SHORT ADVANCED PROGRAMME

R7UN
REGIONAL UNIVERSITY NETWORK
EUROPEAN UNIVERSITY

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LIVING PLAYGROUND IN PORTUGAL

24.FEB-15.MAR.2023

+INFO: www.run-eu.eu

Organised by: Polytechnic of Leiria
Häme University of Applied Sciences

SAP OVERVIEW

The SAP Living Playground proposes the knowledge and enhancement of the social and environmental heritage of the chosen territory and setting up proposals for intervention in the public space that promote individual and collective well-being, creating dynamics of living space that involve the community, encouraging their direct participation in its preservation and development.
The programme's strategic approach is based on the knowledge of the site's identity, within its various dimensions (native flora and fauna, land conditions, current and past uses, sun exposure, hydrographic index, winds, e.g.), as the genesis of a plan, restoring and establishing ecosystems, from a micro to a macro scale.

LEARNING OUTCOMES

At the end of this RUN-EU SAP, you will be able to:
· understand the relevance of knowledge and enhancement of the territory and local cultural identities
· create proposals for intervention in the public space that contribute to their environmental and cultural qualification, and the promotion of individual and collective well-being
· apply critical thinking to provide practical solutions to problem-based scenarios encountered in the field
· collaborate with others to achieve common goals
· discuss different cultural and social approaches to improve understanding of the health and well-being of ecosystems and humans.

DATE From **24 February to 15 March 2023**
Face-to-Face Week: ESAD.CR, Caldas da Rainha, Portugal
6-10 March

MODE OF DELIVERY Blended

LANGUAGE OF INSTRUCTION English

ECTS CREDITS 3

ACADEMIC RECOGNITION

To be defined by each home higher education institution. Generally, most students will have this SAP certified in their diploma supplement, as a minimal condition.

ELIGIBLE PARTICIPANTS

All RUN-EU degree students, primarily Design, Landscape and Built Environment students.

HOW TO APPLY

Fill in the application form **(QR or website)**

DEADLINE FOR APPLICATIONS

31 January 2023

CONTACT DETAILS

lp.run-eu@ipleiria.pt

POLITÉCNICO DE LEIRIA   TUS   IPCA INSTITUTO POLITÉCNICO DO CÁVADO E DO AVE   HAMK HÄMEEN AMMATTIKORKEAKOULU HÄME UNIVERSITY OF APPLIED SCIENCES   SZÉCHENYI EGYETEM UNIVERSITY OF GYŐR   NHL STENDEN university of applied sciences   FHV Vorarlberg University of Applied Sciences

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SELECTION CRITERIA

Students will be selected based on the fulfilment of requirements, CV and information provided in a video and/or in a motivation letter. A minimum of 8 places
will be reserved for each of the two host institutions (Polytechnic of Leiria/ ESAD.CR and HAMK built environment).
The total number of students to be selected is 21.
After that, the remaining 5 places will be distributed to all applicants. Selection will always be based on requirements and submitted applications concerning motivation.
The selection team will also take steps toward ensuring diversity and representativity.

LEARNING AND TEACHING STRATEGY

Active and collaborative learning (teams and partners)
Site visits
Problem-based learning and creative methods
Exploratory approach
Project work in international mixed groups
The students will work in transnational teams in a multidisciplinary context
Platforms: Zoom, Teams and Moodle

COURSES LEADERS | LECTURERS

Courses Leaders
Carla Lobo (Polytechnic of Leiria)
Fernando Carradas (Polytechnic of Leiria)
Sari Suomalainen (HAMK)
Sanni Virjula (HAMK)
Lecturers
Fernando Carradas (Polytechnic of Leiria)
Carla Lobo (Polytechnic of Leiria)

Lecturers
David Camocho (Polytechnic of Leiria)
João Mateus (Polytechnic of Leiria)
Sérgio Vieira (Polytechnic of Leiria)
Sari Suomalainen (HAMK)
Sanni Virjula (HAMK)

PHYSICAL MOBILITY | SCHOLARSHIPS AVAILABLE

The selected students will receive travel grants based on the travel distance and the subsistence costs in the country the SAP is offered in.

Travel
IPCA /Polytechnic of Leiria: €40
Austria/Portugal: €330
Finland/Portugal: €470
Hungary/Portugal: €380
Ireland/Portugal: €270
The Netherlands/Portugal: €330

Subsistence
The subsistence grant for Portugal is €460.

MEANS AND CRITERIA FOR ASSESSMENT

Individual participation (attendance): 20%
Group project: 80% (20% Interim Presentation + 60% Final presentation). Active participation from all students of each group is mandatory in both group presentations. Self-assessment, teacher assessment based on project outcomes.

CERTIFICATION

The participants who successfully complete this RUN-EU SAP will receive a Certificate of Participation and a Transcript of Records jointly issued by the organising institutions.

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PROGRAMME AT A GLANCE

WEEK 1 ▪ 24.FEBRUARY.2023 ▪ ONLINE

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	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

FRIDAY 24/2: INTRO, LECTURE / EXERCISE, LECTURE / EXERCISE

WEEK 2 ▪ 27-28.FEBRUARY.2023 ▪ ONLINE

	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

MONDAY 27/2: LECTURE / EXERCISE, LECTURE / EXERCISE

TUESDAY 28/2: LECTURE / EXERCISE

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PROGRAMME AT A GLANCE

WEEK 3 ▪ 6-10.MARCH.2023 ▪ FACE-TO-FACE WEEK ▪ ESAD.CR

	11h00	12h00	13h00	114h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+2	11h00	12h00	13h00	114h00	15h00	16h00	17h00	18h00	19h00	20h00	21h00
GMT+1	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
LOCAL TIME	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00

Day							
MONDAY 6/3	WELCOME SESSION / LECTURE	LECTURE	Q&A DISCUSSION	LUNCH BREAK	SITE VISIT	TEAM DEFIN.	
TUESDAY 7/3	WORKSHOP SUPERVISING TEAMWORK	SITE VISIT		LUNCH BREAK	BRIEFINGS Q&A DAILY REFLECTIONS	SITE VISIT / RESEARCH / TEAMWORK	
WEDNESDAY 8/3	WORKSHOP/TEAMWORK			LUNCH BREAK	WORKSHOP/TEAMWORK	BRIEFINGS Q&A DAILY REFLECT.	LECT.
THURSDAY 9/3	SITE VISIT / RESEARCH / TEAMWORK	WORKSHOP/TEAMWORK		LUNCH BREAK	LECT.	WORKSHOP/TEAMWORK	
FRIDAY 10/3	WORKSHOP/TEAMWORK			LUNCH BREAK	SUPERVISING TEAMWORK	OVERALL QUALITY ASSESSMENT	

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PROGRAMME AT A GLANCE

WEEK 4 ▪ 13-15.MARCH.2023 ▪ ONLINE

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	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

MONDAY 13/3			AUTONOMOUS GROUP WORK								
TUESDAY 14/3			AUTONOMOUS GROUP WORK								
WEDNESDAY 15/3			AUTONOMOUS GROUP WORK						PROJECT DELIVERY		

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WEEK 1

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24 FEBRUARY	FRIDAY 9h30-14h00 GMT · ONLINE

	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

| FRIDAY 24/2 | | | | INTRO | LECTURE / EXERCISE | | LECTURE / EXERCISE | | | | | | |

Introduction

🕐 9h30-10h00
🔧 Introduction to course leaders and SAP (live)
👤 SAP Coordinators

Lecture · Autonomous Work

Introduction to Landscape Character Analysis (LCA)

🕐 Free schedule
🔧 Students organise their best time to work.

📄
- Landscape is not just a view, but something we can see and feel. Landscape character analysis (LCA) identifies and describes characters of the landscape.
- This lecture will introduce the LCA process and tools to map and divide the landscape into its elements, such as topographic features, flora and fauna and also perceptions and cultural associations systems.

Exercise

🕐 Free schedule
🔧 Students organise their best time to work.

Lecture · Autonomous Work

Socio-Ecological Systems

🕐 Free schedule
🔧 Students organise their best time to work.

📄
- This theme explores environment as a socio-ecological system. Socio-ecological systems can be studied in multiple scales to understand aims and implementation of Sustainable Development Goals (SDGs).
- The LIVING PLAYGROUND programme combines ecological, economic, socio-cultural and governance dimensions in a local scale enabling dialogues about health and well-being of humans and ecosystems.

Exercise

🕐 Free schedule
🔧 Students organise their best time to work.

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WEEK 2

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27 FEBRUARY	MONDAY 9h00-13h00 GMT · ONLINE

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

MONDAY 27/2			LECTURE / EXERCISE	LECTURE / EXERCISE					

Lecture · Autonomous Work

Collaborative Design Criteria

🕐 Free schedule

👥 Students organise their best time to work.

👤 Fernando Carradas (Polytechnic of Leiria)
Carla Lobo (Polytechnic of Leiria)

📄 · Collaborative design is probably one of the most effective design thinking strategies for generating ideas, identifying opportunities, testing and refining solutions and at the same time achieving the population's participation and involvement in the community's problem-solving process.
· This module will introduce a range of creative methods and tools needed to create appropriate physical and virtual spaces, promote dialogue and debate around issues, plan and manage tasks and propose solutions and develop new ideas.

Exercise

🕐 Free schedule

👥 Students organise their best time to work.

Lecture · Autonomous Work

Circular Design

🕐 Free schedule

👥 Students organise their best time to work.

👤 David Camocho (Polytechnic of Leiria)

📄 · Circular design is a holistic approach applied in the design thinking process of new products and services that replace the conventional end-of-life concept by closing, slowing and narrowing the resource flows in production, distribution and consumption processes.
· Several definitions and applications regarding the design or redesign of products and services will be addressed, through case studies aiming at the creation of innovative, responsible, and sustainable concepts that lead to solutions.

Exercise

🕐 Free schedule

👥 Students organise their best time to work.

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WEEK 2

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28 FEBRUARY	TUESDAY 9h00-11h00 GMT · ONLINE

	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

TUESDAY 28/2			LECTURE ⟶ EXERCISE								

Lecture · Autonomous Work

3D Modelling and mock-up

🕐 Free schedule

🗓 Students organise their best time to work.

👤 João Mateus (Polytechnic of Leiria)
Sérgio Vieira (Polytechnic of Leiria)

📄 · This module presents a set of digital prototyping tools that can help you create, visualise, validate and communicate your concepts and design solutions.
· With these tools, you can transform your concepts into tangible solutions, learn by doing, reflect, visualise, communicate the project and get feedback from others more effectively and quickly.
· Tools/techniques to be introduced:
2D/3D: 2D Sketching/3D Modelling and basics rendering;
3D Print: Additive manufacturing, technologies and particular techniques.

Exercise

🕐 Free schedule

🗓 Students organise their best time to work.

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WEEK 3

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6 MARCH	MONDAY 9h00-13h00 · ESAD.CR

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00		
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00		
LOCAL TIME	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00		

MONDAY 6/3			WELCOME SESSION	LECTURES 1 & 2	LECTURES 3 & 4										

Welcome Session + 'Find your way at ESAD.CR'

- 🕐 9h00-9h45
- ▥ Group Work
- 👤 All lecturers

Lecture 1

Socio-Ecological Systems

- 🕐 9h45-10h15
- ▥ Group Work
- 👤 Sari Suomalainen (HAMK)

- 📄 Exercise reflections

Lecture 2

Landscape Character Analysis (LCA) and Sustainable Criteria

- 🕐 10h15-10h45
- ▥ Group Work
- 👤 Sanni Virjula (HAMK)
  Sari Suomalainen (HAMK)

- 📄 · Landscape character analysis identifies and describes characters of the landscape. The theme will introduce tools to map topographic features, flora and fauna and also perceptions and cultural associations.
  · Sustainable criteria is linked with understanding of sustainability in the case of the LIVING PLAYGROUND. The criteria for Sustainable landscape construction will offer tools to understand natural processes (water cycle, soils, vegetation), and also use of materials and energy.
  · The reflections of the excercises.

Lecture 3

Collaborative Design

- 🕐 11h00-11h30
- ▥ Lecture
- 👤 Carla Lobo (Polytechnic of Leiria)
  Fernando Carradas (Polytechnic of Leiria)

- 📄 The relevance of qualifying public spaces for citizens' well-being.

Lecture 4

Town Council of Caldas da Rainha

- 🕐 11h30-12h00
- ▥ Lecture
- 👤 Deputy of the Town Council of Caldas da Rainha

- 📄 Site presentation

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WEEK 3

6 MARCH	MONDAY 14h00-17h00 · ESAD.CR

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
LOCAL TIME	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

| MONDAY 6/3 | | | | | | Q&A DISCUSSION | LUNCH BREAK | SITE VISIT | | TEAM DEFIN. | |

Q&A + Discussion

- 12h00-13h00
- Debate
- Lecturer and participants

- Questions and answers + discussion

Site visit

- 14h00-16h30

Team Definition

- 16h30-17h00
- Collaborative Team Work
- Sanni Virjula (HAMK)
  Sari Suomalainen (HAMK)
  Carla Lobo (Polytechnic of Leiria)
  Fernando Carradas (Polytechnic of Leiria)

- Students get divided into groups so teams will begin to get to know each other.

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7 MARCH	TUESDAY 9h00-13h00 · ESAD.CR

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
LOCAL TIME	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

TUESDAY 7/3

WORKSHOP AND SUPERVISING TEAMWORK · SITE VISIT · LUNCH BREAK · BRIEFINGS Q&A DAILY REFLECTIONS · SITE VISIT / RESEARCH / TEAMWORK

Workshop and Supervising Teamwork

- 🕐 9h00-12h00
- 👤 One tutor per group:
  Sari Suomalainen (HAMK)
  Sanni Virjula (HAMK)
  Carla Lobo (Polytechnic of Leiria)
  Fernando Carradas (Polytechnic of Leiria)

- 📄 · Reading and observation
  · Landscape analysis (all together)
  · Collective brainstorm
    (by collaborative teamwork)
  · Create your Concept (ideation,
    narrative/story telling
    – Text/moodboard/sketchbook)

Site visit

- 🕐 12h00-13h00

Briefings Q&A Daily Reflections

- 🕐 14h00-15h30
- 👥 Collaborative Team Work
- 👤 Sari Suomalainen (HAMK)
  Sanni Virjula (HAMK)
  Carla Lobo (Polytechnic of Leiria)
  Fernando Carradas (Polytechnic of Leiria)

- 📄 Debate on the work carried out

Site visit or Research or Teamwork

- 🕐 15h00-17h30
- 👥 Collaborative Team Work
- 👤 Autonomous

- 📄 Site visit,
  or research,
  or team work

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8 MARCH	WEDNESDAY 9h00-17h30 · ESAD.CR

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
LOCAL TIME	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

| WEDNESDAY 8/3 | | | WORKSHOP/TEAMWORK | LUNCH BREAK | WORKSHOP/TEAMWORK | BRIEFINGS Q&A DAILY REFLECTIONS | LEC TURE | |

Workshop/Teamwork

- 🕐 9h00-13h00
- 👥 Collaborative Teamwork
- 👤 Autonomous

- 📄 · Create solutions and rapid prototyping (by sketching, digital or model-building).
  · Validate or refresh your solutions.

Workshop/Teamwork

- 🕐 14h00-16h00
- 👥 Collaborative Teamwork
- 👤 Autonomous

- 📄 Following the morning's activities

Lecture

- 🕐 17h00-17h30
- 👥 Lecture
- 👤 Surprise guest

- 📄 Surprise, just like the lecturer!

Briefings Q&A Daily Reflections

- 🕐 16h00-17h00
- 👥 Collaborative Team Work
- 👤 Sanni Virjula (HAMK)
  Sari Suomalainen (HAMK)
  Carla Lobo (Polytechnic of Leiria)
  Fernando Carradas (Polytechnic of Leiria)

- 📄 Debate on the work carried out

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9 MARCH	THURSDAY 9h00-17h30 · ESAD.CR									

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
LOCAL TIME	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

THURSDAY 9/3			SITE VISIT / RESEARCH / TEAMWORK	WORKSHOP/TEAMWORK		LUNCH BREAK	LECT.	WORKSHOP / SUPERVISING TEAMWORK		

Site visit or Research or Teamwork

🕐 9h00-10h30
🗂 Collaborative Team Work
👤 Autonomous

📄 Site visit,
or research,
or team work

Workshop/Teamwork

🕐 10h30-13h00
🗂 Collaborative Teamwork
👤 Autonomous

📄 · Create solutions and rapid
prototyping (by sketching, digital
or model-building).
· Validate or refresh your solutions.

Lecture

🕐 14h00-14h30
🗂 Lecture
👤 Surprise guest

📄 Surprise, just like the lecturer!

Workshop
Supervising Teamwork

🕐 14h30-16h00
🗂 Collaborative Teamwork
👤 Sanni Virjula (HAMK)
Sari Suomalainen (HAMK)
Carla Lobo (Polytechnic of Leiria)
Fernando Carradas (Polytechnic of Leiria)

📄 · Create solutions and rapid prototyping
(by sketching, digital or model-building).
· Validate or refresh your solutions.

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WEEK 6

+INFO: www.run-eu.eu

10 MARCH	FRIDAY 9h00-17h30 · ESAD.CR

	GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
	GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
	LOCAL TIME	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
MONDAY 10/3				WORKSHOP/TEAMWORK				LUNCH BREAK	SUPERVISING TEAMWORK / OVERALL QUALITY ASSESSMENT			

Workshop/Teamwork

- 🕐 9h00-13h00
- Collaborative Teamwork
- 👤 Autonomous

- 📄 Presentation development

Supervising Teamwork
Overall Quality Assessment

- 🕐 14h00-17h30
- Assessment
- 👤 Sanni Virjula (HAMK)
  Sari Suomalainen (HAMK)
  Carla Lobo (Polytechnic of Leiria)
  Fernando Carradas (Polytechnic of Leiria)

- 📄 Presentation and discussion.

  · Group Learning Reflection (all)
  · Individual Learning Reflection Report
    + Mobility Assessment (students)
  · SAP Self-reflection Report (SAP coordinators)
  · LearnWell

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WEEK 7

13-15 MARCH	MON-WED FREE SCHEDULE · ONLINE

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00

MON-WED 13-15/3	AUTONOMOUS GROUP WORK

Autonomous Group Work

🕐 Free schedule
👥 Autonomous Group Work

📄 Between 13 and 15 March there are 15 hours
of Autonomous Online Group Work.
Students organise their best time to work.

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WEEK 7

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15 MARCH	WEDNESDAY 15h00-17h00 · ONLINE										
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
WEDNESDAY 15/3								PROJECT DELIVERY			

Project Delivery

🕐 15h00-17h00
📖 Autonomous and Collaborative Team Work

📄 Development and delivery of the project portfolio

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24.FEB-15.MAR.2023
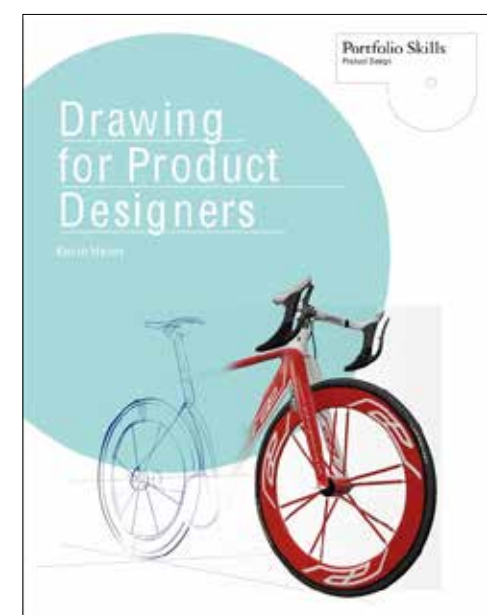
REFERENCE READING

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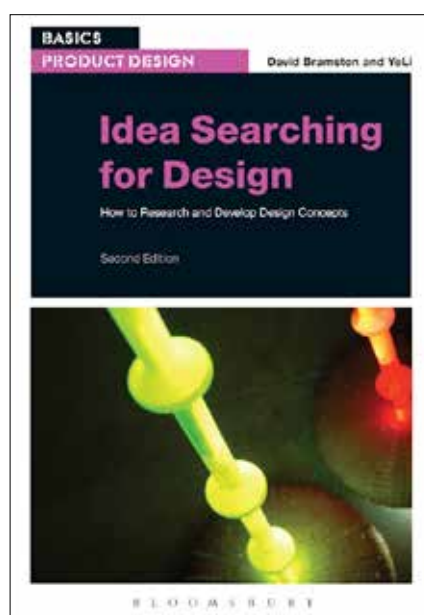
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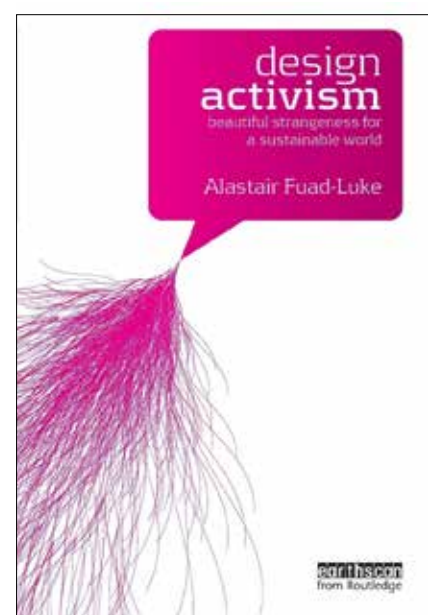
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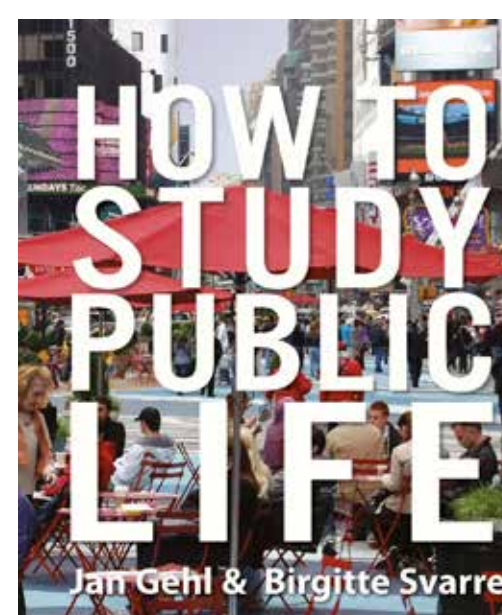
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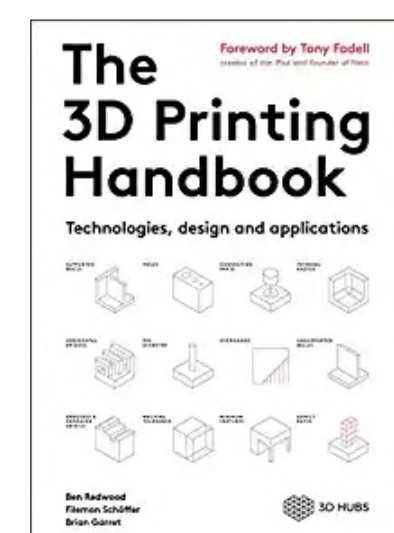London, Laurence King Publishing

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