

SHORT
ADVANCED
PROGRAMME



STRESS AND STRESS MANAGEMENT IN EDUCATIONAL CONTEXTS

29.MAY-23.JUN.2023

Face-to-Face Week: Polytechnic of Leiria, Leiria, Portugal 19-23 June

This SAP offers an active learning journey and approach from the understanding of stress to how to cope with it, particularly in educational context.

Collaborative case study, active learning, peer learning, independent learning, and storytelling based learning

2 ECTS Credits

Eligible participants

RUN-EU staff and students from postgraduate and level 6 study cycles.
Organisational networks of RUN-EU members.

Deadline for applications

31 March 2023



Fill in the application form
([QR](#) or [website](#))

COORDINATION:

Polytechnic of Leiria
Technological University of the Shannon

+INFO: www.run-eu.eu



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