

# PREVENTING THE SOCIAL EXCLUSION OF YOUNG PEOPLE

**15.MAR-25.APR.2022**

**+INFO:** [www.run-eu.eu](http://www.run-eu.eu)

Organised by: HAMK, NHL Stenden, FHV

## PROGRAMME DESCRIPTION/OBJECTIVE

Young people are among the most vulnerable in society. Particularly during a serious economic downturn 1 out of 5 children live in families that are at risk of poverty, and more than one third of young adults (18 and 24) in the European Union are currently unemployed and not in education, employment or training. Social exclusion doesn't just affect people who are materially deprived. Approximately 1 out of every 3 people in the Europe face social exclusion. Creating an inclusive community was a primary goal in the process of European integration from its start and the latest economic crisis placed new weight on this objective. According to the current situation social service is obligated to develop new and creative approaches to build inclusive communities for youth, considering also innovative approaches like digitalization.

## PROPOSED LEARNING OUTCOMES

At the end of this RUN-EU SAP you will be able to:

- Identify and demonstrate knowledge of the major concepts, theoretical perspectives, and historical trends
- Apply critical thinking to provide practical solutions to problem-based scenarios or social issues commonly encountered in the field
- Understand and apply inclusive and digital guidance methods to enhance the well-being of young people and help prevent social exclusion
- Practice transdisciplinary approaches to social inclusive methods
- Work in multidisciplinary and multicultural teams
- Communicate solutions for societal real problems and challenges that demand innovation and various skills

**DATE** From **15 March to 25 April 2022**  
Online Kick-off Session: **15 March**  
Online Design Week: **28 March to 1 April**  
Online Closing Conference: **25 April**

**MODE OF DELIVERY** Online

**LANGUAGE OF INSTRUCTION** English

**ECTS CREDITS** 3

## ACADEMIC RECOGNITION

To be defined by each Home Institution. In general terms, most students will have this RUN-EU SAP certified in the Diploma Supplement, as a minimal condition.

## ELIGIBLE PARTICIPANTS

All RUN-EU degree students

## HOW TO APPLY

Fill in the application form ([QR-code or www.run-eu.eu](http://www.run-eu.eu))

## DEADLINE FOR APPLICATIONS

**18 March 2022**

## SELECTION CRITERIA

Students will be selected based on their application and motivational letter.

## CONTACT DETAILS

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## SELECTION CRITERIA

Students will be selected based on fulfillment of requirements and information provided in the submitted application concerning motivation. A minimum of 5 places are reserved for each of the 3 host institutions. After that, the remaining 20 places will be distributed by all applicants.

## LEARNING AND TEACHING STRATEGY

Constructive alignment. Input sessions (problem pitches and theoretical input), Field visits, Teamwork in international mixed groups, Coaching, Final presentation.

## PREREQUISITES

No special knowledge needed.

## COURSES LEADERS | LECTURERS

### Courses leaders

Samu Toivonen (HAMK)

Toni Leander (HAMK)

### Lecturers

Janneke Metselaar (NHL Stenden)

Anja Kerle (FHV)

## PHYSICAL MOBILITY | SCHOLARSHIPS AVAILABLE

The whole course will be executed online. No scholarships are available for the course.

## MEANS AND CRITERIA FOR ASSESSMENT

Self-assessment, teacher assessment based on project outcomes. Criteria: active participation and attendance for all students of each group during online sessions are mandatory.

Individual participation (attendance): 20%.

Group project: 80% (20% Interim Presentation + 60% Final presentation).

## CERTIFICATION

The participants who successfully complete this RUN-EU SAP will receive a Certificate of Participation and a Transcript of Records jointly issued by the organizing institutions.

## REFERENCE READING

None



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## PROGRAMME AT A GLANCE

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

	GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
	GMT	8h00	9h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
<b>TUESDAY 15/03</b>		INTRODUCTION			TEAM BUILDING							
<b>MONDAY 28/03</b>		PLENARY SESSION 1	PLENARY SESSION 2			TEAM SESSION						
<b>TUESDAY 29/03</b>		TEAM SESSION	DIGITAL FIELD TRIP			FIELD TRIP 1						
<b>WEDNESDAY 30/03</b>		PLENARY SESSION 1	PLENARY SESSION 2			FIELD TRIP 2						EVENT
<b>THURSDAY 31/03</b>		TEAM SESSION 3	TEAM SESSION 4			OPEN COFFEE						EVENT
<b>FRIDAY 1/04</b>		TEAM SESSION 5	TEAM SESSION 6			PLENARY SESSION 5						
<b>MONDAY 25/04</b>		PLENARY SESSION 6	EVALUATION									



## PREVENTING THE SOCIAL EXCLUSION OF YOUNG PEOPLE

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

**15 MARCH**

**TUESDAY 8h00-12h00 GMT**

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT	08h00	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
TUESDAY 15/03	INTRODUCTION		TEAM BUILDING								

### Introduction

- 🕒 8h00-10h30
- 📺 Online lecture (recording of the day will be available!)
- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander

- 📄 Goals and Outline of the SAP, General assignment

Introduction to Preventing Social Exclusion of young people, Samu Toivonen and Toni Leander

Design thinking approach, Janneke Metselaar

- Problem pitches presents (field workers)
- Philipp Rümmele (Austria) - Challenges in youth work and digitalization
- Tatjana Tschabrunn (Austria)-

- Homeless youth and "System crasher"
- Rinke Bolster (the Netherlands) - Inclusive Community Lab
- Nella Rantalaiho (Finland) - Outreach Youthwork

Sharing Ideas on general assignment on Mural

- Preparing the design week
- Introduction to the padlet
- Social programm Ideas)

### Team Building

- 🕒 11h00-12h00
- 📺 Group Work

- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander

- 📄 Team building and group work in break-out rooms



# PREVENTING THE SOCIAL EXCLUSION OF YOUNG PEOPLE

+INFO: [www.run-eu.eu](http://www.run-eu.eu)

28 MARCH

MONDAY 8h00-15h00 GMT

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT	08h00	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
MONDAY 28/03	PLENARY SESSION 1		PLENARY SESSION 2				TEAM SESSION 1				

## Plenary Session 1

- 🕒 8h00-09h30
- 👥 Group Work
- 📺 Online lecture
- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander

- 📄 Service design in youth work: Recap.

## Plenary Session 2

- 🕒 9h45-11h00
- 👥 Group Work
- 📺 Online lecture
- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander

- 📄 Latest challenges in youth work: Presenting the work during the orientation and work on the pitch (padlet).

10 minutes Presentation of students' "homework".

## Team Session 1

- 🕒 12h00-15h00
- 👥 Group Work
- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander

- 📄 Getting to know youth work based on different local context.

Make a walk in the public and observe, if this is a place youth use. Why? How do they use the space? Why not?

Make a short video or take photos.



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29 MARCH

TUESDAY 8h00-15h00 GMT

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT	08h00	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
TUESDAY 29/03	TEAM SESSION 2		DIGITAL FIELD TRIP				FIELD TRIP				

## Team Session 2

🕒 8h00-9h30  
👥 Group Work  
👤 Anja Kerle  
Janneke Metselaar  
Samu Toivonen  
Toni Leander

📄 Working on a development task in a group.

## Digital Field Trip

🕒 9h45-11h00  
👥 Digital field trip  
👤 Samu Toivonen  
Toni Leander

📄 Skills Workshop - Skills for everyday and professional project

(Vocational school  
Tavastia, Hämeenlinna)

## Field Trip

🕒 12h00-11h00  
👥 Field Trip  
👤 Anja Kerle  
Janneke Metselaar  
Samu Toivonen  
Toni Leander

📄 Familiarization with youth services Austria, Netherland and Finland

Austria: Youth House and Streetwork (OJAD Dornbirn)  
The Netherlands: to be defined.  
Finland: to be defined



# PREVENTING THE SOCIAL EXCLUSION OF YOUNG PEOPLE

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30 MARCH

WEDNESDAY 8h00-21h00 GMT

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT	08h00	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
WEDNESDAY 30/03	PLENARY SESSION 3		PLENARY SESSION 4			FIELD TRIP 2					EVENT

## Plenary Session 3

- ⌚ 8h00-9h30
- 📅 Group Work
- 📺 Online lecture
- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander
- 📄 Theoretical background for youth work of social exclusion.
- Lecturer from NHL
- Lecturer from FHV

## Event

- ⌚ 19h30-21h00
- 📅 Event
- 📄 Movie Night: Youth film

## Plenary Session 4

- ⌚ 9h45-11h00
- 📅 Group Work
- 📺 Online lecture
- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander
- 📄 Methods and approaches to support youth empowerment.
- Lecturer from HAMK
- Lecturer from FHV

## Field Trip 2

- ⌚ 12h00-15h00
- 📅 Field Trip
- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander
- 📄 Familiarization with youth services Austria, Netherlands and Finland
- Austria: Emergency sleeping shelter for youth (Anker Dornbirn)
- The Netherlands: Inclusive Community Lab (Leeuwarden)
- Finland: to be defined



## PREVENTING THE SOCIAL EXCLUSION OF YOUNG PEOPLE

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**31 MARCH**

**THURSDAY 8h00-22h00 GMT**

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT	08h00	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
THURSDAY 31/03	TEAM SESSION 3		TEAM SESSION 4				OPEN COFFEE				EVENT

### Team Session 3

- ⌚ 8h00-9h30
- 📅 Group Work
- 📺 Online lecture
- 👤 Anja Kerle
- 👤 Janneke Metselaar
- 👤 Samu Toivonen
- 👤 Toni Leander

- 📄 Exchange about field trips

### Team Session 4

- ⌚ 9h45-11h00
- 📅 Group Work
- 📺 Online lecture
- 👤 Anja Kerle
- 👤 Janneke Metselaar
- 👤 Samu Toivonen
- 👤 Toni Leander

- 📄 Choose a creative method to work with youth and discuss how this can be implemented in social work

### Open Coffee

- ⌚ 12h00-15h00
- 📅 Group Work
- 📺 Event
- 👤 Anja Kerle
- 👤 Janneke Metselaar
- 👤 Samu Toivonen
- 👤 Toni Leander

- 📄 Team Coaching with lectures from HAMK, FHV and NHL.

### Event

- ⌚ 19h30-22h30
- 📅 Group Work
- 📺 Event

- 📄 Social Event for students and lecturers.



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1 APRIL		FRIDAY 8h00-15h00 GMT											
GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00		
GMT	08h00	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
FRIDAY 01/04	TEAM SESSION 5		TEAM SESSION 6				PLENARY SESSION						

### Team Session 5

- ⌚ 8h00-9h30
- 👥 Group Work
- 📺 Online lecture
- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander

- 📄 Preparing for the presentation.

### Team Session 6

- ⌚ 9h45-11h00
- 👥 Group Work
- 📺 Online lecture
- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander

- 📄 Organize a political action according to the topic of social exclusion of youth and/or your specific problem.

### Plenary Session 5

- ⌚ 12h00-15h00
- 👥 Group Work
- 📺 Online Lecture
- 👤 Anja Kerle
- Janneke Metselaar
- Samu Toivonen
- Toni Leander

- 📄 Short Presentations:  
Reflect the process on the design thinking diamond  
Lecturer Janneke Metselaar, NHL



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25 APRIL

MONDAY 8h00-11h00 GMT

GMT+2	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00	19h00	20h00
GMT	08h00	09h00	10h00	11h00	12h00	13h00	14h00	15h00	16h00	17h00	18h00
MONDAY 25/04	PLENARY SESSION 6	EVALUATION									

### Plenary Session 6

- 🕒 8h00-11h00
- 👥 Group Work
- 📺 Online lecture
- 👤 Anja Kerle
- 👤 Janneke Metselaar
- 👤 Samu Toivonen
- 👤 Toni Leander
- 📄 Presentations of the results. Feedback from the problem pitchers.

### Evaluation

- 🕒 8h00-11h00
- 👥 Group Work
- 📺 Online lecture
- 👤 Anja Kerle
- 👤 Janneke Metselaar
- 👤 Samu Toivonen
- 👤 Toni Leander
- 📄 Closing ceremony (Finland)