

PREVENTING SOCIAL EXCLUSION OF YOUNG PEOPLE

7.MAR-24.APR.2023

+INFO: www.run-eu.eu

Organised by: NHL Stenden, HAMK, FHV

SAP OVERVIEW

Young people are among the most vulnerable in society. 1 out of 5 children live in families that are at risk of poverty, and one third of young adults in Europe are currently unemployed, not in education or training and face social exclusion. Social service can provide innovative and creative approaches to build inclusive and sustainable communities for youth and to minimise social and climate inequalities. In this programme you will be challenged to apply critical thinking to provide solutions to social issues commonly encountered in society. In multidisciplinary student design teams you will contribute to inclusive methods to enhance the well-being of young people and help prevent social exclusion.

LEARNING OUTCOMES

At the end of this RUN-EU SAP, you will be able to:

- Identify and demonstrate knowledge of the major concepts, theoretical perspectives, and historical trends.
- Apply critical thinking to provide practical solutions to problem-based scenarios or social issues commonly encountered in the field.
- Understand and apply inclusive methods to enhance the well-being of young people and help prevent social exclusion.
- Understand the importance of climate justice for youth work and reflect on personal behaviour towards sustainability.
- Practice transdisciplinary approaches to social inclusive methods.
- Work in multidisciplinary and multicultural teams.
- Communicate solutions for societal real problems and challenges that demand innovation and various skills.

DATE From **7 March to 24 April 2023**

Face-to-Face Week: NHL Stenden, Leeuwarden, The Netherlands, 20-24 March

MODE OF DELIVERY Blended

LANGUAGE OF INSTRUCTION English

ECTS CREDITS 3

ACADEMIC RECOGNITION

To be defined by each Home Institution.
In general terms, most students will have this RUN-EU SAP certified in the Diploma Supplement, as a minimal condition.

ELIGIBLE PARTICIPANTS

RUN-EU students from any study cycle.

HOW TO APPLY

Fill in the application form ([via this link](#) or [the QR-code](#)).



DEADLINE FOR APPLICATIONS

8 February 2023

CONTACT DETAILS

hardus.brunt@nhlstenden.com;
janneke.metselaar@nhlstenden.com

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SELECTION CRITERIA

Students will be selected based on information provided in the submitted application concerning motivation. A minimum of 7 places are reserved for each of the 3 host institutions. After that, the remaining 9 places will be distributed by all applicants.

LEARNING AND TEACHING STRATEGY

Active Learning
Peer Learning

PREREQUISITES

None.

COURSES LEADERS | LECTURERS

Courses leaders

Janneke Metselaar (NHL Stenden),
janneke.metselaar@nhlstenden.com
Anja Kerle (FHV), anja.kerle@fhv.at
Jonna Niemelä (HAMK), jonna.niemela@hamk.fi

Lecturers

Hardus Brunt (NHL Stenden), hardus.brunt@nhlstenden.com
Marcha Hartman (NHL Stenden),
marcha.hartman@nhlstenden.com

PHYSICAL MOBILITY | SCHOLARSHIPS AVAILABLE

Selected students receive a scholarship based on the travel distance and the subsistence costs in the country the SAP is offered in.

Travel:

Austria – Netherlands 240 euros
Finland – Netherlands 270 euros
Hungary – Netherlands 260 euros
Ireland – Netherlands 260 euros
Portugal – Netherlands 330 euros

Subsistence:

The subsistence grant for the Netherlands: 680 euros

MEANS AND CRITERIA FOR ASSESSMENT

Individual participation (attendance): 20%.
Group project: 80% (60% Design Sessions + 20% (interim) Presentation). Active participation from all students is mandatory in all group presentations.

CERTIFICATION

Joint Certification - The participants who successfully complete this RUN-EU SAP will receive a Certificate of Participation and a Transcript of Records jointly issued by the organizing institutions.

REFERENCE READING

To be annexed.

SHORT ADVANCED PROGRAMME

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PROGRAMME AT A GLANCE

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GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00			
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00			
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00			
TUESDAY 7/03 ONLINE	WELCOME & OPENING SESSION	INTRODUCTION & PITCHES OF SOCIAL ISSUES			TEAMBUILDING									
MONDAY 20/03	OPENING DESIGN WEEK	PRESENTATION GROUP WORK: DISCOVER	GREEN SOCIAL WORK & PEDAGOGY	LUNCH BREAK	GROUP WORK IN DESIGN WORKSHOPS: DEFINE				PRESENTATION GROUP WORK: DEFINE			DINER & EVENING PROGRAMME		
TUESDAY 21/03	FIELDTRIP & TEAMBUILDING TERSCHELLING													
WEDNESDAY 22/03	GROUP WORK: DEVELOP			LUNCH BREAK	SERIOUS GAME ACTIVITY				PRESENTATION GROUP WORK: DEVELOP			DINER & EVENING PROGRAMME		
THURSDAY 23/03	FIELDTRIP: INCLUSIVE COMMUNITY LAB LEEUWARDEN			LUNCH BREAK		FIELDTRIP: JIMMY'S LEEUWARDEN						DINER & EVENING PROGRAMME		
FRIDAY 24/03	GROUP WORK: DEVELOP & IDEAS ON PROTOTYPES			PRESENTATION GROUP WORK: PROTOTYPES & WRAP UP										
MONDAY 24/04 ONLINE	WELCOME & FINAL PRESENTATIONS STUDENT DESIGN TEAMS			HOW YOU LEARN ACTIVITY										

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7 MARCH

TUESDAY 9H00-14H00 GMT+1- ONLINE

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
TUESDAY 7/03		WELCOME & OPENING SESSION	INTRODUCTION & PITCHES OF SOCIAL ISSUES		TEAMBUILDING						

Welcome & opening session

- 🕒 9h00-10h00
- 📺 Online lecture
- 👤 Martine van der Meer (NHL Stenden)
Janneke Metselaar (NHL Stenden)
- 📄 During the welcome & Opening session the kick-off of the SAP will take place. In this online session both SAP participants (students and lecturers) and the external community will take part. After an online 'check-in' activity, the director of the School of Social Studies will deliver an introductory speech and welcoming word. The mission and values of RUN-EU, the role of the SAPs and the wide range of opportunities available, will be introduced. Partners of the external community and the team of lecturers will be introduced to the students. An overview of the SAP programme will be presented.

Introduction & pitches of social issues

- 🕒 10h00-12h00
- 📺 Online lecture
- 👤 Jonna Niemelä (HAMK)
Janneke Metselaar (NHL Stenden)
Anja Kerle (FHV)
- 📄 In a short introduction the issue of social exclusion of young people will be presented.
- A short introduction will be given into the Design Thinking Approach. The several phases will be presented: discover, define, develop and deliver.
- Social issues will be pitched by field workers throughout Europe. These concern among others the following issues: 1) challenges in youth work; 2) youth poverty; 3) sustainability/green social work with youth; 4) inclusive communities.

Teambuilding

- 🕒 12h30-14h00
- 📺 Online lecture
- 👤 Janneke Metselaar (NHL Stenden)
Hardus Brunt (NHL Stenden)
Marcha Hartman (NHL Stenden)
Anja Kerle (FHV)
Jonna Niemelä (HAMK)
- 📄 The Student Design Teams will start their design process by online teambuilding activities and a thorough orientation on the first phase of their group work: discover the ins and outs of the social issues on which the Student Design Teams will be working throughout the SAP. Each team will be coached by lecturers of FHV, HAMK and NHL Stenden.

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20 MARCH

MONDAY 9H00-21H00 - NHL STENDEN

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
MONDAY 20/03	OPENING DESIGN WEEK	PRESENTATION GROUP WORK: DISCOVER	GREEN SOCIAL WORK & PEDAGOGY	LUNCH BREAK	GROUP WORK IN DESIGN WORKSHOPS: DEFINE			PRESENTATION GROUP WORK: DEFINE			DINER & EVENING PROGRAMME

Opening design week

- 🕒 9h00-10h00
- 👥 Group work
- 🗣️ Live lecture
- 👤 Martine van der Meer (NHL Stenden)
- 👤 Janneke Metselaar (NHL Stenden)

Group work in design workshops: Define

- 🕒 13h00-16h00
- 👥 Group work
- 🗣️ Live lecture
- 👤 Hardus Brunt (NHL Stenden)
- 👤 Marcha Hartman (NHL Stenden)
- 📄 Students will be working together in a Community of Learners. The *discover* and *define* phases of the design process are further being explored.

Presentation group work: Discover

- 🕒 10h00-11h00
- 👥 Group work
- 🗣️ Live lecture
- 👤 Hardus Brunt (NHL Stenden)
- 👤 Marcha Hartman (NHL Stenden)
- 👤 Anja Kerle (FHV)
- 👤 Jonna Niemelä (HAMK)
- 📄 Students will present their ideas and the issues they have been exploring since the kick-off meeting.

Presentation group work: Define

- 🕒 16h00-17h00
- 👥 Group work
- 🗣️ Live lecture
- 👤 Hardus Brunt (NHL Stenden)
- 👤 Marcha Hartman (NHL Stenden)
- 📄 Students present the results of the design session.

Green social work & pedagogy

- 🕒 11h00-12h00
- 👥 Group work
- 🗣️ Live lecture
- 👤 Anja Kerle (FHV)
- 📄 During this introduction we will make the connection between the social issues and sustainability and inspire the Student Design Teams to explore 'green' possibilities and challenges for youth work in Europe in relation to the design they are working on.

Dinner & evening programme

- 🕒 18h00-21h00
- 👥 Event

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21 MARCH

TUESDAY 8H00-20H00 - NHL STENDEN

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
TUESDAY 21/03	FIELDTRIP & TEAMBUILDING Terschelling										

Fieldtrip & teambuilding Terschelling

🕒 8h00-20h00

📅 Fieldtrip

👤 Hardus Brunt (NHL Stenden)
Marcha Hartman (NHL Stenden)
Janneke Metselaar (NHL Stenden)
Anja Kerle (FHV)
Jonna Niemelä (HAMK)

📄 The second day of the design week will be devoted to an interactive field trip to Terschelling. Terschelling an island in the northern Netherlands, one of the West Frisian Islands.

At Terschelling the Maritime Institute Willem Barentsz (MIWB) of NHL Stenden is situated. MIWB consists of a maritime university, providing programmes for masters and chief engineers 'all ships', as well as hydrographic surveyor. MIWB has over 600 full-time students.

One of the goals of the field trip to Terschelling is to get to know the MIWB campus of NHL Stenden. During the fieldtrip we will exchange (social) experiences with students of MIWB studying and living at the campus and the island.

In addition to this, we will visit 'The Jut Factory'. This foundation is committed, together with residents and island guests, to a plastic-free Terschelling. The Jut Factory wants to minimize the waste stream by processing the combed plastic into a sustainable product. In short, this means: beach combing – sorting – cleaning – shredding – washing – drying – processing. The foundation provides education about sustainability and works with primary schools, secondary education and training courses for this purpose, organising workshops and projects, information in the classroom and excursions.

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22 MARCH

WEDNESDAY 9H00-21H00 - NHL STENDEN

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
WEDNESDAY 22/03	GROUP WORK: DEVELOP			LUNCH BREAK	SERIOUS GAME ACTIVITY			PRESENTATION GROUP WORK: DEVELOP			DINER & EVENING PROGRAMME

Group work: develop

- 🕒 9h00-12h00
- 👥 Group work
Live lecture
- 👤 Hardus Brunt (NHL Stenden)
Marcha Hartman (NHL Stenden)
Anja Kerle (FHV)
Jonna Niemelä (HAMK)
- 📄 The Student Design Teams will progress during the mobility week with their design on 'their' social issue. During this moment of group work, the define design phase will be completed as much as possible and the develop phase will be discussed.

Diner & evening programme

- 🕒 18h00-21h00
- 👥 Event

Serious game activity

- 🕒 13h00-16h00
- 👥 Group work
Live lecture
- 👤 Jonna Niemelä (HAMK)
- 📄 On the third day of the design week we will take part in an interactive game activity which will contribute to the *define* phase and will prepare for the *develop* phase in which ideation through brainstorm activities will take place.
- Through gamification teams will become familiar with how it can be utilized as a method in youth work. The interactive game activity will assist in orientation to required themes as well as the physical environment and culture of the host country.

Presentation group work: Develop

- 🕒 16h00-17h00
- 👥 Group work
Live lecture
- 👤 Hardus Brunt (NHL Stenden)
Marcha Hartman (NHL Stenden)
Janneke Metselaar (NHL Stenden)
Anja Kerle (FHV)
Jonna Niemelä (HAMK)
- 📄 As a reoccurring event on every design day during the week, at the end of the day all Student Design Teams will shortly present the outcomes of their activities during the day. During this plenary session there will be opportunities for students and lectures to exchange and reflect on the progress in the design projects of the Student Design Teams.

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23 MARCH

THURSDAY 9H00-21H00 - NHL STENDEN

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
THURSDAY 23/03	FIELDTRIP: INCLUSIVE COMMUNITY LAB LEEUWARDEN				LUNCH BREAK		FIELDTRIP: JIMMY'S LEEUWARDEN				DINER & EVENING PROGRAMME

Fieldtrip

**Inclusive community lab
Leeuwarden**

🕒 9h00-12h00

📁 Field trip

👤 Hardus Brunt (NHL Stenden)
Marcha Hartman (NHL Stenden)
Janneke Metselaar (NHL Stenden)

📄 In the Inclusive Community Lab students work together with residents, companies and organizations on sustainable solutions to eradicate poverty. Different disciplines work together in the lab. Expertise on how to be financially in control is being combined with how to work with people in socially difficult situations. Several municipal organizations such as the tax authorities and social credit bank are partners for the lab's research and development projects.

Fieldtrip

Jimmy's Leeuwarden

🕒 14h00-17h00

📁 Field trip

👤 Hardus Brunt (NHL Stenden)
Marcha Hartman (NHL Stenden)
Janneke Metselaar (NHL Stenden)

📄 Jimmy's is a social initiative in the city centre of Leeuwarden. The initiative believes that every young person has the right to reliable information, good advice and a helping hand in realizing ideas and solving problems. Jimmy's is an place for young people and is run by young people and makes connections between questions and ideas of young people with organizations leading the way to the solution seek/know/find/have/be & vice versa. Jimmy's creates situations, places and circumstances where young people are being challenged and create new possibilities for themselves and others.

Diner & evening programme

🕒 18h00-21h00

📁 Event

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24 MARCH

FRIDAY 9H00-12H30 - NHL STENDEN

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
FRIDAY 24/03	GROUP WORK: DEVELOP & IDEAS ON PROTOTYPES			PRESENTATION GROUP WORK: PROTOTYPES & WRAP UP							

Group work: develop & ideas on prototypes

- 🕒 9h00-10h30
- 👥 Group work
- 🗣️ Live lecture
- 👤 Hardus Brunt (NHL Stenden)
- 👤 Marcha Hartman (NHL Stenden)
- 👤 Janneke Metselaar (NHL Stenden)
- 👤 Anja Kerle (FHV)
- 👤 Jonna Niemelä (HAMK)

📄 The Student Design Teams will progress during the mobility week with their design on 'their' social issue. During this moment of group work, the orientation on the develop phase will be completed as much as possible and the phase of ideas on prototypes will be discussed. Use will be made of the university's (creative) Lab premises such as the X-honours Lab, the library facilities and open space student areas of the Academy of Social Studies and Health in case it turns out to be useful to involve some people in the area and trying out parts of the design.

Presentation group work: prototypes & wrap up

- 🕒 11h00-12h30
- 👥 Group work
- 🗣️ Live lecture
- 👤 Hardus Brunt (NHL Stenden)
- 👤 Marcha Hartman (NHL Stenden)
- 👤 Janneke Metselaar (NHL Stenden)
- 👤 Anja Kerle (FHV)
- 👤 Jonna Niemelä (HAMK)

📄 At the end of the Design Week all Student Design Teams will shortly present the outcomes of their activities during the morning. During this plenary session there will be opportunities for students and lectures to exchange and reflect on the progress in the design projects of the Student Design Teams. Subsequently the wrap up of the Design Week will take place.

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24 APRIL

MONDAY 9H00-13H00 GMT+1 · ONLINE

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT+1	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00
GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
MONDAY 24/04	WELCOME & FINAL PRESENTATIONS STUDENT DESIGN TEAMS			HOW YOU LEARN ACTIVITY							

Welcome & final presentations

- 🕒 9h00-12h00
- 📺 Online session
- 👤 Hardus Brunt (NHL Stenden)
- Marcha Hartman (NHL Stenden)
- Janneke Metselaar (NHL Stenden)
- Anja Kerle (FHV)
- Jonna Niemelä (HAMK)

- 📄 The online closing session of the SAP starts with a short introduction and a welcome to all participants, including the field workers from several European countries who pitched the social issues on which the students have been working in the Student Design Teams.

All students will present the final version of their work in the online meeting. During this plenary session there will be opportunities for the field workers, students and lectures to exchange and reflect on the final results of the design projects.

How you learn activity

- 🕒 12h00-13h00
- 📺 Online session
- 👤 Hardus Brunt (NHL Stenden)
- Marcha Hartman (NHL Stenden)
- Janneke Metselaar (NHL Stenden)
- Anja Kerle (FHV)
- Jonna Niemelä (HAMK)

- 📄 During the 'How you learn activity' the SAP will be evaluated and finalised.