussion, and instruction as to what to expect during the SAP, online week by IPCA, TUS - LSAD and HAMK, and online week presentation.

# Sustainable Industry Research Institute ID+

- (¹) 11h00-13h00
- Pedro Carvalho de Almeida and Abhishek Chatterjee (Invited
- Lecturers ID+)

For this first online seminar, researchers from ID+ institute are invited, presenting and sharing the importance of footwear industry and craftsmanship in Portugal. Consideration is given to the industrial and sneakers heritage, brand archives, and sustainable approaches.

# **Sustainable Industry Emerging Brands**

- (h) 14h00-16h15
- A Industrial Partners
- In the second online seminar, sustainable footwear brands are invited, presenting and demonstrating good practices for a sustainable business mindset. An awareness of eco-friendly processes, sustainable & ethical footwear, caring for the ocean and earth.



















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### **Footwear Revolution**

- (h) 10h00-13h00
- **⊕** Online Lecture
- A Industrial Partners
- For this third online seminar, footwear brands are invited, which present and reveal a business innovation mindset. It focuses on digital design, virtual reality, augmented reality, customizer, communication, marketing, and 3D virtual showroom.

### **Tutorials**

- ( ) 14h00-16h15
- Individual
- A Hugo Palmares IPCA



















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# Additive Manufacturing Technological Centre

- ① 10h00-13h00
- Online Lecture
- A Industrial Partners
- For this fourth online seminar, fablab and footwear technology centre are invited to introduce new practices available to the footwear industry. It focuses on feet scanning, data treatment, 3D modeling, 3D printing, robotization, and 3D virtual showroom.

### **Tutorials**

- (h) 14h00-16h15
- Individual
- A Hugo Palmares IPCA



















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# **Digital Footwear Design**

- (h) 10h00-10h45
- Online Lecture
- A Hugo Palmares IPCA
- In the fifth online seminar we introduce a footwear designer experience and skills, an introduction to point perspective digital illustration will provide the basis for the digital illustration workshop.

# **Workshop Digital Footwear Illustration**

- (h) 11h00-16h15
- A Hugo Palmares IPCA
- An all-day workshop on digital output, using adobe illustrator and adobe photoshop software, for a futuristic footwear design representation and concept. The workshop intends to explore with the participants new shapes and concepts for footwear designed for the future. Shapes, textures and materials are explored in digital image based on existing industrial products, deconstructing these products and functionalities, adapting them to the shape of a shoe and the benefits of use.









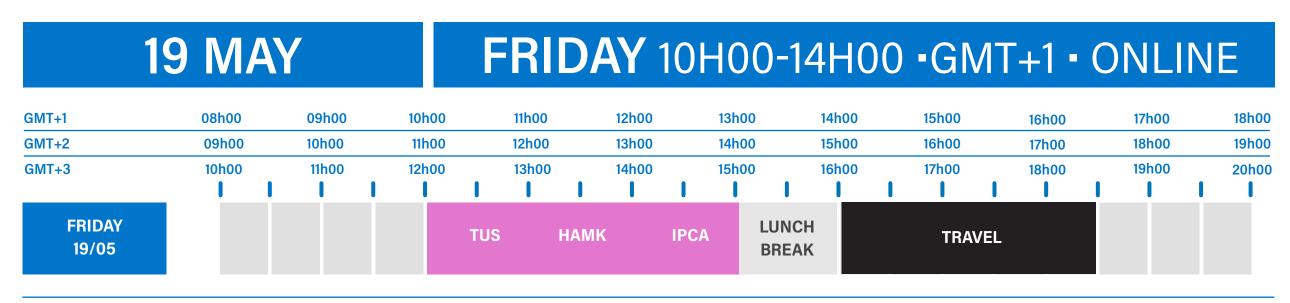












# **Circular Knit Techniques & Materials**

- (1) 10h00-11h00
- Rebecca Marsden TUS, LSAD
- Participants will gain an understanding of the versatility of knitwear from next-to-skin to innovative footwear. This lecture will focus on identifying the range and complexities of knitted structures and how they have evolved to bring us performance sportswear and high-fashion footwear. Participants will gain insights into the latest knitted textile technologies and how these developments are impacting sustainable design and future footwear.

# Footwear Design Techniques & Materials

- (1) 11h00-12h00
- Ville Siipola HAMK
- Introductory presentation by the lecturer experience and skills, according to the techniques and materials. Also an instruction on what to expect during the face-to-face week, HAMK facilities, accommodation & travel arrangements.

# Footwear Process & Outcome Techniques

- ① 12h00-13h00
- Ana Moreno IPCA
- A learning process applied close to the business reality of the footwear industry and with the particularity of being focused not only on knowing how to apply the process, but also on how to apply it so that the results in the academic environment are at the level of the needs of the industry.



















#### **22 MAY MONDAY** 09H00-16H30 HAMK GMT+1 06h00 07h00 08h00 09h00 10h00 11h00 12h00 13h00 15h00 16h00 14h00 GMT+2 07h00 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 **LOCAL TIME GMT+3** 08h00 09h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 10h00 **MONDAY LUNCH** WELCOME **WORKSHOPS WORKSHOPS** 22/05 **BREAK**

#### Welcome

- (1) 09h00-10h00
- Group work
- Rebecca Marsden TUS, LSAD, Ville Siipola HAMK, Hugo Palmares IPCA

FINLAND HAMK



Face-to-face introductions, Briefing, discussion, and instruction as to what to expect during the SAP, Face-to-Face week by TUS - LSAD and HAMK.

# **Materials Introduction Workshop**

- ① 10h00-12h00
- Rebecca Marsden TUS LSAD Ville Siipola HAMK



Material elements breakdown and properties investigation. The goal of the lecture is to analyse and understand properties, behaviours and performance of regenerative and sustainable materials and materials appropriate for footwear design. Participants will have the opportunity to examine materials, identify certain characteristics and explore their behaviours over the course of this introductory session, preparing them for more in-depth explorations and prototyping.

# **Materials Introduction Workshop**

- (h) 13h00-16h30
- Rebecca Marsden TUS LSAD Ville Siipola HAMK

Ideation workshop. The goal of the workshop is to combine knowledge from the previous workshop into ideas about footwear and sustainable textiles. Lecture about the movement and mechanics of the foot, the forms and purpose of lasts and how they affect the design process.

The core focus of the workshop will be focused on prototyping and testing. Techniques such as knitting, weaving, felting and dying will be explored. There will be an emphasis on sketching, photography and video documentation.

















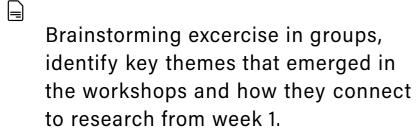


#### **23 MAY TUESDAY** 09H00-16H30 HAMK GMT+1 06h00 07h00 08h00 09h00 10h00 11h00 12h00 13h00 15h00 16h00 14h00 GMT+2 07h00 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 **LOCAL TIME GMT+3** 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 **TEAM TUESDAY LUNCH WORKSHOPS PROJECT PROPOSALS BUILIDING** 23/05 **BREAK**

## **Team Building**

- (1) 09h00-09h45
- Group work
- Rebecca Marsden TUS, LSAD, Ville Siipola HAMK, Hugo Palmares IPCA

**FINLAND HAMK** 



## **Project Proposals**

- (1) 10h00-12h00
- Group work

Rebecca Marsden TUS, LSAD, Ville Siipola HAMK

Brainstorming excercise in groups, identify key themes that emerged in the workshops and how they connect to research from week 1.

# Paper Prototyping Footwear Workshop

- ① 13h00-14h30
- Ville Siipola HAMK
- This workshop is all about turning ideas and sketches in to three-dimensional form and explore shapes and forms using the last to assist in the sculpting and modelling of concept footwear. This will also help in understanding shoe constructions and patterns.

# Forming Fibres- 3D Textiles Workshop

- ① 14h45-16h30
- Rebecca Marsden TUS LSAD
- This workshop will build on the material behaviour knowledge gathered in the previous workshop and focus specifically on 3D material surfaces and techniques to achieve surface interest and optimise textile behaviour for footwear. As before, the workshop will be focused on prototyping and testing, from fibre to mixed media and there will be an emphasis on documenting in order to share the process and evolution of design with peers and reflect on concept development and application of techniques.



















#### WEDNESDAY 09H00-16H30 HAMK **24 MAY** 06h00 07h00 08h00 09h00 10h00 11h00 12h00 13h00 15h00 16h00 14h00 07h00 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 **LOCAL TIME GMT+3** 08h00 09h00 11h00 12h00 13h00 14h00 15h00 17h00 18h00 10h00 16h00

**WEDNESDAY** 23/05

GMT+1

GMT+2

**INTRO** 

**INDUSTRY DAY** 

**LUNCH BREAK** 

**INDUSTRY DAY** 

## **Intro to Industry Day**

- 09h00-09h45
- Group work
- Rebecca Marsden TUS, LSAD, Ville Siipola HAMK, Hugo Palmares IPCA

Group discussion with industry insights theme, learn and share insights about one anothers tootwear and textile industry, recieve instruction for the day.

### **Industry Day Industry Insights**

- 10h00-16h30
- **HAMK Coordinators**
- Visit to Textile Company, **Expert Lecturer visit** Innovation project presentation



















SUSTAINABLE FOOTWEAR FUTURES WEEK 2 FACE-TO-FACE FINLAND HAMK



+INFO: www.run-eu.eu

#### **25 MAY THURSDAY** 09H00-16H30 HAMK GMT+1 06h00 07h00 08h00 09h00 10h00 11h00 12h00 13h00 15h00 16h00 14h00 GMT+2 07h00 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 **LOCAL TIME GMT+3** 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 **THURSDAY** LUNCH REFLECT WORKSHOPS **STUDIO SUPPORT** 25/05 **BREAK**

### Reflect

- ① 09h00-09h45
- Group work
- Rebecca Marsden TUS, LSAD, Ville Siipola HAMK, Hugo Palmares IPCA



Reflect on industry day, what were the key take aways? Present in small groups, with each group focused on a segment of the day.

# **Future Footwear Concept Development**

- ① 10h00-12h00
- Rebecca Marsden TUS LSAD Ville Siipola HAMK



Participants will begin to develop a material language through their footwear futures project. By combining in-depth research into the challenges that currently exist in footwear design, with exploration of a self-initiated concept that confronts these challenges and seeks to address them. Designs will continue to develop through prototyping.

## **Studio Support**

- (h) 13h00-16h30
- A Rebecca Marsden TUS LSAD Ville Siipola HAMK

Studio & Technical Support and one-to-one tutorials in preparation for presentations.



















#### **26 MAY FRIDAY** 09H00-16H30 HAMK GMT+1 06h00 07h00 08h00 09h00 10h00 11h00 12h00 13h00 15h00 16h00 14h00 GMT+2 07h00 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 **LOCAL TIME GMT+3** 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 **FRIDAY LUNCH SET UP PRESENTATIONS TRAVEL** 26/05 **BREAK**

# **Set up** Footwear Gallery

**FUTURES** 

FACE-TO-FACE FINLAND HAMK

WEEK 2

- 09h00-09h45
- **A** Participants
- Participants will display their work in preparation for presentations.

# **Presentations Techniques & Materials**

- ① 10h00-12h00
- Rebecca Marsden TUS, LSAD, Ville Siipola HAMK, Hugo
- Palmares IPCA

Presentation of projects, discussion, feedback, reflection and recording of work.



















#### **29 MAY MONDAY** 09H00-16H30 GMT+1 • ONLINE GMT+1 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 17h00 18h00 16h00 GMT+2 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 19h00 20h00 GMT+3 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 19h00 **MONDAY** LUNCH **WELCOME ONLINE LECTURES TUTORIALS** 29/05 **BREAK**

#### Welcome

- ① 09h00-09h45
- Group work
- Rebecca Marsden TUS, LSAD, Ville Siipola HAMK, Hugo Palmares IPCA
- Teamwork, briefing, discussion, and instruction as to what to expect during the SAP, week 3 by IPCA, TUS LSAD and HAMK.

## **Circular Economy Models**

- (1) 10h00-12h00
- Rebecca Marsden TUS, LSAD
- Participants will gain an understanding of the importance of the circular economy and its role in reducing environmental impacts. Participants will consider what it means to design with responsibility informing our next steps. Participants will gain a deeper understanding of the principles of circular economy in relation to their personal material journeys and consider how we might eliminate waste and pollution, circulate products and materials and replenish and regenerate nature.

### **Tutorials**

- (h) 13h00-16h30
- Rebecca Marsden TUS, LSAD
- Tutorials & Support



















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TUESDAY 30/05					ONLIN	E LEC	TURES			UNCH BREAK				TU	TORIALS						

### **Footwear Revolution**

- ( ) 09h00-12h00
- **⊕** Online Lecture
- Ville Siipola HAMK
- Participants will consider presentation for digital footwear design in virtual gallery settings. The tools and techniques will be explained and demonstrated and individuals will consider how they might exhibit their own digital designs and prototypes in a virtual setting.

### **Tutorials**

- (1) 13h00-16h30
- Individual
- Ville Siipola HAMK



















#### **WEDNES** 09H00-16H30 GMT+1 • ONLINE **31 MAY** GMT+1 08h00 09h00 10h00 11h00 12h00 13h00 14h00 15h00 18h00 16h00 17h00 GMT+2 09h00 10h00 11h00 12h00 13h00 14h00 15h00 16h00 17h00 18h00 19h00 GMT+3 10h00 13h00 14h00 15h00 16h00 17h00 19h00 20h00 11h00 12h00 18h00 **WEDNESDAY** LUNCH **ONLINE LECTURES TUTORIALS** 31/05 **BREAK**

# **Presentation Techniques**

- ① 09h00-12h00
- ← Online Lecture
- A Jorge Brandão Pereira IPCA
- Participants will consider presentation techniques and the appropriate communication tools for digital design. They will begin working toward their final presentation of research and design development. Pitching a concept will be a key area of focus in this session and understanding the importance of storytelling & branding. Building confidence in presentation of research and prototypes, physical and digital will support participants in the lead up to the presentation of their SAP projects.

## **Tutorials**

- (1) 13h00-16h30
- R Individual
- A Jorge Brandão Pereira IPCA



















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## **Presentation Techniques**

- ( ) 09h00-12h00
- **⊕** Online Lecture
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- Participants will continue to consider presentation techniques and the appropriate communication tools for digital design. They will continue working toward their final presentation of research and design development. Pitching a concept will be a key area of focus in this session and understanding the importance of storytelling & branding. Building confidence in presentation of research and prototypes, physical and digital will support participants in the lead up to the presentation of their SAP projects.

### **Tutorials**

- (1) 13h00-16h30
- Individual
- Jorge Brandão Pereira IPCA



















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FRIDAY 02/06					PRESI	NTA	TIONS			UNCH REAK			PRESEN	ITATI	ONS	QUALITY ASSESS			

### **Presentations**

- ( ) 09h00-15h30
- Individual Presentations
- Participants
- Presentation of projects, discussion, feedback, reflection and recording.

# **Overall Quality Assessment**

- (h) 15h30-16h30
- **Group** Group
- All Staff & Participants
- Individual Learning Reflection Report
  - + Mobility Assessment (students)

SAP Self-reflection Report (SAP coordinators)Feedback, Reflection, next steps Wrap up.















